

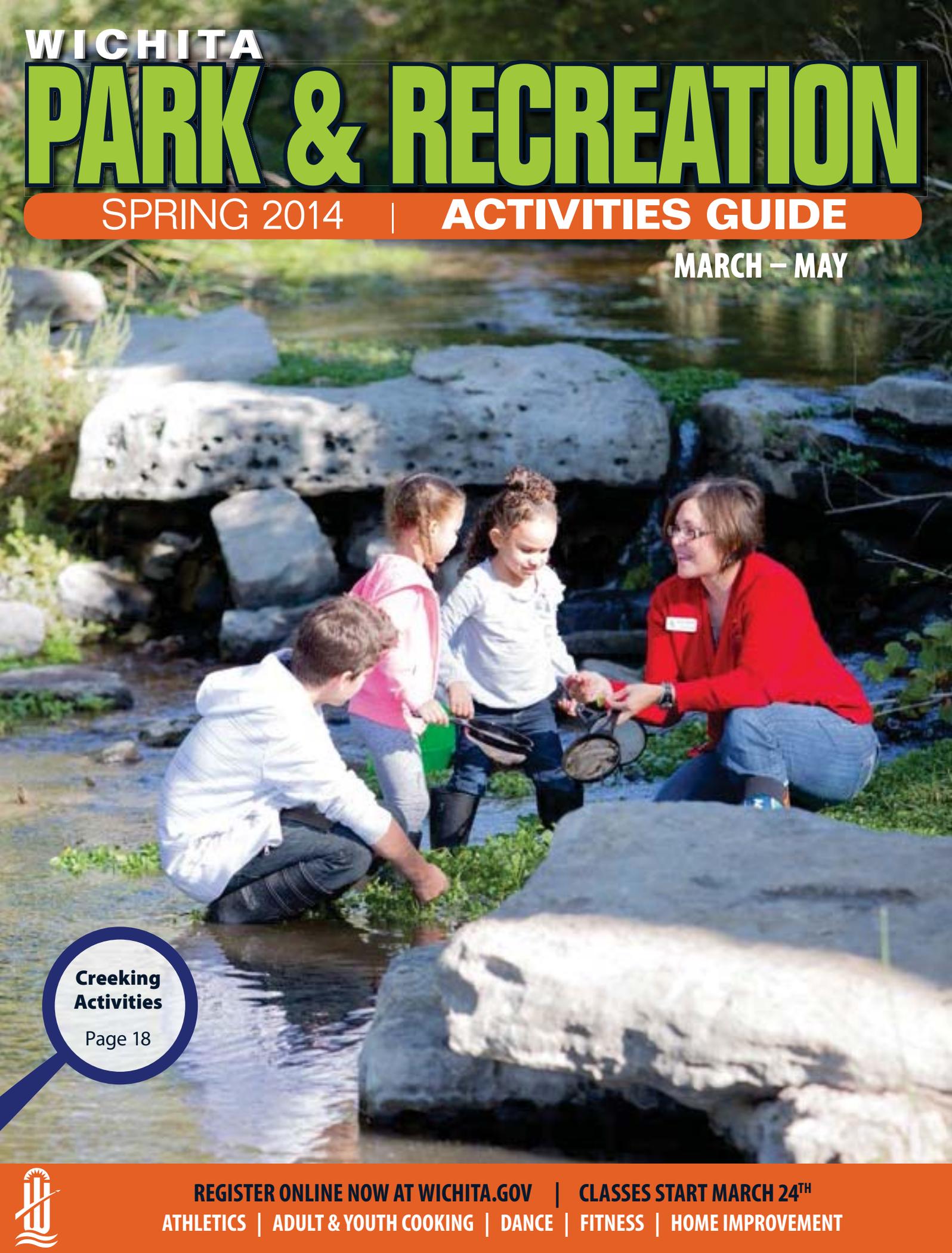
**WICHITA**

# **PARK & RECREATION**

**SPRING 2014**

**ACTIVITIES GUIDE**

**MARCH – MAY**



**Creeking  
Activities**

Page 18



**REGISTER ONLINE NOW AT [WICHITA.GOV](http://WICHITA.GOV) | CLASSES START MARCH 24<sup>TH</sup>**  
**ATHLETICS | ADULT & YOUTH COOKING | DANCE | FITNESS | HOME IMPROVEMENT**



**Saturday, April 26**  
**7:00 am to 1:00 pm**  
**OJ Watson Park**  
 3022 S. McLean Blvd.

**2- Person Angler Teams**  
 \$50 (\$25/ person)  
**Corporate Angler Teams**  
 \$150 (Up to 4 Anglers)  
 All cash donations are tax deductible

**Each angler will receive:**

- Lunch
- Beverages (Water, Gatorade, and Pepsi products)
- Midwest Catfish Classic t-shirt

Prizes for:

- Largest Catfish, by weight
- Longest Catfish
- Most Catfish Caught
- Most Crappie Caught



# 2<sup>nd</sup> ANNUAL BENEFIT GOLF TOURNAMENT

**Friday, May 2**  
**Auburn Hills Golf Course**  
 433 S. 135th St. West

**Four Person Scramble**  
 \$500 Team Fee (\$125 per person)  
all cash donations are tax deductible

**Each golfer will receive:**

- Catered lunch provided by LongHorn Steakhouse
- Complimentary beverage selection of water, Gatorade, pop, and kegs of beer.
- Appetizers provided during the Awards Ceremony
- Free black micro-fiber golf shirt.
- A certificate for a FREE round of 18 holes donated by Wichita Public Golf Courses.

Prizes for:

- Top three teams
- Putting Contest
- Longest Drive



To sign up or for more information visit  
[www.WichitaParksFoundation.org](http://www.WichitaParksFoundation.org)

## GENERAL INFO

# SPRING 2014 ACTIVITIES GUIDE

Wichita Park & Recreation is located at 455 North Main, 11th floor  
 Wichita, KS 67202. Please call (316)-268-4361, Monday-Friday 8:00 a.m.  
 to 5:00 p.m. for information pertaining to the activities guide.

### NEW FORMAT! HOW TO READ CLASS LISTINGS

Course Registration Code	Class Location	Number of Classes		Class Day		Class Fee
		Classes	Start Day of Class	Day	Class Time	
3982	Evergreen	5	3/29	Sa	11:00a-11:45a	\$18
3983	Fairmount Pk	4	3/25	Tu	6:00p-6:45p	\$18

Classes are intended for beginning level students unless otherwise noted.

All spring classes start the week of March 24<sup>th</sup>. Some classes and workshops may start later in the spring session. These start dates are listed under the "Begins" category.

- Register now for spring classes. Learn the four easy ways to register on page 37.
- Find the registration form on page 38.
- Please review Wichita Park & Rec. policies on page 36.

Para registrar en Español para clases, llame a Christina en Park and Recreation a 316-268-4628.

## PART-TIME INSTRUCTORS WANTED... WE NEED YOU!

Wichita Park & Recreation is always seeking talented individuals to assist us with activities and programs. We are currently looking for part-time instructors to teach classes. To inquire about teaching opportunities, contact Barbara McGuire at email [bm McGuire@wichita.gov](mailto:bm McGuire@wichita.gov).

The following categories are examples of the type of classes we are seeking instructors to teach or suggest your own.



- Preschool Programs
- Youth Sports Clinics
- Gymnastics/Tumbling
- Dance
- Yoga & Group Fitness
- Hobbies
- DIY Programs

Wichita Park & Recreation is always open to new ideas! If you have a special skill you would like to share and/or teach we would like to hear from you! Contact Barbara McGuire at 316-268-4192.

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## Recreation Center Addresses

### Admin/Athletic Office

455 N. Main (67202)  
316.268.4361

### Boston

6655 E. Zimmerly (67207)  
316.688.9301

### Colvin

2820 S. Roosevelt (67210)  
316.303.8023  
(within Colvin School)

### Edgemoor

5815 E. 9th St. (67208)  
316.688.9392

### Evergreen

2700 N. Woodland (67204)  
316.219.9745

### Linwood

1901 S. Kansas (67211)  
316.337.9191

### Lynette Woodard

2750 E. 18th St. (67214)  
316.303.8015

### McAdams

1329 E. 16th St. (67214)  
316.337.9222

### O.J. Watson Park

3022 S. McLean Blvd. (67217)  
316.529.9940

### Orchard

4808 W. 9th St. (67212)  
316.350.3119

### Ralph Wulz Riverside Tennis Center

551 Nims (67203)  
316.337.9257

## OFF-SITE PROGRAM LOCATIONS

Registration is not accepted at off-site locations

### Aley Park

1803 S. Seneca (67213)

### Auburn Hills Clubhouse

443 S. 135th St. West (67235)

### Auburn Spirits

13303 W. Maple, Suite 111 (67235)

### Botanica, The Wichita Gardens

701 N. Amidon (67203)

### Clapp Golf Course

4611 E. Harry (67218)

### Fairmount Park

3500 E. 15th St. North (67208)

### Goldenrod Community Facility

1340 S. Pattie (67211)

### Hair & Shampoo Center

10231 W. 21st St. North, Suite 103 (67205)

### Herman Hill Park

101 E. Pawnee St. (67211)

### Hyde Park Community Facility

201 S Greenwood (67211)

### Kiwanis Park Community Facility

5101 W. 2nd St. North (67212)

### Minisa Park Community Facility

704 W. 13th St. N. (67203)

### Park Villa Community Facility

1029 N. Bitting (67203)

### Tex Consolver Golf Course

1931 S. Tyler (67209)

### WATER Center

101 E. Pawnee (67211)

### Wichita Shooting Stars Archery Range

3999 E. 71st. St. South (67216)



It's Almost Time for the O.J. Watson Park

# Bunny Blast and Egg Hunt



**Saturday April 12, 2014**

**10am–noon**

**\$5 per carload**

**O.J. Watson Park**

**3022 S. McLean Blvd**

**Prize Drawings!**

## Activities Include

**Easter Egg Hunt**  
**Visit with the Easter Bunny**  
**Small Smiles Activity**  
**Miniature Golf**

**Inflatable Activities**  
**Free Train Rides**  
**Jelly Bean Guessing Contest**  
**“Touch a Truck”**



## Egg Hunt Schedule

**Ages 2-4 . . . . . 10:00a-10:30a**

**Ages 5-7 . . . . . 10:40a-11:10a**

**Ages 8-10 . . . . . 11:20a-11:50a**

**Hey Kids! Bring a basket to collect your eggs!**

**Parents may bring a camera to capture your child's visit with the Easter Bunny!**

**For more information call O.J. Watson Park at 529-9940 or e-mail [wichitaparkandrec@wichita.gov](mailto:wichitaparkandrec@wichita.gov)**



## YOUTH BASEBALL

**Location:** Planeview

Kids can be signed up individually. Established teams are also welcome to join. Individuals will be placed on teams based on their location within the city. Coaches are all volunteers. Season consists of 14 games. All players will receive a free game jersey.

**Registration Begins:** January 6

**Registration Ends:** March 21

**Season Starts:** April 21

**Price:**

**Boys 8 & under:** \$50

**Boys 10 & under:** \$60

**Boys 12 & under:** \$60

**Boys 14 & under:** \$65

## GIRLS YOUTH SOFTBALL

**Location:** West Side Athletic Field #1

Kids can be signed up individually. Established teams are also welcome to join. Individuals will be placed on teams based on their location within the city. Coaches are all volunteers. Season consists of 8 games and a post-season tournament. All players will receive a free game jersey.

**Registration Begins:** January 6

**Registration Ends:** May 9

**Season Starts:** May 27

**Price:**

**Girls 12 & under:** \$45

**Girls 15 & under:** \$60 or \$600 for full team registration

**Girls 18 & under:** \$60 or \$600 for full team registration

## YOUTH COED TEE BALL

**Location:** Orchard Park Miracle Field

Tee ball is a great game for kids ages 4 to 6! Along with teaching them the fundamentals of baseball, kids will also learn important social skills. Your child will make new friends, learn how to work together and take instruction from coaches, all while having fun and learning a new game! Teams are guaranteed 8 games. Jerseys provided with registration fee. Every player gets a trophy at the end of the season.

**Registration Begins:** February 1

**Registration Ends:** May 9

**Season Starts:** June 2

**Price per player:** \$50

**When:** Monday/Wednesday Evenings



## YOUTH LACROSSE

**Location:** Stryker Sports Complex

Come join the fastest growing youth sport in the nation! Wichita Park and Recreation Department is once again offering a quality lacrosse program with coaches that have years of experience. Come experience for yourself what lacrosse is all about!

**Registration Begins:** January 6

**Registration Ends:** March 21

**Season Starts:** April 5

**Price per person:** \$65 (\$20 loaner equipment available)

**4 AREA LOCATIONS**

1010 East Harry  
263-1707

1652 South Webb Road  
691-5331

601 North West  
941-9190

6825 East 21st Street  
440-3264



**VOTED BEST TACO IN WICHITA 2011**

## CITY OF WICHITA GOLF LEAGUE

**Locations:** MacDonald, LW Clapp, Tex Consolver, Auburn Hills, Sim

**Description:** Teams will consist of two players. Each Sunday your team will face off against an opposing twosome for nine holes of play. The teams lowest score on each hole will be added to determine the teams overall score. Teams will be handicapped and put into flights after the second week of play. The league will take place over eight Sundays (excluding holidays). All fees will be paid in advance to eliminate forfeits. You will NOT have to pay a green fee each week; this cost is included in your registration fee.

**Registration Begins:** January 6

**Registration Ends:** April 4

**League Starts:** Sunday, April 13

**Tee Times:** 3p – 4p Time Range

**Price:** \$180 per team or \$40 for weekend pass holders (must provide pass number)

## MEN'S AND COED SUMMER LEAGUE SOFTBALL

**Locations:** South Lakes, West Side Athletic Fields & West Douglas

**Description:** Teams will play double headers on the night of their choice. Competitive and recreational leagues will be offered each available night of play. Season will consist of 16 games. Tuesday – Friday games play 6:30p – 9:30p. Saturday games will be play 5p – 8p. The early session plays their games in the 1p – 4p time range. Late session plays 5p – 8p.

**Men's Leagues Play:** Tuesday, Wednesday, Thursday, Friday\*\*\*, Sunday\*\*

**Coed Leagues Play:** Tuesday, Thursday, Friday\*, Saturday\*, Sunday\*\*

**Women's League Play:** Wednesday\*

**Men's Church League Play:** Tuesday\*, Thursday\*

**Coed Church League Play:** Monday\*

\* These leagues will be played at West Side Athletic Field.

\*\* We offer early and late sessions on Sunday.

\*\*\* Friday Men's league is played at West Douglas Park.

**Registration Begins:** March 31 • **Registration Ends:** May 2 • **Season Starts:** May 16

**Price per team:** \$485 (\$15 late registration fee)

## ADULT COED 7 ON 7 FLAG FOOTBALL

**Location:** South Lakes Football Field

**Description:** Season includes 6 regular season games plus post-season tournament

**Registration Begins:** March 3

**Registration Ends:** May 30

**Season Starts:** June 6

**Price per team:** \$275

**FIND MORE SPORTS ACTIVITIES FOR YOUTH & ADULTS ON PAGES 11-13, 20-21**





# Specialty Camps

## Kids Konnection

**KIDS KONNECTION** provides the working parent a safe and affordable option for in-service days that kids will enjoy. Each day will be filled with a variety of activities including sports, games, contests, arts & crafts and special events.

- Kids Konnection will be held from 7 am–6 pm.
- Open to children ages 6–13.
- The daily fee is \$18 per child.
- DCF Vision Card is accepted at all locations.

Campers should bring their own lunch and drink daily, but a morning and afternoon snack is provided. This camp is licensed by the KDHE. Please notify Wichita Park & Recreation if you need special accommodations to participate in our programs.

### Kids Konnection is offered on the following days and locations:

DATE	LOCATION
March 14	Edgemoor, Evergreen, Linwood, Orchard
March 17–21	Edgemoor, Evergreen, Linwood, Orchard
April 18	Edgemoor, Evergreen, Linwood, Orchard
April 21	Edgemoor, Evergreen, Linwood, Orchard



**These themed camps for ages 6–13 will release your child’s imagination!** Unlike traditional camps that involve a variety of activities, a specialty camp focuses on one topic related directly to the theme. Each camp will engage your child with physical and intellectual challenges, crafts and interactive games related directly to that theme.

- Daily fee is \$21
- Camps are held from 8am–5pm
- All camps are located at Boston Recreation Center.
- DCF Vision Card is not accepted for this program.
- Bring a lunch and drink.
- Registration deadline is two days prior to camp.

### Creative Treasures | 3/14 | Code 3486

Spark your creativity through a variety of crafts and art experiences such as polymer clay, decoupage, soap making, beaded jewelry, and more.



### March Madness **NEW** | 3/17 | Code 3487

This day is sure to be a slam-dunk! Have fun while building basketball skills with games such as Twenty-One, Knockout and Around the World. Enjoy other all-star activities such as free throw, three point and vertical jump contests.

### Wonka’s Chocolate Factory | 3/19 | Code 3488

Calling all Oompah Loompahs and anyone else who loves making and eating sweets! This day will focus on making mouth watering treats such as cookies that taste like Reese’s, chocolate mice and more! We’ll take time to play some fun Wonka games too.

### Prehistoric Indian Life

3/20 | Code 3490 | \$35

*Live like a prehistoric Indian for a day!* Join an experienced archeologist and learn about how prehistoric Indians made their food, tools and houses. Chop wood with stone and shell axes, throw spears, hike, build a camp fire, pound acorns and corn into flour along with other ancient activities. Also create your own stone axe, stone or bone necklace and arrowheads. Wear clothing that can get messy and don’t forget to bring your lunch!



Camp held from 9am – 4pm at O.J. Watson Park. Ages 6–13.



### Zombie Fest | 3/21 | Code 3489

We want braaaaiins! Gather all the walking dead and come play games such as Pass the Brains and Zombie Tag. Then make and eat some Zombielicious foods. Finally, create your own zombie look, using clothing and make-up.



# TOTS

## DANCE

### Ballet & Tap

Whirl and twirl into basic ballet positions and show us your happy feet during tap time! Both intermediate and advanced classes perform at a more progressive rate. Requires instructor approval or previous experience.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning (ages 3-5)</b>						
3733	Edgemoor	9	3/24	M	5:45p-6:30p	\$29
3735	Orchard	9	3/26	W	5:45p-6:30p	\$29
<b>Intermediate (ages 4-8)</b>						
3734	Edgemoor	9	3/24	M	6:40p-7:25p	\$29
3736	Orchard	9	3/26	W	6:40p-7:25p	\$29
<b>Advanced (ages 5-10)</b>						
3737	Edgemoor	9	3/24	M	7:35p-8:20p	\$29
3738	Orchard	9	3/26	W	7:30p-8:15p	\$29

### Hip Hop for Tots

Cut loose to a hip hop groove and learn about rhythm, movement and direction. Kids will improve their coordination and learn to express themselves through movement games, choreography and fun freestyle dance. Ages 3-6.

Code	Location	Classes	Begins	Day	Time	Fee
3849	Woodard	4	3/24	M	6:30p-7:00p	\$9
4014	Woodard	4	3/27	Th	6:30p-7:00p	\$9

### Tiny Dancers

Does your little one like to dance around when they hear music? Let us introduce them to creative movements through fun activities with themed music and rhythmic movement. Parent participation required. Ages 1-2.

Code	Location	Classes	Begins	Day	Time	Fee
3882	Woodard	5	3/24	M	6:00p-6:30p	\$11
3883	Woodard	5	3/27	Th	6:00p-6:30p	\$11



## THEATER & MUSIC

### Music Makers

Help your toddler find their inner musician! They'll have a great time exploring musical instruments such as tambourines, drums, wood blocks and triangles. They'll learn about tempo, rhythm, and melody through singing, dancing and musical play. Ages 2-3.

Code	Location	Classes	Begins	Day/Age	Time	Fee
3952	Woodard	5	3/25	Tu	10:00a-10:30a	\$13
3953	Woodard	5	3/25	Tu	5:30p-6:00p	\$13

### Tots Center Stage

To be or not to be? There is no question that this introductory acting class helps develop speaking skills and creative expression through fun theater games, improvisation and puppet shows. Ages 2-4.

Code	Location	Classes	Begins	Day/Age	Time	Fee
4016	Woodard	5	3/25	Tu	10:45a-11:15a	\$13
4015	Woodard	5	3/25	Tu	6:00p-6:30p	\$13
3941	Woodard	5	3/27	Th	5:30p-6:00p	\$13

## ARTS & CRAFTS

### Glow Art NEW

Glow with the flow! Tots will have fun engaging in creative play using glow-in-the-dark materials such as paint, markers, crayons and clay. They'll love watching their glow goop, glow bubbles and glow slime come to life under the black lights. For even more fun, wear black, white or neon clothing to class!

Code	Location	Classes	Begins	Day	Time	Fee
<b>Ages 2-3 (Parent participation required)</b>						
4042	Orchard	4	3/24	M	10:00a-11:00a	\$20
4043	Orchard	4	4/28	M	10:00a-11:00a	\$20
<b>Ages 4-5</b>						
4047	Orchard	4	3/25	Tu	10:00a-11:00a	\$20
4045	Orchard	4	4/29	Tu	10:00a-11:00a	\$20

### Little Artists

Calling all little Picassos! Create art using crayons, paints, clay and other mediums. Make a new project each class. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
3900	Edgemoor	4	3/29	Sa	9:30a-10:15a	\$15
3899	Edgemoor	4	4/26	Sa	9:30a-10:15a	\$15
3901	Linwood	5	3/26	W	11:15a-12:00p	\$18

## COOKING

### Little Chefs

Let's make a treat! Create and eat yummy snacks while learning kitchen etiquette. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
3902	Linwood	5	3/24	M	11:15a-12:00p	\$23

### Mommy & Me: Easter Cupcake Decorating NEW

Making Easter treats with a parent or loved one is always the icing on the cake! Have fun with food and get creative while learning techniques for designing and decorating cupcakes that are perfect for Easter. Wear clothes that can get messy! Adult must participate, but do not need to register. Maximum of three children per adult. Fee is per child. Registration deadline is April 2. Ages 3-7.

Code	Location	Classes	Begins	Day	Time	Fee
3951	Woodard	1	4/5	Sa	10:00a-11:30a	\$15



## SPORTS

### Basketball Clinic

Nothing but net! Learn to dribble, pass and shoot through fun drills and activities. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
3740	Boston	4	3/24	M	5:00p-5:45p	\$15
3742	Edgemoor	4	3/26	W	5:15p-6:00p	\$15
3741	Edgemoor	4	4/23	W	5:15p-6:00p	\$15
3743	Evergreen	5	3/29	Sa	12:00p-12:45p	\$18
3744	Linwood	5	3/25	Tu	5:15p-6:00p	\$18
3745	Orchard	5	3/24	M	2:30p-3:15p	\$18
3746	Orchard	5	3/26	W	2:30p-3:15p	\$18
3747	Woodard	4	3/24	M	5:00p-5:45p	\$15
3748	Woodard	4	3/28	F	5:30p-6:15p	\$15

### Boxing for Tots

It's never too early to earn that golden glove! This fun and interactive boxing class designed for tots is a no-contact class as punching bags, speed bags and punching mitts are used. Boxing gloves provided or you may bring your own. Ages 4-5.

Code	Location	Classes	Begins	Day	Time	Fee
3862	Woodard	5	3/25	Tu	5:30p-6:00p	\$11
3864	Woodard	5	3/29	Sa	10:00a-10:30a	\$11

### Cheerleading

Rah-Rah-Rah! Show team spirit while learning jumps and cheers. This class is a blast for tiny cheerleaders! Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
3783	Evergreen	8	3/26	W	6:45p-7:30p	\$26
3784	Linwood	8	3/26	W	6:15p-7:00p	\$26
3785	Orchard	8	3/28	F	5:15p-6:00p	\$26

### Football Clinic

Touchdown! This class teaches the basics of football including passing and receiving techniques along with the rules of football. Classes held indoors except Fairmount Park class which is held outdoors. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
3820	Boston	4	3/26	W	5:30p-6:15p	\$15
3821	Fairmount Pk	5	3/29	Sa	11:00a-11:45a	\$18

### Little Spikers

Let's set it up! Develop basic athletic movements and learn essential volleyball skills and concepts through fun activities and exercises designed for toddlers. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
3903	Woodard	4	3/25	Tu	5:30p-6:00p	\$12

### Soccer Clinic

Dribble 'til you drop! Class teaches basic soccer skills and team play through modified games. Fairmount Park class held outdoors. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
3979	Boston	4	4/30	W	5:30p-6:15p	\$15
3981	Edgemoor	4	3/28	F	5:30p-6:15p	\$15
3980	Edgemoor	4	4/25	F	5:30p-6:15p	\$15
3982	Evergreen	5	3/29	Sa	11:00a-11:45a	\$18
3983	Fairmount Pk	4	3/25	Tu	6:00p-6:45p	\$18
3984	Orchard	5	3/24	M	1:30p-2:15p	\$18
3985	Orchard	5	3/26	W	1:30p-2:15p	\$18

### Sports of All Sorts

Let's play ball! Children will be introduced to the primary skills of a variety of sports such as soccer, T-ball, basketball and more. These non-competitive interactive games will build confidence and stress teamwork. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
4000	Edgemoor	4	4/27	Su	1:00p-1:45p	\$15
4001	Edgemoor	4	3/30	Su	1:00p-1:45p	\$15
4004	Linwood	4	3/28	F	11:00a-11:45a	\$15
4002	Linwood	4	4/25	F	11:00a-11:45a	\$15

### T-Ball Clinic

Learn fundamentals such as throwing, catching and hitting. Designed for boys and girls just beginning to play baseball or softball. Class held outside on the Miracle Field. Ages 4-6.

Code	Location	Classes	Begins	Day	Time	Fee
3876	Orchard Pk	5	4/14	M	6:00p-6:45p	\$18

## SPORTS

### Tennis

Time to hit the court! Learn proper grips and swings while performing fun drills. Ages 4–7.

Code	Location	Classes	Begins	Day	Time	Fee
4021	Edgemoor	5	4/22	Tu	5:30p–6:00p	\$15
3880	Orchard	5	4/22	Tu	5:30p–6:00p	\$15
4022	Woodard	5	4/3	Th	5:30p–6:00p	\$15

### Tiny Tumblers

Roll out the good times! Tots will use mats and a small balance beam to learn basic tumbling skills, gain flexibility, strength, balance and coordination. Ages 3–5.

Code	Location	Classes	Begins	Day	Time	Fee
3933	Evergreen	8	3/24	M	5:00p–5:45p	\$26
3934	Linwood	8	3/24	M	1:45p–2:30p	\$26
3935	Linwood	8	3/26	W	5:30p–6:15p	\$26
3936	McAdams	8	3/29	Sa	12:00p–12:45p	\$26
3937	Orchard	8	3/25	Tu	10:15a–11:00a	\$26

### Wiffleball Clinic

Hit a home run! Learn the basics of throwing, hitting and running the bases. Plastic bats and balls are used. Ages 3–5.

Code	Location	Classes	Begins	Day	Time	Fee
3950	Boston	4	4/28	M	5:00p–5:45p	\$15

## MARTIAL ARTS

### Wee Warriors

Let's kick it up a notch! Kids will develop courtesy and respect for others by learning the basic traditions of Tae Kwon Do such as bowing and shaking hands to greet teachers and classmates, lining up and listening to instructions. Improve strength, agility and flexibility through exercises and fun drills. Increase self-confidence by learning basic punches, blocks and kicks. Ages 3–5.

Code	Location	Classes	Begins	Day	Time	Fee
3947	Evergreen	16	3/25	Tu/Th	6:00p–6:30p	\$33
3949	Linwood	6	3/24	M	5:45p–6:15p	\$14
<b>Intermediate</b>						
3948	Linwood	6	3/26	W	5:45p–6:15p	\$14



## RECREATION

### Fun Fridays **NEW**

It's as easy as stop, drop and go! Parents will finally get some free time while the kids enjoy the morning doing arts and crafts, story time, playing games and developing social interaction skills. Each week has a fun theme. A snack will be provided. Ages 2 ½ – 5. Children not fully potty trained must wear pull ups.

### Mickey & Friends

Aw-Geel! Make your own miniature clubhouse decoration and play fun games like Find Pluto's Bones or Mouse, Mouse, Mickey.

Code	Location	Classes	Begins	Day	Time	Fee
4052	Orchard	1	3/28	F	9:30a–11:30a	\$10

### Adventures of Peter Rabbit

Hop on in for some fun! Enjoy a scavenger hunt and find all the vegetables in Mr. McGregor's garden, then make bunny ears and a carrot-shaped candy holder.

Code	Location	Classes	Begins	Day	Time	Fee
4054	Orchard	1	4/18	F	9:30a–11:30a	\$10

### Explore with Dora & Diego

Come on, Vamonos! Play a game of Guess What's in the Backpack and make your own backpack to take home. Then let Dora & Diego's map help you find special items during a scavenger hunt.

Code	Location	Classes	Begins	Day	Time	Fee
4053	Orchard	1	5/9	F	9:30a–11:30a	\$10

### Playtime for Toddlers

Toddlers can run, jump and play to their heart's content during this playtime. Enjoy toys, scooters, playground balls and other equipment. Parental supervision required. Fee is per child; free for the parent. Boston Fee is per visit; Orchard Fee is per session. Ages 1–5.

Code	Location	Classes	Begins	Day	Time	Fee
3967	Boston	27	3/24	M/Tu/W	10:30a–12:30p	\$1
3968	Orchard	9	3/28	F	10:30a–12:00p	\$9

## SPECIAL INTEREST

### Cowboy & Cowgirl Roundup

Giddy-on-up to Watson Park to learn about roping and ride the ponies! Kids will love playing fun western style games. They'll be on the lookout for those cattle rustlers while taking a train ride at the end of the day! Ages 4–8.

Code	Location	Classes	Begins	Day	Time	Fee
3808	Watson	1	4/12	Sa	1:00p–2:30p	\$12

### Easter Baskets & Bunny Bites **NEW**

Let's get ready for Peter Cotton Tail! Have fun decorating an Easter basket to take home and then fill it up with a sweet treat. Bake your own bunny bite cookies dipped in chocolate and then decorate them by hand. Ages 3–5.

Code	Location	Classes	Begins	Day	Time	Fee
4020	Orchard	1	4/12	Sa	1:00p–2:30p	\$12

### Grandparent & Me: Spring Fling **NEW**

Spring has sprung! Celebrate spring and enjoy nature while making a special butterfly that's pretty to look at and fun to eat. Then go on a train ride scavenger hunt! Enjoy miniature golf and other spring time activities. Fee is per child. Adult is free and does not need to register. Maximum two children per adult. Ages 3–8.

Code	Location	Classes	Begins	Day	Time	Fee
4019	Watson	1	3/29	Sa	1:00p–2:30p	\$12

### Hippity Hoppity Egg Hunt **NEW**

Hippity Hoppity Easter's on its way! Have a blast making an Easter craft, go on a bunny hunt, hop on down the bunny trail and participate in a special egg hunt. Plus they'll be thrilled when the Easter Bunny shows up for a special visit! Ages 2–5.

Code	Location	Classes	Begins	Day	Time	Fee
4018	Watson	1	4/5	Sa	1:00p–2:30p	\$12

### I am Ready to Write

It's never too early to learn the ABC's! This class will teach each preschooler to identify and write letters of the alphabet, spell their names and a few basic words. Ages 3–5.

Code	Location	Classes	Begins	Day	Time	Fee
3867	Edgemoor	6	3/24	M	5:45p–6:30p	\$26

### Knight Training

Calling all Lords and Ladies! Come join us and become a Knight of the Realm. Training will include sword play, jousting and a few surprises. Come dressed up if you desire! Ages 4–8.

Code	Location	Classes	Begins	Day	Time	Fee
3893	Watson	1	5/3	Sa	10:00a–11:30a	\$12

### Pirate Adventure **NEW**

Argh Matey! Come learn the ways of a pirate, design a glittering treasure chest to hold your loot and then search for hidden treasure using a pirate map. Come dressed up if you dare! Ages 4–8.

Code	Location	Classes	Begins	Day	Time	Fee
4017	Watson	1	4/26	Sa	10:00a–11:30a	\$12

### Princess Tea Party

"Hear ye, hear ye!" All princesses should arrive in their royal costumes and be prepared to create an elegant craft accessory and participate in royal party games. They will also be served scrumptious finger sandwiches, punch and cupcakes at the royal tea party. Princesses will be presented with a party keepsake and will live happily ever after. Ages 3–6.

Code	Location	Classes	Begins	Day	Time	Fee
3970	Linwood	1	4/5	Sa	10:00a–11:30a	\$17



## DANCE

### Hip Hop Dance

Drop it like it's HOT! Learn the hottest dance routines and get your groove on while focusing on body placement, dance combinations and rhythms. Ages 7–15.

Code	Location	Classes	Begins	Day	Time	Fee
3846	Evergreen	8	3/26	W	5:15p–6:00p	\$27
3847	Linwood	8	3/27	Th	4:45p–5:30p	\$27
3848	Woodard	5	3/24	M	7:00p–7:45p	\$17

## ARTS & CRAFTS

### Cartooning Basics **NEW**

You don't have to be a great artist to draw great cartoon characters! Grab a pencil and come learn how to use basic shapes to create simple cartoon people, animals or objects. Practice using shading, shadowing, contour and other drawing elements to bring your cartoons to life.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Ages 6–9</b>						
4050	Linwood	4	3/27	Th	6:00p–7:00p	\$20
<b>Ages 10–15</b>						
4051	Linwood	4	3/27	Th	7:15p–8:30p	\$24

### Create A Comic Strip

Zap! Wham! Pow! Learn the whole process of making a comic book from creating and designing your characters, writing a script and finalizing your storyboard.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Ages 6–9</b>						
4048	Linwood	5	4/24	Th	6:00p–7:00p	\$24
<b>Ages 10–15</b>						
4049	Linwood	5	4/24	Th	7:15p–8:30p	\$30
<b>Ages 10 to Adults</b>						
3796	Edgemoor	4	3/29	Sa	11:30a–12:30p	\$20
3795	Edgemoor	4	4/26	Sa	11:30a–12:30p	\$20



### Drawing in Perspective

Add dimension to your drawings! Students will learn one-point and two-point perspective techniques to assist in drawing buildings, roads and simple 3-D objects. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
3816	Edgemoor	1	4/25	F	6:00p–7:30p	\$7

### Drawing Manga & Superheroes **NEW**

East meets West in this class for comic creativity! Learn about the unique features and characteristics to illustrate both Manga and Superhero characters and learn about the different features and characteristics of each. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
4145	Edgemoor	3	5/2	F	6:00p–7:30p	\$22

### Kid's Drawing

Anyone can learn to draw! Discover how to create simple cartoon characters by breaking down drawings into simple shapes. Ages 5–10.

Code	Location	Classes	Begins	Day	Time	Fee
3887	Edgemoor	4	3/29	Sa	10:30a–11:15a	\$15
3885	Edgemoor	4	4/26	Sa	10:30a–11:15a	\$15

### Make-It & Take-It Crafts

Inspiration starts here! Students will get crafty and make a different craft project each week such as pot holders, wind chimes and more. Ages 6–12.

Code	Location	Classes	Begins	Day	Time	Fee
3905	McAdams	7	3/29	Sa	11:00a–12:00p	\$10

### Portrait Drawing

Heads up! Learn the art of drawing portraits by understanding the proper proportions of the head, eyes, nose, mouth and ears. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
3898	Edgemoor	3	3/28	F	6:00p–7:30p	\$22

### Shading Techniques

Set the tone for your drawings! Create the illusion of depth and three-dimensions by learning to create various shades of gray using techniques such as hatching, cross-hatching and squircling. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
3975	Edgemoor	1	4/18	F	6:00p–7:30p	\$7

## MUSIC

### Guitar Made Easy **NEW**

Keep calm and play on! Join this fun beginners group where students learn guitar basics including tuning, strumming chords, understanding guitar charts, tablature and reading music. Guitars will be provided during this class so there's no need to invest in a guitar until you know if it is right for you! Additional on-site practice times are also available at no extra charge. Ages 8–15.

Code	Location	Classes	Begins	Day	Time	Fee
4023	Linwood	8	3/25	Tu	6:30p–7:30p	\$33

### Private Music Lessons

Can you feel the beat? Improve your skills quickly with one-on-one private lessons. Each lesson is tailored to the individual needs of the student and are held by appointment only. Fee is \$13 per 30 minute lesson. Contact Lynette Woodard Recreation Center to register.

### Guitar **NEW**

Play like a rock star! Students will study the basic mechanics, chords, scales, beginning notes, how to tune, reading and tablature. Learn to play all styles of music. Purchase of book will be required after the first lesson. Bring your own acoustic or electric guitar. Amp will be available.

- Lessons held Wednesday–Saturday
- Age 8 and up

### Piano

Become a treble maker! Students will be taught the foundation of playing the piano which includes notes, chords, staff, rhythm, phrasing and dynamics. Purchase of selected piano book required after first lesson.

- Lessons held Monday–Saturday
- Ages 7 and up



## SPORTS

### Archery

Aim, set, release! Learn archery fundamentals, shooting skills and safe conduct. **Offered by Wichita Shooting Stars.** Contact Linwood for more information. Ages 8+.

Code	Location	Classes	Begins	Day	Time	Fee
3730	Archery Rge	5	4/21	M	6:15p–7:45p	\$20
3731	Archery Rge	5	4/22	Tu	6:15p–7:45p	\$20

### Archery Workshop

Bullseye! Receive an introduction to basic archery fundamentals in this one-day workshop. Ages 7–12.

Code	Location	Classes	Begins	Day	Time	Fee
3732	Watson	1	4/5	Sa	11:00a–12:30p	\$7

## Basketball with WNBA All-Star Lynette Woodard



Spend your days off from school with basketball Hall of Famer, Olympic Gold Medalist, 1st Female Harlem Globetrotter and WNBA All-Star, Lynette Woodard! These one-day clinics focus on helping athletes improve their skills and develop their talent by learning basic practice drills and emphasizing the fundamentals. All registrants will receive a T-shirt.

Code	Location	Classes	Begins	Day	Time	Fee
<b>3rd–5th Grades</b>						
4024	Woodard	1	3/20	Th	10:00a–12:00p	\$10
4025	Woodard	1	3/21	F	10:00a–12:00p	\$10
4026	Woodard	1	4/21	M	10:00a–12:00p	\$10
<b>6th–7th Grades</b>						
4027	Woodard	1	3/20	Th	1:00p–3:00p	\$10
4028	Woodard	1	3/21	F	1:00p–3:00p	\$10
4029	Woodard	1	4/21	M	1:00p–3:00p	\$10

### Basketball Clinic

Dribble, shoot and score! This clinic teaches fundamentals, rules and offensive/defensive strategies. Ages 6–10.

Code	Location	Classes	Begins	Day	Time	Fee
3749	Edgemoor	5	3/27	Th	5:15p–6:00p	\$18
3750	Evergreen	5	3/29	Sa	11:00a–11:45a	\$18
3751	McAdams	4	3/29	Sa	10:00a–10:45a	\$15
3753	Orchard	5	3/29	Sa	10:15a–11:00a	\$18
3752	Woodard	4	3/24	M	6:00p–6:45p	\$15

### Basketball League - Middle School 3-on-3

This recreational basketball league is for non-varsity school players. The first night will cover the rules and players will practice their skills. Register as a team or individuals will be assigned to a team. Games will be round robin for the remainder of the session. Maximum of 6 players on a team. Fee is per participant.

Code	Location	Classes	Begins	Day	Time	Fee
3754	Evergreen	6	3/28	F	4:30p–5:30p	\$16

### Basketball Open Gym

Basketball season is here! Get out of the cold, get some exercise and practice your basketball skills during this special basketball only gym time. Fee is per child. Parent assisting child is free. Grades 4th–8th.

Code	Location	Classes	Begins	Day	Time	Fee
3918	Edgemoor	9	3/21	F	7:15p–8:30p	\$23



## SPORTS

### Boxing Basics

Go the distance and become a contender! Learn boxing exercise techniques, discipline and burn off energy. This is a no-contact class - punching bags, speed bags and punching mitts are used. Boxing gloves provided or you may bring your own. Ages 8-14.

Code	Location	Classes	Begins	Day	Time	Fee
4030	Woodard	5	3/25	Tu	6:00p-6:45p	\$17
3865	Woodard	5	3/28	F	5:00p-5:45p	\$17



## Boxing Private Training

The fastest way to improve your boxing skills and move to the next level is with one-on-one training. Plus, it's also a dynamic work-out experience!

- \$15 per 30-minute private lesson.
- Lessons by appointment only.
- Contact Woodard Rec Center to register.
- No membership required!

### Cheerleading

Ready? Ok! Show your team spirit while learning jumps and cheers. This class is a blast for cheerleaders! Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
3786	Evergreen	8	3/26	W	6:00p-6:45p	\$27
3787	Linwood	8	3/26	W	7:00p-7:45p	\$27
3788	Orchard	7	3/28	F	6:00p-7:00p	\$36

### Flag Football Clinic

Are you ready for some football? Kids will score big after learning football fundamentals. This program features instruction in rules and game strategies in game-like settings. Ages 6-10.

Code	Location	Classes	Begins	Day	Time	Fee
3819	Fairmount Pk	5	3/29	Sa	12:00p-12:45p	\$18

### Golf Basics NEW

Take a swing at learning golf! A PGA Professional will introduce students to the game of golf and then guide them through the mechanics of putting, chipping and the swing. Ages 8-15.

Code	Location	Classes	Begins	Day	Time	Fee
4055	Clapp	4	4/3	Th	5:30p-6:30p	\$28
4056	Tex Consolver	4	4/3	Th	4:45p-5:45p	\$28

### It's Game Time

A great opportunity for kids to take the skills learned in beginning sports clinics and put them to use in a team setting. Each day, participants will be divided into teams and play structured games. Players must have attended the Wichita Park & Recreation basic skills clinic before registering. Ages 6-10.

#### Basketball

Code	Location	Classes	Begins	Day	Time	Fee
3835	Edgemoor	4	5/1	Th	5:15p-6:00p	\$15

#### Indoor Soccer

Code	Location	Classes	Begins	Day	Time	Fee
3836	Edgemoor	4	5/2	F	6:20p-7:05p	\$15

### Pink Gloves Boxing

What a knockout! Learn boxing skills while you develop strength and stamina in this women's only class. Circuit training at stations includes footwork drills, shadow boxing, bag work, total body strengthening and one-on-one time with the trainer. Boxing gloves provided or bring your own. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
3965	Evergreen	8	3/25	Tu/Th	5:30p-6:30p	\$49
3964	Evergreen	8	4/22	Tu/Th	5:30p-6:30p	\$49

### Soccer League

Let's kick it! In this beginner's indoor recreational league, a clinic will be held the first week teaching basic skills and strategies, followed by team play. A minimum of six games will be played. Grades 3rd-5th.

Code	Location	Classes	Begins	Day	Time	Fee
3976	Aley Pk	14	3/31	M/W	4:20p-5:20p	\$16

## COMING SOON... Linwood Fitness Center!

### Soccer Clinic

Go toe-to-toe while learning the basics of soccer including offensive and defensive strategies. All classes will be held indoors except the Fairmount Park classes which are outdoors. Ages 6-10.

Code	Location	Classes	Begins	Day	Time	Fee
3986	Edgemoor	5	3/28	F	6:20p-7:05p	\$18
3987	Evergreen	5	3/29	Sa	12:00p-12:45p	\$18
3988	Fairmount Pk	5	3/25	Tu	7:00p-7:45p	\$18
3989	Fairmount Pk	5	3/26	W	7:00p-7:45p	\$18
3990	McAdams	5	3/29	Sa	11:00a-11:45a	\$18
3991	Orchard	5	3/29	Sa	11:15a-12:00p	\$18

### Sports of All Sorts

Let's play ball! Kids will be introduced to the fundamentals of a variety of sports such as soccer, T-ball, basketball and more. These non-competitive, interactive games will build confidence and stress teamwork. Ages 6-10.

Code	Location	Classes	Begins	Day	Time	Fee
3978	Edgemoor	4	3/30	Su	2:00p-2:45p	\$15
3977	Edgemoor	4	4/27	Su	2:00p-2:45p	\$15

### Tennis

Hit the court and learn tennis fundamentals, rules and basic tennis terminology. Ages 8-15.

Code	Location	Classes	Begins	Day	Time	Fee
4031	Edgemoor	5	4/22	Tu	6:00p-7:00p	\$25
3881	Orchard	5	4/22	Tu	6:00p-7:00p	\$25

### Volleyball Basics

Serve up some fun! Prepare for middle school volleyball tryouts and develop solid skills for the bump, set, spike, serve and court positions. Work on improving those skills through practice games and drills. Ages 8-14.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
3942	Orchard	6	3/30	Su	4:00p-5:00p	\$26
<b>Intermediate</b>						
3943	Orchard	6	3/30	Su	5:00p-6:15p	\$33

## FITNESS

### Hard Charge Training Camp

Hard Charge is coming, so get ready for a muddy good time! Six weeks of training will gear you up for the mud and fun of the obstacle course this spring! The class uses a mix of military strength and cardio exercises. Ages 10-15.

Code	Location	Classes	Begins	Day	Time	Fee
3839	Woodard	6	3/24	M	6:00p-6:45p	\$18
3840	Woodard	6	3/27	Th	7:00p-7:45p	\$18

## MARTIAL ARTS

### Chinese Internal Boxing

Learn ancient Chinese martial arts including boxing, kicking and self-defense tactics. Must take beginner's class and receive instructor approval before taking the intermediate level. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
3789	Linwood	9	3/24	M	7:00p-8:15p	\$29
<b>Intermediate</b>						
3790	Linwood	9	3/24	M	5:30p-7:00p	\$34

### Jiu-Jitsu

This class is too jiu-jit to quit! Brazilian Jiu-Jitsu is a weaponless grappling martial art using take downs, throws, sweeps and submissions. Ground fighting techniques are used instead of striking movements and focus on fundamentals such as escapes, positioning and self-defense. Ages 6-15.

Code	Location	Classes	Begins	Day	Time	Fee
3879	Evergreen	9	3/29	Sa	2:00p-3:00p	\$27

### Self-Defense Workshop

Be prepared to protect yourself in the event of a dangerous situation! Learn a variety of techniques to use in response to various attack scenarios such as use of pressure points, blocks, kicks and punches. Expect some hand-to-hand contact while practicing these control methods. Evergreen class is for ages 6+ and Linwood class is for ages 8+.

Code	Location	Classes	Begins	Day	Time	Fee
3972	Evergreen	1	5/10	Sa	10:00a-12:00p	\$9
3973	Linwood	1	3/29	Sa	9:00a-12:00p	\$14

### Tae Kwon Do

Work your way up the martial arts ladder! Develop physical agility and self-discipline through basic techniques while learning respect for yourself and others. Belt advancement opportunities are available. Ages 6+.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
3828	Edgemoor	18	3/25	Tu/Th	6:15p-7:15p	\$53
3830	Evergreen	18	3/25	Tu/Th	6:30p-7:30p	\$53
3831	Linwood	18	3/24	M/Th	6:45p-7:45p	\$53
3854	Orchard	18	3/24	M/W	6:00p-7:00p	\$53
<b>Intermediate</b>						
3829	Edgemoor	18	3/25	Tu/Th	7:15p-8:15p	\$53
3832	Linwood	18	3/24	M/Th	7:45p-8:45p	\$53
3855	Orchard	18	3/24	M/W	7:00p-8:00p	\$53



# YOUTH

## BEAUTY

### Easy Updos **NEW**

Get ready for prom or that special occasion! Learn how to create three easy updos by yourself using bobby pins, combs, elastics, hairspray and a second mirror to ensure perfect placement.

**Offered by Hair & Shampoo Center.** Ages 14+.

Code	Location	Classes	Begins	Day	Time	Fee
4064	Hair & Shp Ctr.	1	4/13	Su	1:30p-3:00p	\$8

### Nail Art for Kids

Everything you need to look cool is at your fingertips! Dress up your nails by learning painting techniques as you express your creativity with vivid colors, shapes and glitter! Come to class with a light colored base coat on your nails. Ages 8-13.

Code	Location	Classes	Begins	Day	Time	Fee
3955	Woodard	1	3/29	Sa	10:00a-11:30a	\$8

### Nail Art for Mom & Me **NEW**

Every mom deserves to be pampered on Mother's Day! Take turns making each other's nails look beautiful as you use a variety of colors, designs and of course, glitter! Come to class with a light colored base coat on your nails. Fee is per child. Mothers do not need to register. Ages 6-13.

Code	Location	Classes	Begins	Day	Time	Fee
3954	Woodard	1	5/10	Sa	10:00a-11:30a	\$12

## COOKING

### Cupcake Decorating

Decorate your cake and eat it too! Have fun with food and get creative while learning techniques for designing and decorating cupcakes. All supplies provided. Wear clothes that can get messy. Registration deadline is April 23. Ages 8-13.

Code	Location	Classes	Begins	Day	Time	Fee
3810	Woodard	1	4/26	Sa	1:00p-2:30p	\$15

### Delish Dinners & Desserts

Put on your chef's hat! Make a main dish from scratch and top it off with dessert! Learn measuring, utensil use and kitchen safety. Bring 1 lb. ground beef and 1 lb. chicken breast on the first night of class. Bring two containers to each class to take your creations home. Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
3811	Orchard	5	3/29	Sa	10:00a-12:00p	\$35

## NATURE & OUTDOORS

### Let's Go Creeking!

For once it's ok to get down and dirty! Bring an old pair of sneakers and come prepared to get wet and muddy looking for crawdads, mussels and tadpoles and other creatures that live in and along the stream. Also learn about the importance of water quality. Instructed by staff from the Great Plains Nature Center. Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
4060	WATER Center	1	4/21	M	2:00p-3:30p	\$10
4061	WATER Center	1	5/17	Sa	2:00p-3:30p	\$10

## OK Kids Day Event May 10



**OJ Watson Park**  
3022 S. McLean Blvd  
9:00 am - 12:00 pm

**Kids ages 5 - 12 are invited to this fun and free outdoor event featuring:**

- Fishing clinics
- Archery
- Kayaking
- Miniature golf
- Nature exhibits
- Train rides
- Inflatables
- Water safety clinic
- Much more!

A limited number of spaces for fishing clinics are available, registration will take place starting at 9:00 am.

OK Kids Day is developed and operated by the Kansas Wildscape Association. For more information please call 529-9940 or visit [wichita.gov](http://wichita.gov) for more information.

## RECREATION

### Homeschool Playtime Bonanza

Homeschoolers, enjoy the gym and game room for social and recreational activities! Parent must accompany child. Fee is per family or drop in for \$4. Ages 6-15.

Code	Location	Classes	Begins	Day	Time	Fee
3853	Edgemoor	5	3/27	Th	1:30p-3:00p	\$10
3852	Edgemoor	4	5/1	Th	1:30p-3:00p	\$8



## Arcade Nights at Evergreen Rec. Center

Come check out the newly designed game room, no tokens needed! Get ready to put your skills to the test during competitions and contests. Make sure to arrive early, space is limited to 20 kids per Game Night.

2700 N. Woodland 303-8036  
Every Friday this Spring 6:00-7:30 pm

**Fee is \$3 per visit**  
Ages 8-14

- Professional arcade games
- Xbox360 and Wii games
- Large screen TVs

## SPECIAL INTEREST

### Babysitters Training **NEW**

Show parents their kids are in capable hands! The American Red Cross Babysitters Training course gives youth the skills and confidence to become great babysitters and helps improve safety for children. Students will learn how to care for children and infants, make good decisions and solve problems. Also learn how to handle emergencies such as injuries, illnesses or household accidents. First Aid and CPR will also be taught. Bring a sack lunch. **Offered by American Red Cross.** Ages 11-15.

Code	Location	Classes	Begins	Day	Time	Fee
4057	Edgemoor	1	4/12	Sa	9:00a-4:00p	\$90
4059	Orchard	1	5/3	Sa	9:00a-4:00p	\$90

### Cowboy & Cowgirl Roundup

Giddy-on-up to Watson Park to learn about roping and ride the ponies! Kids will love playing fun western style games. They'll be on the lookout for those cattle rustlers while taking a train ride at the end of the day! Ages 4-8.

Code	Location	Classes	Begins	Day	Time	Fee
3808	Watson Pk	1	4/12	Sa	1:00p-2:30p	\$12

Look for the **40 NEW** classes for all ages throughout the guide.

### Creative Writing

Put your pen to the paper and let your imagination run wild! This class is perfect for aspiring young writers or kids who just need help with their writing techniques for school. These fun writing exercises will build confidence and help students become better writers as they learn how to express thoughts, feelings and emotions in their own words. Ages 8-12.

Code	Location	Classes	Begins	Day	Time	Fee
3809	Edgemoor	6	3/24	M	6:45p-7:45p	\$30

### Easter Baskets & Bunny Bites **NEW**

Let's get ready for Peter Cotton Tail! Have fun decorating an Easter basket to take home and then fill it up with a sweet treat. Bake your own bunny bite cookies dipped in chocolate and then decorate them by hand. Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
4032	Orchard	1	4/19	Sa	1:00p-2:45p	\$12

### Fun with Math

9x16=what? Help your child have fun and be successful at one of school's toughest subjects. This class includes help with homework, problem areas and fun math games and activities. Students will get extra help with math standards, whether it is day-to-day math or state assessments. Monday class is for grades 1st-5th and Wednesday is for 6th-8th.

Code	Location	Classes	Begins	Day	Time	Fee
3826	Edgemoor	8	3/24	M	4:30p-5:15p	\$25
3827	Edgemoor	8	3/26	W	4:45p-5:30p	\$25

### Grandparent & Me: Spring Fling **NEW**

Spring has sprung! Celebrate spring and enjoy nature while making a special butterfly that's pretty to look at and fun to eat. Then go on a train ride scavenger hunt! Enjoy miniature golf and other spring time activities. Fee is per child. Adult is free and does not need to register. Maximum two children per adult. Ages 3-8.

Code	Location	Classes	Begins	Day	Time	Fee
4019	Watson	1	3/29	Sa	1:00p-2:30p	\$12

### It's Magic!

Now you see it, now you don't! This one-time workshop will have you on the edge of your seat with an exciting magic show. Students will also learn a few tricks that will amaze their friends.

Code	Location	Classes	Begins	Day	Time	Fee
3872	Woodard	1	3/29	Sa	10:00a-12:00p	\$10

### Ages 9-14

3873	Woodard	1	3/29	Sa	1:00p-3:00p	\$10
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**DON'T FORGET**  
to register for Spring Break Camps! Pages 8 & 9

## SPECIAL INTEREST

### Knight Training

Calling all Lords and Ladies! Come join us and become a Knight of the Realm. Training will include sword play, jousting and a few surprises. Come dressed up if you desire! Ages 4–8.

Code	Location	Classes	Begins	Day	Time	Fee
3893	Watson	1	5/3	Sa	10:00a–11:30a	\$12

### Pirate Adventure NEW

Argh Matey! Come learn the ways of a pirate, design a glittering treasure chest to hold your loot and then search for hidden treasure using a pirate map. Come dressed up if you dare! Ages 4–8.

Code	Location	Classes	Begins	Day	Time	Fee
4017	Watson	1	4/26	Sa	10:00a–11:30a	\$12



## SCOUT BADGES

### Webelos: Forester

Take a break from city life and have a great time exploring the forest while studying trees and plants.

Code	Location	Classes	Begins	Day	Time	Fee
3944	Watson	1	3/29	Sa	10:15a–11:45a	\$6

### Webelos: Naturalist

Nature loving scouts will love this opportunity to study living creatures and plants in Watson Park.

Code	Location	Classes	Begins	Day	Time	Fee
3945	Watson	1	3/29	Sa	8:30a–10:00a	\$6

### Webelos: Readyman

Get ready for an emergency! You'll learn basic first aid skills and tips on how to handle emergencies to complete the requirements for your Readyman badge.

Code	Location	Classes	Begins	Day	Time	Fee
3946	Watson	1	4/5	Sa	8:30a–10:00a	\$6

**CITY OF WICHITA SKATE PARK**

**Aley Skate Park**  
1803 S. Seneca  
• Beginner to Intermediate levels

**Orchard Skate Park**  
4808 W. 9th Street  
• Beginner level (mini skate park)

**Ryan Woodward Memorial Skate Park**  
5815 E. 9th \* (Edgemoor Park)  
• Beginner to Intermediate levels

**Wichita Skate Park**  
645 S. St. Francis \* (under Kellogg Freeway)  
• Intermediate to Expert levels (largest skate park)

**CLG photography**

Cassie Gillespie  
owner

101 W. Spring Ave. • Conway Springs, KS  
620.456.3545  
clgphotography.net

## Fitness Centers

### COMING SOON.... Linwood Fitness Center!

#### Evergreen

Supervised weight room facility with Paramount fitness equipment including free weights, heavy bag and various exercise machines for maintaining or improving muscle mass, strength and toning.

**Hours:** M–F 9:00 am – 7:00 pm  
**Fee:** \$2 per visit or \$27 for 10 weeks

#### Lynette Woodard

Supervised weight room facility with free weights, and various exercise machines for maintaining or improving muscle mass, strength and toning.

**Hours:** M–Th 3:00 pm – 6:00 pm & Fri 3:00 pm – 5:00 pm  
**Fee:** \$2 per visit or \$27 for 10 weeks

#### Orchard

Fitness Center includes 14 cardio machines, cardio theater and a weights area. Lockers are available; plus one free personal trainer consultation with purchase of a membership.

**Hours:** M–F 8:00am – 8:00 pm  
**Fees:** \$20 a month for Single Adult  
\$35 a month for Family (2 adults, 2 kids same household)  
\$15 a month for Active Adults 55+  
\$4 drop in fee

#### Personal Fitness Training

Work one-on-one with an ACE certified personal trainer to help meet your personal fitness goals through diet and exercise. Appointment required. Private, couple and group sessions are available. Please contact Orchard or Lynette Woodard Recreation Centers for more information. Must have fitness membership to obtain personal training packages at Orchard Recreation Center.

	Individual	Couple	Each additional 3+
1hr	\$25	\$35	\$35 + 10 each
2hr	\$45	\$55	\$55 + 10 each
3hr	\$70	\$80	\$80 + 10 each
4hr	\$85	\$95	\$95 + 10 each

## FITNESS

### 30-Minute Circuit

Devote just 30 minutes to a whole new you! Build strength, endurance and balance while rotating through 8–10 stations.

Code	Location	Classes	Begins	Day	Time	Fee
3721	Orchard	18	3/25	Tu/Th	7:00a–7:30a	\$28
3722	Orchard	18	3/25	Tu/Th	7:20p–7:50p	\$28
3723	Woodard	5	3/24	M	5:30p–6:00p	\$9
4036	Woodard	5	3/26	W	5:30p–6:00p	\$9

### Abs Only

Get your abs in shape with a tightening and toning routine.

Code	Location	Classes	Begins	Day	Time	Fee
4009	Orchard	8	3/29	Sa	9:15a–9:45a	\$14

### Advanced Fitness Training

Push yourself to the limit! This high intensity class will challenge you to achieve more. Class includes cardio and strength training using weight machines, dumbbells or your own body weight. Work is done in stations with possibly some boot camp style training outdoors.

Code	Location	Classes	Begins	Day	Time	Fee
3724	Orchard	16	3/25	Tu/Th	6:15p–7:15p	\$50

### Aerobics—Cardio Mix

Shake up your fitness routine with a mix of kickboxing, step, floor and boot camp exercises. You'll also work your abs and back to build strength and endurance. Cardio segments vary each class.

Code	Location	Classes	Begins	Day	Time	Fee
3725	Boston	9	3/25	Tu	5:30p–6:30p	\$28
3726	Edgemoor	9	3/27	Th	5:30p–6:30p	\$28

### Aerobics—Step

Step up to the challenge! Tone up, burn calories and improve cardiovascular fitness using step platforms. First half of class features cardio work followed by strength training with weights and floor exercises.

Code	Location	Classes	Begins	Day	Time	Fee
3727	Evergreen	9	3/25	Tu	6:00p–6:45p	\$21
3728	Orchard	18	3/24	M/W	6:35p–7:20p	\$43



## FITNESS

### Bokwa®

Sweat the alphabet and dance the digits! Bokwa is a brand new cardio fitness craze that is based on foot movements that follow the shape of letters and numbers. The steps are easy and repetitive, no counting beats and no dance experience necessary for this high energy workout.

Code	Location	Classes	Begins	Day	Time	Fee
3761	Boston	9	3/26	W	6:30p-7:15p	\$21
3762	Edgemoor	9	3/25	Tu	6:30p-7:15p	\$21
3763	Edgemoor	9	3/27	Th	9:15a-10:00a	\$21
4037	Orchard	9	3/27	Th	6:00p-6:45p	\$21

### Boot Camp Basics

Build strength, endurance and cardio while getting ripped! This action packed military style workout for guys and gals will be held indoors and is great for beginning level students.

Code	Location	Classes	Begins	Day	Time	Fee
3766	Evergreen	9	3/25	Tu	6:15p-7:00p	\$24
3767	Goldenrod Pk	8	3/24	M	5:30a-6:15a	\$19
3768	Goldenrod Pk	8	3/26	W	5:30a-6:15a	\$19
3769	Goldenrod Pk	8	3/28	F	5:30a-6:15a	\$19

## Wichita Dog Parks

*Dogs need exercise too!*

**MERIDIAN DOG PARK**  
2127 N. Meridian

**ARSON CANINE ASHLEY'S MEMORIAL DOG PARK**  
2400 E. MacArthur

Both parks include amenities such as:

- Drinking fountains for dogs
- Time out areas
- Play spaces for small & large breeds
- Park benches
- And more!

### BOSU Fitness

"Do you BOSU?" The BOSU Balance Trainer (meaning Both Sides Utilized) can be used on either the dome or platform to improve balance, posture, flexibility and core strength while delivering a killer cardio workout. Stabilization muscles work throughout every exercise. Modifications will be given for injuries, balance and intensity.

Code	Location	Classes	Begins	Day	Time	Fee
3770	Edgemoor	9	3/26	W	11:30a-12:15p	\$21

### Cardio Kickboxing

Kick start your workouts! Mix up your routine with flexibility and strength-building kickboxing moves. You'll enjoy high-intensity drills and energizing music while burning calories. This cardiovascular workout consisting of jabs, hooks, uppercuts and kicks designed to get you on your way to a leaner body. No equipment is used and gloves are not required.

Code	Location	Classes	Begins	Day	Time	Fee
3782	Linwood	9	3/24	M	6:15p-7:00p	\$21

### Circuit Training

Feel the burn—the burn of calories, that is! This program includes high intensity and fast paced circuit training, body weight exercises emphasizing cardio and power along with agility exercises. Short rest periods are held in between each segment. This class will target aerobic endurance working all major muscle groups; some movements may simulate martial arts exercises. Orchard class includes fitness center membership.

Code	Location	Classes	Begins	Day	Time	Fee
3791	Evergreen	9	3/24	M	6:15p-7:00p	\$21
3792	Orchard	8	3/29	Sa	8:00a-9:00a	\$38
3793	Woodard	5	3/29	Sa	9:00a-9:45a	\$12

### Core and More

Work on that six pack! This class targets the upper and lower abdominals, obliques, transverse and back muscles which supply power and support to the entire body.

Code	Location	Classes	Begins	Day	Time	Fee
3798	Edgemoor	9	3/24	M	10:00a-10:30a	\$16
3800	Edgemoor	9	3/26	W	10:00a-10:30a	\$16
3801	Evergreen	9	3/26	W	6:15p-7:00p	\$21
3802	Linwood	9	3/24	M	7:15p-8:00p	\$21

### Core Strength and Balance

Whittle your middle while improving balance! Utilize low/moderate intensity exercises along with stability balls and other balance equipment to enhance your workout. Orchard Fitness Center membership included.

Code	Location	Classes	Begins	Day	Time	Fee
3803	Orchard	16	3/24	M/F	1:15p-2:00p	\$56

### Dancing for Fitness NEW

Burn up the dance floor and burn calories too! No partners are needed for this cardio fitness class. Blend Latin dance moves such as the Salsa and Cha-Cha along with ballroom dances such as the Waltz into a fun high-energy dance workout that develops core strength and increases balance.

Code	Location	Classes	Begins	Day	Time	Fee
4046	Edgemoor	9	3/28	Fri	9:00a-9:45a	\$21

\$4

## Sample a Fitness Class

Try a class, no commitment!

### Fitness 101

Enjoy a new fitness program designed just for you, but work out in a group setting for more motivation! Instructor will customize your workout and track your progress. Cardio machines and weights are used. Orchard Fitness Center membership included.

Code	Location	Classes	Begins	Day	Time	Fee
3818	Orchard	16	3/25	Tu/Th	5:25p-6:10p	\$56

### Hard Charge Training Camp

Get geared up for the Hard Charge Challenge! Improve your overall strength and fitness as you muscle-up with this hard-core boot camp style workout! You will use unconventional weights such as cinder blocks, sandbags and your own resistance.

Circuit training using jump roping, pull-ups, abdominal work, plyometrics and more will also be incorporated. Each individual works out at their own pace and skill level.

Code	Location	Classes	Begins	Day	Time	Fee
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Beginning						
3843	Woodard	5	3/25	Tu	7:00p-7:45p	\$15
3844	Woodard	5	3/29	Sa	10:00a-10:45a	\$15

Advanced						
3841	Woodard	5	3/26	W	6:00p-6:45p	\$15
3842	Woodard	5	3/29	Sa	11:00a-11:45a	\$15

### Pilates

Control your body! This full-body conditioning routine develops core strength, spinal flexibility, improved posture and endurance in the legs, abdominals, arms, hips and back.

Code	Location	Classes	Begins	Day	Time	Fee
3963	Linwood	9	3/24	M	10:15a-11:00a	\$21

### Power Sculpt

The ultimate strength training program to build muscle! Challenge all of your muscle groups by using barbells, hand weights and weight room exercises. Instructor will focus on teaching correct lifting techniques, use of repetitions and selecting the right amount of weights to optimize muscle growth. Not for the first time weight lifter.

Code	Location	Classes	Begins	Day	Time	Fee
3969	Woodard	6	3/29	Sa	8:15a-9:00a	\$14



### Tai Chi

Find inner peace by practicing a series of gentle, flowing postures and movements to improve balance, coordination and relieve stress.

Code	Location	Classes	Begins	Day	Time	Fee
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Beginning						
3861	Edgemoor	9	3/24	M	11:15a-12:15p	\$28
3863	Edgemoor	9	3/26	W	6:00p-7:00p	\$28
3869	Evergreen	8	3/25	Tu/Th	6:00p-6:45p	\$19
3866	Evergreen	8	4/22	Tu/Th	6:00p-6:45p	\$19
3871	Orchard	18	3/25	Tu/Th	10:00a-10:45a	\$43

Intermediate						
3874	Orchard	18	3/25	Tu/Th	11:00a-11:45a	\$43

### Total Body Workout

Go from flab to fab! This class features cardio and strength training with hand-held weights, bands, balls and body resistance. Core work included.

Code	Location	Classes	Begins	Day	Time	Fee
3938	Edgemoor	9	3/25	Tu	10:15a-11:00a	\$21
3939	Edgemoor	9	3/27	Th	10:00a-10:45a	\$21
3940	Edgemoor	8	3/29	Sa	9:45a-10:30a	\$19

### Yoga

Learn basic gentle stretching, breathing, mental focus and relaxation techniques to improve health and posture. Practice precision and alignment by holding poses. Props may be used. Personal floor mats encouraged.

Code	Location	Classes	Begins	Day	Time	Fee
3857	Boston	9	3/24	M	9:00a-10:15a	\$36
3859	Boston	9	3/24	M	6:00p-7:15p	\$36
3868	Boston	9	3/26	W	9:00a-10:15a	\$36
3860	Boston	9	3/26	W	6:00p-7:15p	\$36
3886	Edgemoor	9	3/24	M	9:45a-10:45a	\$28
3891	Edgemoor	9	3/25	Tu	5:45p-6:45p	\$28
3894	Edgemoor	9	3/25	Tu	7:00p-8:00p	\$28
3895	Edgemoor	9	3/26	W	9:45a-10:45a	\$28
4038	Edgemoor	9	3/27	Th	6:00p-7:00p	\$28
3906	Evergreen	9	3/26	W	7:00p-7:45p	\$21
3909	Linwood	9	3/25	Tu	6:15p-7:15p	\$28

### Yoga—Kripalu

Hatha postures practiced gently with an emphasis on being present in your body and sustaining a flowing breath. This class allows you to choose the level of physical intensity that is right for your body.

Code	Location	Classes	Begins	Day	Time	Fee
3911	Auburn Hills	9	3/26	W	6:00p-7:00p	\$28
3913	Orchard	9	3/24	M	6:00p-7:00p	\$28
3914	Orchard	9	3/25	Tu	4:15p-5:15p	\$28
3915	Orchard	9	3/25	Tu	5:30p-6:30p	\$28
3916	Orchard	9	3/27	Th	4:15p-5:15p	\$28
3912	Orchard	9	3/27	Th	5:30p-6:30p	\$28

# ADULTS

## FITNESS

### Zumba Fitness®

Join the hottest dance and fitness craze! Sculpt your body with simple Latin dance steps, interval and resistance training for a fun filled rhythmic workout.

Code	Location	Classes	Begins	Day	Time	Fee
3919	Boston	9	3/24	M	6:00p-7:00p	\$28
3920	Boston	9	3/27	Th	6:45p-7:45p	\$28
3921	Edgemoor	9	3/24	M	9:00a-9:45a	\$21
3922	Edgemoor	9	3/24	M	5:30p-6:15p	\$21
3923	Edgemoor	9	3/26	W	9:00a-9:45a	\$21
3924	Evergreen	9	3/24	M	6:00p-6:45p	\$21
3925	Evergreen	9	3/25	Tu	7:30p-8:30p	\$28
3926	Evergreen	9	3/27	Th	6:00p-6:45p	\$21
3927	Evergreen	9	3/29	Sa	9:30a-10:15a	\$21
3928	Linwood	9	3/27	Th	5:45p-6:30p	\$21
3929	Orchard	18	3/24	M/W	5:45p-6:30p	\$43
3930	Orchard	8	3/29	Sa	9:00a-10:00a	\$25

### Zumba Gold®—Plus-Size

Just do it! Come join a fun cardio fitness class that is geared towards the needs of the plus-size individual or those who are body-conscious. A supportive group fitness program held in a private setting.

Code	Location	Classes	Begins	Day	Time	Fee
3931	Hyde Pk	8	3/24	M	7:00p-7:45p	\$19
3932	Hyde Pk	8	3/26	W	7:00p-7:45p	\$19

## BOXING

### Boxing Basics

Take advantage of these 5-week boxing classes! Learn proper techniques such as stance, jabs, power punches, footwork, hooks and uppercuts. Also learn offensive and defensive strategies to help you prepare for a match. This no-contact class features punching bags, speed bags and punching mitts instead. Boxing gloves are provided or you may bring your own.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
3776	Woodard	Women	3/24	M	6:00p-6:45p	\$16
3772	Woodard	Men	3/25	Tu	7:00p-7:45p	\$16
3775	Woodard	Women	3/28	F	5:30p-6:15p	\$16
3771	Woodard	Men	3/28	F	6:15p-7:00p	\$16
3781	Woodard	Women	3/29	Sa	11:00a-11:45a	\$16
3778	Woodard	Coed	3/29	Sa	12:00p-12:45p	\$16
<b>Intermediate</b>						
3777	Woodard	Women	3/24	M	7:00p-7:45p	\$16
3774	Woodard	Men	3/27	Th	7:00p-7:45p	\$16
3858	Woodard	Women	3/28	F	5:30p-6:15p	\$16
3856	Woodard	Men	3/28	F	6:15p-7:00p	\$16
3773	Woodard	Coed	3/29	Sa	1:00p-1:45p	\$16



### Boxing—Private Training

The fastest way to improve your boxing skills and move to the next level is with one-on-one training. Plus, it's also a dynamic work-out experience!

- \$15 per 30-minute private lesson.
- Lessons by appointment only.
- Contact Woodard Rec Center to register.
- No membership required!

### Boxing—Drop In

Not sure if your weekly routine can handle a regularly scheduled class? Drop in and work on individual boxing skills or with others. Practice will be no contact, but practice mitts can be used in ring. Instructor will be available for help. Fee is per visit.

Code	Location	Classes	Begins	Day	Time	Fee
None	Woodard	5	3/25	Tu	12:00p-12:30p	\$2

### Express Boxing Circuit NEW

A quick boxing workout that easily fits into your busy day! Enjoy circuit training and incorporate strengthening and conditioning drills through the use of medicine balls, squats, cardio jump roping, ladders, steps, bag work and more.

Code	Location	Classes	Begins	Day	Time	Fee
4075	Woodard	5	3/25	Tu	12:00p-12:30p	\$11
4076	Woodard	5	3/27	Th	12:15p-12:45p	\$11

### Pink Gloves Boxing®

What a knockout! Learn boxing skills while you develop strength and stamina with this women's only class. Circuit training at stations includes footwork drills, shadow boxing, bag work, total body strengthening and one-on-one time with the trainer. Boxing gloves provided or bring your own. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
3965	Evergreen	8	3/25	Tu/Th	5:30p-6:30p	\$49
3964	Evergreen	8	4/22	Tu/Th	5:30p-6:30p	\$49

## MARTIAL ARTS

### Chinese Internal Boxing

Learn ancient Chinese martial arts including boxing, kicking and self-defense tactics. Must take beginner's class and receive instructor approval before taking the intermediate level. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
3789	Linwood	9	3/24	M	7:00p-8:15p	\$29
<b>Intermediate</b>						
3790	Linwood	9	3/24	M	5:30p-7:00p	\$34

### Jiu-Jitsu

Your body becomes your weapon in this action packed class! Jiu-Jitsu is a weaponless grappling martial art using take downs, throws, sweeps and submissions. The class focuses on learning and applying fundamental techniques of Brazilian Jiu-Jitsu such as escapes, positioning and self-defense.

Code	Location	Classes	Begins	Day	Time	Fee
3877	Evergreen	9	3/24	M	6:00p-7:00p	\$26
3878	Evergreen	9	3/29	Sa	1:00p-2:00p	\$26

### Self-Defense Workshop

Be prepared to protect yourself in the event of a dangerous situation! Learn a variety of techniques to use in response to various attack scenarios such as use of pressure points, blocks, kicks and punches. Expect some hand-to-hand contact while practicing these control methods. Evergreen class is for ages 6+ and Linwood class is for ages 8+.

Code	Location	Classes	Begins	Day	Time	Fee
3972	Evergreen	1	5/10	Sa	10:00a-12:00p	\$9
3973	Linwood	1	3/29	Sa	9:00a-12:00p	\$14

### Tae Kwon Do

Work your way up the martial arts ladder! Develop physical agility and self-discipline through basic techniques while learning respect for yourself and others. Belt advancement opportunities are available. Ages 6+.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
3828	Edgemoor	18	3/25	Tu/Th	6:15p-7:15p	\$53
3830	Evergreen	18	3/25	Tu/Th	6:30p-7:30p	\$53
3831	Linwood	18	3/24	M/Th	6:45p-7:45p	\$53
3854	Orchard	18	3/24	M/W	6:00p-7:00p	\$53
<b>Intermediate</b>						
3829	Edgemoor	18	3/25	Tu/Th	7:15p-8:15p	\$53
3832	Linwood	18	3/24	M/Th	7:45p-8:45p	\$53
3855	Orchard	18	3/24	M/W	7:00p-8:00p	\$53

**Can't find the program you want to take?**

Call 268-4192 or email [bm McGuire@wichita.gov](mailto:bm McGuire@wichita.gov) and share your new class ideas!

## SPORTS



### Archery

Aim, set, release! Learn archery fundamentals, shooting skills and safe conduct. Offered by Wichita Shooting Stars. Contact Linwood for more information. Ages 8+.

Code	Location	Classes	Begins	Day	Time	Fee
3730	Archery Rge	5	4/21	M	6:15p-7:45p	\$20
3731	Archery Rge	5	4/22	Tu	6:15p-7:45p	\$20

### Basketball—Women's Open Gym NEW

Come have a ball! Ladies, it's time to shoot some hoops and play some pick-up games in a fun and relaxed environment. All levels of play are welcome! Fee is per visit.

Code	Location	Classes	Begins	Day	Time	Fee
None	Woodard	5	3/28	F	6:00p-8:00p	\$1

# LEARN TO ROW

Wichita Rowing Association

### CLASSES

- ADULT INTRO TO ROWING
- ADULT LEARN TO ROW SESSION
- JUNIOR INTRO WORKSHOP

Saturday Morning & Weekday Evenings

REGISTER & LEARN MORE ONLINE AT [WICHITAROWING.ORG](http://WICHITAROWING.ORG)

Wichita Rowing Association

# ADULTS

## SPORTS

### Disc Golf

This is a new spin on an old game! Learn about the types of discs, techniques for throwing, rules and scoring. Put those skills to the test as you play a round of 9 holes. **Offered by Air Capital Disc Golf Club.** Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
4074	Herman Hill Pk	1	5/17	Sa	10:00a–12:00p	\$8

### Futsal

Are you ready from some Futsal? This international term for mini-soccer, which is played on basketball-sized courts without side walls, allows players to frequently touch the ball and score goals often. The focus will be on goalkeeping, ball handling, scoring and rules along with team play.

Code	Location	Classes	Begins	Day	Time	Fee
3833	Evergreen	9	3/24	M	7:30p–9:00p	\$23

### Sand Volleyball—Coed Team

Get a great workout while playing in the sand! Register as a team for this 6-on-6 self-officiated league. Intermediate teams should have proficient skills. T-shirts will be awarded to the team with the best record. Fee is per team with a maximum of eight on a roster. Must have all players' information and payment to register. Register as a team. Contact Watson Park if you would like to be assigned to a team. Ages 18+.

Code	Location	Classes	Begins	Day	Time	Fee
4008	Watson Pk	6	4/22	Tu	6:15p–8:00p	\$60

### Tennis

Game, set, match! Learn basic tennis fundamentals, rules and game strategies.

Code	Location	Classes	Begins	Day	Time	Fee
4039	Edgemoor	5	4/22	Tu	7:00p–8:00p	\$25

## DANCE

### Ballroom Dance

Spin your way onto the dance floor! Learn some of the most popular ballroom dances such as the East Coast Swing and the Waltz. Fee is per person; couples encouraged.

Code	Location	Classes	Begins	Day	Time	Fee
3739	Minisa Pk	9	3/26	W	7:00p–8:00p	\$32

### Belly Dance

Shimmy your way into shape as you isolate and work various body parts such as the shoulders, chest and stomach. For beginners only.

Code	Location	Classes	Begins	Day	Time	Fee
3755	Linwood	8	3/26	W	6:00p–7:00p	\$30

### Belly Dance Combinations and Props

Take your skills to the next level with new dance steps with this intermediate class. Discover how to use props such as veils, canes and zils.

Code	Location	Classes	Begins	Day	Time	Fee
3757	Linwood	8	3/26	W	7:00p–8:00p	\$30

### Belly Dance Choreography

If your hips don't lie, this class is for you! Experienced belly dancers will progress into advanced moves and belly dance choreography. Instructor approval required for this advanced class.

Code	Location	Classes	Begins	Day	Time	Fee
3756	Linwood	8	3/27	Th	7:00p–8:00p	\$30

### Big Band Dancing

Swing with style! Learn basic dances such as the Waltz, Foxtrot, Salsa and Swing. Student requests also accepted. Lessons are designed to prepare you to dance socially with a lot of fun and confidence. No on-line registration for the couples class. Please call Edgemoor Recreation Center to register.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Couples (fee is per couple)</b>						
3758	Edgemoor	8	3/31	M	7:00p–7:45p	\$44
<b>Singles (fee is per person)</b>						
3760	Edgemoor	8	3/31	M	6:00p–6:45p	\$22
3759	Edgemoor	6	4/12	Sa	11:45a–12:30p	\$16

### Clogging

Feel the beat in this high energy folk dance! Learn to create audible rhythms with your feet. You must provide your own clogging shoes.

Code	Location	Classes	Begins	Day	Time	Fee
3481	Kiwanis Pk	9	3/24	M	6:00p–7:00p	\$32

### Country Line Dance

Get your boots a scootin'! Learn the most popular dances such as the Tush Push and more. No partner required.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
3804	Edgemoor	6	4/12	Sa	10:45a–11:30a	\$17
3805	Linwood	9	3/25	Tu	6:30p–7:30p	\$34
3806	Orchard	9	3/27	Th	6:30p–7:30p	\$34
<b>Intermediate</b>						
3807	Orchard	9	3/27	Th	7:45p–8:45p	\$34

### East Coast Swing Dance—Intermediate

Dance to impress! This class goes beyond the basics with additional work on turns, tucks, ducks and spins. Music will be both country swing and old-time rock-n-roll. No online registration for this class. Fee is per couple.

Code	Location	Classes	Begins	Day	Time	Fee
3817	Linwood	8	3/27	Th	7:00p–8:00p	\$58

### Latin Dancing

Spice up your moves while learning the Salsa, Mambo, Cha-Cha, Rumba and Cumbia dance techniques.

Code	Location	Classes	Begins	Day	Time	Fee
3897	Boston	9	3/27	Th	5:30p–6:30p	\$32



### Night Club Two-Step

Learn basic timing and footwork to Country Western's most popular slow dance. No online registration for this class. Fee is per couple. Call Linwood Recreation Center to register.

Code	Location	Classes	Begins	Day	Time	Fee
3956	Linwood	8	3/27	Th	8:00p–9:00p	\$58

### Round Dancing

It's time to circle up and promenade! Learn both traditional and newer round dances where couples progress in a circular pattern around the room. Following the instructor's cues, dancers will learn some basic dance steps and figures; such as the two-step, box, traveling box and more. Couples preferred. Fee is per person.

Code	Location	Classes	Begins	Day	Time	Fee
3971	Kiwanis Pk	9	3/27	Th	7:00p–8:00p	\$32

## ART

### Create A Comic Strip

Zap! Wham! Pow! Learn the whole process of making a comic book from creating and designing your characters, writing a script and finalizing your storyboard. Ages 10+.

Code	Location	Classes	Begins	Day	Time	Fee
3796	Edgemoor	4	3/29	Sa	11:30a–12:30p	\$20
3795	Edgemoor	4	4/26	Sa	11:30a–12:30p	\$20

### Drawing in Perspective

Add dimension to your drawings! Students will learn one-point and two-point perspective techniques to assist in drawing buildings, roads and simple 3-D objects. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
3816	Edgemoor	1	4/25	F	6:00p–7:30p	\$7

### Drawing Manga & Superheroes NEW

East meets West in this class for comic creativity! Learn about the unique features and characteristics to illustrate both Manga and Superhero characters and learn about the different features and characteristics of each. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
4145	Edgemoor	3	5/2	F	6:00p–7:30p	\$22

### Oil Painting

Dream big as you choose your next project! Work one-on-one with the instructor to boost your artistic skills. This course is for everyone from basic to advanced painters. Bring supplies.

Code	Location	Classes	Begins	Day	Time	Fee
3957	Edgemoor	8	3/24	M	1:30p–3:30p	\$54

### Portrait Drawing

Heads up! Learn the art of drawing portraits by understanding the proper proportions of the head along with the eyes, nose, mouth, and ears. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
3898	Edgemoor	3	3/28	F	6:00p–7:30p	\$22

### Shading Techniques

Set the tone for your drawings! Create the illusion of depth and three-dimensions by learning to create various shades of gray using techniques such as hatching, cross-hatching and squiggling. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
3975	Edgemoor	1	4/18	F	6:00p–7:30p	\$7

## MUSIC

### Guitar

Strum your heart out! Learn guitar basics including tuning, strumming chords, understanding guitar charts, tablature and reading music. Students must bring own guitar.

Code	Location	Classes	Begins	Day	Time	Fee
3838	Linwood	8	3/25	Tu	7:30p–8:30p	\$33

## Private Music Lessons

Can you feel the beat? Improve your skills quickly with one-on-one private lessons. Each lesson is tailored to the individual needs of the student and are held by appointment only. Fee is \$13 per 30 minute lesson. Contact Lynette Woodard Recreation Center to register.

### Guitar NEW

Play like a rock star! Students will study the basic mechanics, chords, scales, beginning notes, how to tune, reading and tablature. Learn to play all styles of music. Purchase of book will be required after the first lesson. Bring your own acoustic or electric guitar. Amp will be available.

- Lessons held Wednesday–Saturday
- Age 8 and up

### Piano

Become a treble maker! Students will be taught the foundation of playing the piano which includes notes, chords, staff, rhythm, phrasing and dynamics. Purchase of selected piano book required after first lesson.

- Lessons held Monday–Saturday
- Ages 7 and up



## FLAVORS OF THE WORLD

Take your cooking skills worldwide in these one-day workshops that explore foods from around the world. Each class includes a light meal, printed recipes and hands-on experience. Registration deadline for these one-time classes is the Friday prior to the day of class. **Offered by BETA@Butler Community College.**

### Asia **NEW**

Discover the secrets behind the exotic flavors of Vietnam, Thailand, Korea and other Asian countries.



Code	Location	Classes	Begins	Day	Time	Fee
4080	Boston	1	3/25	Tu	6:30p–8:30p	\$25

### Central/South America **NEW**

From Mexico to Brazil and Argentina, the flavors of our neighbors to the south beckon. Authentic enchiladas, steak and chimichurri sauce, empanadas and much more.



Code	Location	Classes	Begins	Day	Time	Fee
4081	Boston	1	4/8	Tu	6:30p–8:30p	\$25

### Mediterranean **NEW**

A condensed version of our popular winter classes, you'll cook—and eat—dishes from Spain, France, Italy, Greece and Lebanon.



Code	Location	Classes	Begins	Day	Time	Fee
4082	Boston	1	4/22	Tu	6:30p–8:30p	\$25

### Caribbean **NEW**

Island food is a breeze! Master spicy jerk chicken, fruit salsas, lively seafood dishes and more.



Code	Location	Classes	Begins	Day	Time	Fee
4083	Boston	1	5/6	Tu	6:30p–8:30p	\$25



## INTERNATIONAL VEGETARIAN CUISINE

This series focuses on techniques to help students prepare bold, creative, healthy and delicious vegetarian cuisine in your own kitchen. Each class includes a light meal, printed recipes and hands-on experience. Registration deadline for these one-time classes is the Thursday prior to the day of class. **Offered by Garden Grill Café.**

### Herbs & Spices **NEW**

It's time to spice it up! Discover some wonderful spices such as black caraway and lavender juniper that can dramatically enhance the flavors of your dishes. Use your new spice knowledge while learning to prepare a variety of stews and soups using lentils, garbanzo beans, leeks, butternut squash and more! Knife skills will also be covered.



Code	Location	Classes	Begins	Day	Time	Fee
4139	Orchard	1	4/6	Su	4:00p–7:00p	\$25

### Enticing Entrees **NEW**

Enjoy flavors from around the world! Learn how to use tofu, seitan and vegetable proteins in your tamales, spanakopita and black bean burger.



Code	Location	Classes	Begins	Day	Time	Fee
4140	Orchard	1	4/13	Su	4:00p–7:00p	\$25

### Sauces & Dressings **NEW**

Great sauces can make the meal! Learn to how to make fabulous sauces such as key lime, marinara, alfredo, cheese red curry emulsion, Thai and much more.



Code	Location	Classes	Begins	Day	Time	Fee
4141	Orchard	1	5/4	Su	4:00p–7:00p	\$25

### Breakfasts **NEW**

Start your day off right! Make simple—yet amazing—breakfasts even your child will enjoy. Prepare coconut lime oatmeal, scramble bean curd, crunch millet waffle, dark chocolate sauce, tofu whipped cream, zucchini muffins, millet & quinoa supper bar and more.



Code	Location	Classes	Begins	Day	Time	Fee
4142	Orchard	1	5/18	Su	4:00p–7:00p	\$25

## COOKING

### Cooking for Yourself

Be your own personal chef! Individuals with intellectual disabilities will learn to cook healthy meals and snacks. Learn how to measure, follow a recipe and select the right foods and ingredients to make the food melt in your mouth. Ages 18+.



Code	Location	Classes	Begins	Day	Time	Fee
3797	Orchard	4	4/2	W	5:30p–7:00p	\$25

### Creative Salads **NEW**

Are the traditional veggies on your salad leaving you unsatisfied? Learn about alternative foods that can add crunch or sweetness and still fill you up. Make an apple flavored vinaigrette salad dressing that is low-fat yet full of flavor.

**Offered by K-State Extension.**

Code	Location	Classes	Begins	Day	Time	Fee
4084	Woodard	1	4/17	Th	6:00p–7:30p	\$10

### Hispanic Cooking

Make mouth-watering authentic dishes ranging from flour tacos to enchiladas. You'll be a hit at your next fiesta! Food is provided. Registration deadline is March 24.

Code	Location	Classes	Begins	Day	Time	Fee
3850	Evergreen	5	3/26	W	6:30p–7:30p	\$29

### Homemade Pies

Taste a little slice of heaven! Don't be intimidated by homemade pie crust. Watch a pie making demonstration, learn some tips and then practice on your own mini pies. Choose from an array of pie fillers such as apple, peach, cherry and more. Bring a rolling pin and apron. Registration deadline is April 10.

Code	Location	Classes	Begins	Day	Time	Fee
3851	Woodard	1	4/12	Sa	10:00a–12:00p	\$15

### Seafood Celebration **NEW**

Don't be intimidated by cooking seafood! Discover several inexpensive and healthy ways to prepare fish or seafood. Understand more about the healthiest fish alternatives and why seafood is important for our diet. Also learn about fish freshness, purchasing and proper storage. Students will make several low-fat fish recipes using canned salmon, tilapia and more. **Offered by K-State Extension.**

Code	Location	Classes	Begins	Day	Time	Fee
4085	Woodard	1	5/1	Th	6:00p–7:30p	\$10

### Tour of Italy

Buon appetito! Your friends and family will be thanking you when you learn how to prepare some of the most popular Italian dishes such as lasagna, Italian pasta, stuffed bread, parmigiana fillet and spaghetti. Registration deadline is March 28.

Code	Location	Classes	Begins	Day	Time	Fee
3884	Evergreen	5	3/29	Sa	11:00a–12:00p	\$29

## LANGUAGES

### American Sign Language

Let your hands do the talking! We'll teach you to spell the alphabet along with simple words or phrases.

Code	Location	Classes	Begins	Day	Time	Fee
3729	Evergreen	9	3/24	M	6:30p–7:30p	\$31

### French

Parlez-vous Francais? If you don't speak French, you will after picking up the basic grammar, numbers and essential phrases for everyday French conversation. Students must purchase "Passport Books" by Andela Wilkes.

Code	Location	Classes	Begins	Day	Time	Fee
3825	Edgemoor	9	3/25	Tu	5:30p–7:00p	\$41

### Spanish

Boost your communication skills by learning a new language! Practice common words, phrases and sentence structures. Edgemoor requires the textbook "Spanish in 10 Minutes a Day." Intermediate courses are for students who have taken beginning course; advanced courses must have taken beginning and intermediate.

Code	Location	Classes	Begins	Day	Time	Fee
3992	Edgemoor	9	3/26	W	5:30p–7:00p	\$41

3995	Evergreen	9	3/26	W	6:15p–7:45p	\$41
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3996	Evergreen	9	3/29	Sa	10:30a–12:00p	\$41
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#### Intermediate

3994	Edgemoor	9	3/26	W	7:00p–8:30p	\$41
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3997	Evergreen	9	3/29	Sa	12:00p–1:30p	\$41
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#### Advanced

3993	Evergreen	9	3/29	Sa	9:00a–10:30a	\$41
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### Spanish in the Workplace

It's not always necessary to master the entire Spanish language! Learn key phrases, idioms and structures to communicate with customers, patients, citizens and co-workers. Designed for newcomers who wish to take control of their Spanish workplace communications.

Code	Location	Classes	Begins	Day	Time	Fee
3998	Evergreen	9	3/25	Tu	10:00a–11:30a	\$41

3999	Evergreen	9	3/27	Th	6:30p–8:00p	\$41
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**Registering is easy**  
with Online Registration at [Wichita.gov](http://Wichita.gov)



# ADULTS

## TECHNOLOGY

### Maximizing Your Technology

Lose your fear of technology and learn to embrace it! Discuss the digital revolution and how it affects you through the use of smart phones, social media, texting, GPS, games and the many available apps. Learn how to protect your personal data from scams and other security issues and discuss future trends that can help improve your life. Class is interactive and discussion based.

Code	Location	Classes	Begins	Day	Time	Fee
3907	Edgemoor	6	3/27	Th	10:00a-11:00a	\$25
3908	Edgemoor	6	3/27	Th	7:00p-8:00p	\$25

## PHOTOGRAPHY

(Bring Camera and memory card)

### Advanced Photography Techniques **NEW**

Ready. Set. Shoot! This advanced photography class will explore macro techniques along with the freezing action of water droplets or small airborne objects. Also learn how to give your subjects more pizzaz by controlling the color of the background.

Code	Location	Classes	Begins	Day	Time	Fee
4035	Edgemoor	3	5/15	Th	6:00p-8:00p	\$25

### Digital Photography Basics

Beginning shutterbugs explore camera functions, composition, editing, printing and archiving. Bring camera and memory card.

Code	Location	Classes	Begins	Day	Time	Fee
3813	Orchard	3	3/31	M	6:00p-8:00p	\$25

### Digital Photography for the SLR User

Enhance your photography skills! This course is designed for cameras with a removable lens and covers basic camera settings, exposure, depth of field and composition along with common issues. Bring camera, camera manual and digital work examples. Non-SLR camera owners may attend this class as many of the topics/exercises can be used on point-and-shoot cameras.

Code	Location	Classes	Begins	Day	Time	Fee
3814	Edgemoor	2	4/24	Th	6:00p-8:30p	\$21

### Macro Nature Photography **NEW**

Expand your creative vision! Walk Wichita's Botanica Gardens and turn flowers, butterflies and insects into abstract works of art. Learn the various techniques of getting exciting close-up photos through the use of lenses, reflectors, flash and filters.



Code	Register	Classes	Begins	Day	Time	Fee
4143	Any Rec Center	4	4/10	Th	6:00p-7:30p	\$30

### Night Photography

Take the mystique out of getting a good night photo! Visit the Keeper of the Plains, WSU and the Delano and Downtown districts for photo shoots to learn how to determine the correct settings for different night time situations. Also learn creative techniques such as painting with light and ghosting effects. Bring a tripod and good walking shoes.

Code	Location	Classes	Begins	Day	Time	Fee
4074	Various	4	4/2	W	7:30p-9:00p	\$23

### Outdoor Digital Photography

Shoot like a pro! Improve your outdoor photographs by understanding more about camera basics and how to control light. Learn about using flash, reflectors, filters and other outdoor accessories along with low light techniques.

Code	Location	Classes	Begins	Day	Time	Fee
3958	Orchard	3	4/28	M	6:00p-8:00p	\$25

### Taking Better Cell Phone Photos

Be smarter than your smart phone! Get the most from your camera phone by learning how to shoot in low/ bright light, compose and frame your shot, adjust the resolution, use white balance and which camera apps can enhance your images.

Code	Location	Classes	Begins	Day	Time	Fee
4066	Park Villa	1	5/3	Sa	10:00a-11:30a	\$12

## HOME IMPROVEMENT

Offered by The Home Depot

### Ceramic Tile

We've got this covered! Discover how to install ceramic tile floors, walls and countertops. You will learn to grout like a pro and the results will be stunning.

Code	Location	Classes	Begins	Day	Time	Fee
4067	Edgemoor	1	4/26	Sa	10:00a-12:00p	\$8

### Simple Concrete Repairs

Sometimes home ownership isn't all it's cracked up to be! Moisture and temperature extremes can take a toll on concrete. Cracks in the driveway, sidewalks and patio can be fixed easily with just a few tools and a few minutes of your time. Also learn how to repair small areas of scaling and replace that missing chunk off your front step.

Code	Location	Classes	Begins	Day	Time	Fee
4068	Orchard	1	5/3	Sa	10:00a-12:00p	\$8

### Staining & Refinishing **NEW**

Do you love Vintage Chic? Get a quick overview on the importance of stripping the old finish thoroughly and other preparation measures to ensure the wood is ready for stain. Basic staining techniques and general repair will also be covered along with selecting the right stains and finishes.

Code	Location	Classes	Begins	Day	Time	Fee
4069	Linwood	1	4/12	Sa	10:00a-12:00p	\$8



## BEAUTY

### Braiding

Have you tried French braiding, but are confused about what strands go where? Receive step-by-step instructions on how to properly divide and intertwine the hair to create that beautiful French braid, fishtail and two-strand twist. Also learn how to prepare the hair for braiding and helpful accessories to make the process easier. Bring a person with long hair so you can practice.

Offered by Hair & Shampoo Center.

Code	Location	Classes	Begins	Day	Time	Fee
4062	Hair & Shp Ctr.	1	3/30	Su	1:30p-3:00p	\$8

### Caring for Your Daughter's Hair

You'll soon smile while you style! Taking care of a young girl's hair can be difficult and frustrating for anyone, but especially for a dad. Learn and practice proper ways to wash, dry and comb out hair, the secret to a perfect pony and using hair accessories. Find out which products are best for your daughter's hair to make it more manageable. Parent registers; bring your child to class. Moms are welcome too. Offered by Hair & Shampoo Center.

Code	Location	Classes	Begins	Day	Time	Fee
4063	Hair & Shp Ctr.	1	5/4	Su	1:30p-3:00p	\$8

### Easy Updos **NEW**

Get ready for prom or that special occasion! Learn how to create three easy updos by yourself using bobby pins, combs, elastics, hairspray and a second mirror to ensure perfect placement.

Offered by Hair & Shampoo Center. Ages 14+.

Code	Location	Classes	Begins	Day	Time	Fee
4064	Hair & Shp Ctr.	1	4/13	Su	1:30p-3:00p	\$8

### Get MesmerEYEd

All eyes are on YOU! A professional make-up and wardrobe stylist will help you master the perfect smokey-eye and teach expert techniques so your eye shadow compliments any look.

Code	Location	Classes	Begins	Day	Time	Fee
3837	Evergreen	5	3/29	Sa	12:00p-1:00p	\$20

### Make-Up 101

Whether you have fair skin, dark skin, or any shade in between, this class will give you all the tips you need to achieve any look from the office to the dance floor.

Code	Location	Classes	Begins	Day	Time	Fee
3904	Evergreen	5	3/29	Sa	11:00a-12:00p	\$20

## HOBBIES & LEISURE

### Arkansas River History Stroll **NEW**

Join a park historian for a walking tour along the Arkansas River downtown to learn more about the 50-acre island that formerly housed an amusement park and a baseball field. Hear the history of the Chisholm Trail, the Midland Valley Depot and Ben McLean along with the current architectural elements such as the bridges and buildings.

Code	Location	Classes	Begins	Day	Time	Fee
4070	Arkansas Rvr	1	5/8	Th	5:30p-7:00p	\$10

### Ghost Academy

Is there something strange—in your neighborhood? Prepare to investigate by learning the technical aspects involved including equipment, terminology, techniques, different types of paranormal activity and evidence review. Listen to actual investigation recordings from the Wichita Sedgwick County Historical Museum, Cowtown, Orpheum Theater and others.

Offered by the Wichita Paranormal Research Society.

Code	Location	Classes	Begins	Day	Time	Fee
4071	Linwood	1	4/12	Sa	1:00p-4:00p	\$15

### I Love Duct Tape

Are you crazy for duct tape? Make awesome accessories such as wallets, bags, bracelets, cell phone cases or flip flops from the funkiest duct tape colors around. Duct tape supplied for the first class.

Code	Location	Classes	Begins	Day	Time	Fee
3870	Linwood	4	3/29	Sa	10:30a-12:00p	\$25

### Jewelry Creations

Bead dazzled! Class covers beading basics and wire work including handmade clasps and ear wires. Students provide 20-gauge copper wire and beads.

Code	Location	Classes	Begins	Day	Time	Fee
3875	McAdams	7	3/29	Sa	2:00p-4:00p	\$58

### Metal Detecting

Become a gold digger! This one-day class will inform you about the tools of the trade, basic detecting techniques, target identification and recovery of your treasure. Offered by Wheat State Treasure Hunters.

Code	Location	Classes	Begins	Day	Time	Fee
4072	Linwood	1	4/5	Sa	1:00p-4:00p	\$12

### PINTERESTing Crafts

Impress your friends by making crafts featured on Pinterest! They're not only eye catching but also functional! Create home decor and gifts such as personalized canvas shopper bags, picture frame jewelry holders, T-shirt cardigans, summer bracelets and stained glass candle holders.

Code	Location	Classes	Begins	Day	Time	Fee
3966	Evergreen	5	3/29	Sa	10:00a-11:00a	\$20

## HOBBIES & LEISURE

### Reading the Tarot **NEW**

We predict you will love this class! Students will learn about the different types of decks and the history of tarot. Focus will be on learning the meanings of the cards and how to interpret them so you can do readings for yourself and others. Cards provided or bring your own.



Code	Location	Classes	Begins	Day	Time	Fee
4065	Boston	6	4/3	Th	6:30p-8:00p	\$35

### Sewing

Save money and express your own style! Sewing machines provided for machine stitch and sew-by-hand. Learn to read patterns to make clothing, drapes and more. Students will receive a supply list the first day of class.

Code	Location	Classes	Begins	Day	Time	Fee
3974	McAdams	7	3/29	Sa	12:00p-2:00p	\$50

### Wine Appreciation 101 **NEW**

Let's toast to the wonderful world of wine! A knowledgeable wine expert will guide you through the proper way to taste wine. Enjoy a fun assortment of six red, white and sparkling wines from around the world and discover what types of wines you like best. Offered by Auburn Spirits. Contact Edgemoor for more information. Ages 21+.

Code	Location	Classes	Begins	Day	Time	Fee
4058	Auburn Spirits	1	4/3	Th	6:30p-8:00p	\$25



**Great Things are Happening at WICHITA PUBLIC SWIMMING POOLS!**

**LOWER PRICES! ONLINE REGISTRATION!**

Drownings are on the rise, but education on water safety and learning to swim are the best ways to stay safe!

Wichita Park & Recreation is committed to helping the community by reducing swim lesson fees to just \$25 for a two week class!

And for your convenience, you can sign up online for swim lessons between April 21—May 23. (regular registration held at the pools starting May 26.)

**American Red Cross Swimming Lessons**

Wichita Park & Recreation will once again offer levels 1-6 as well as Tot Aquatics and Parent/Tot classes. Adult Aquatic classes and private or semi/private swim lessons will also be available.

**POOLS OPEN MAY 26**

For more information about Wichita Public Swimming Pools, including locations, hours, daily admission fees, season passes, and more, check the website at [wichita.gov](http://wichita.gov) starting in April.



## FITNESS

### Bokwa®

Sweat the alphabet and dance the digits! Bokwa is a brand new cardio fitness craze that is based on foot movements that follow the shape of letters and numbers. The steps are easy and repetitive, no counting beats and no dance experience necessary for this high energy workout.

Code	Location	Classes	Begins	Day	Time	Fee
4041	Orchard	9	3/26	W	9:15a-10:00a	\$21

### Dancing for Fitness **NEW**

Burn up the dance floor and burn calories too! No partners are needed for this cardio fitness class. Blend the Latin dance moves such as the Salsa and Cha-Cha and ballroom dances such as the Waltz into an easy to follow workout that develops core strength and increases balance.

Code	Location	Classes	Begins	Day	Time	Fee
4044	Edgemoor	9	3/28	F	10:00a-10:45a	\$21

### Forever Fit

A low impact fitness class which promotes increased strength, range of movement, balance and flexibility with the use of hand-held weights and elastic tubing with handles. A chair is used for seated and/or standing support.

Code	Location	Classes	Begins	Day	Time	Fee
3823	Edgemoor	9	3/25	Tu	9:15a-10:00a	\$21
3824	Edgemoor	9	3/27	Th	9:00a-9:45a	\$21
3822	Linwood	9	3/24	M	9:15a-10:00a	\$21

### Stretch and Tone

Get energized! Stay active and improve muscle tone and flexibility. Bring your own exercise mat. Contact Linwood for more information.

Code	Location	Classes	Begins	Day	Time	Fee
4007	Goldenrod Pk	9	3/24	M	9:30a-10:15a	\$21
4006	Goldenrod Pk	9	3/28	F	9:30a-10:15a	\$21

### Yoga

Can you say ohmmmm? You'll love this Yoga class which will move you through basic stretches and poses. Bring your own mat.

Code	Location	Classes	Begins	Day	Time	Fee
3910	Linwood	9	3/26	W	9:30a-10:15a	\$21

## HOBBIES & LEISURE

### Domino Club

Dominate the dominos! Come and enjoy structured domino play. Players will participate in a singles/doubles championship tournament during the final week of the program. Snacks are provided weekly.

Code	Location	Classes	Begins	Day	Time	Fee
3815	McAdams	9	3/29	Sa	4:00p-6:00p	\$29

### Macro Nature Photography **NEW**

Expand your creative vision! Walk Wichita's Botanica Gardens and turn flowers, butterflies and insects into abstract works of art. Learn the various techniques of getting exciting close-up photos through the use of lenses, reflectors, flash and filters. Bring camera and memory card.

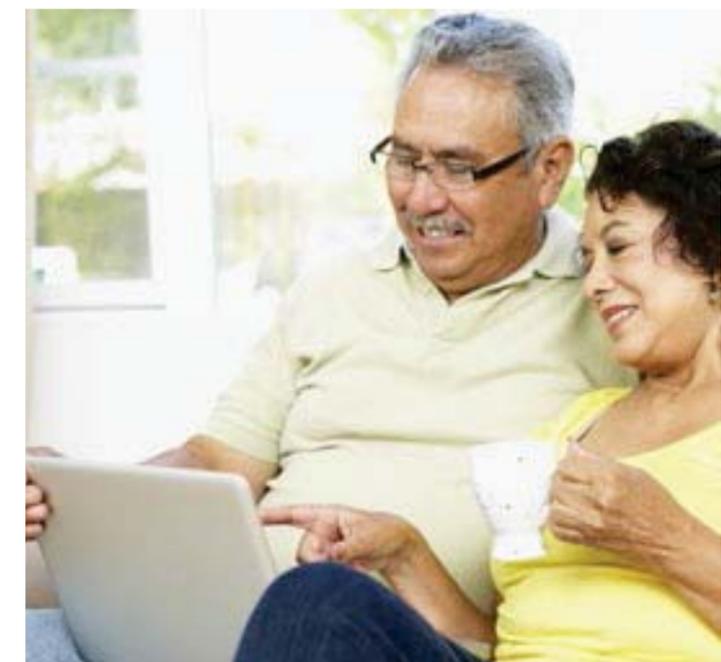
Code	Register	Classes	Begins	Day	Time	Fee
4144	Any Rec. Center	4	4/10	Th	6:00p-7:30p	\$30

## TECHNOLOGY

### Maximizing Your Technology

Lose your fear of technology and learn to embrace it! Discuss the digital revolution and how it affects you through the use of smart phones, social media, texting, GPS, games, and the many available apps. Learn how to protect your personal data from scams and other security issues and discuss future trends that can help improve your life. Class is interactive and discussion based.

Code	Location	Classes	Begins	Day	Time	Fee
3907	Edgemoor	6	3/27	Th	10:00a-11:00a	\$25
3908	Edgemoor	6	3/27	Th	7:00p-8:00p	\$25



# Ralph Wulz Riverside Tennis Center

551 Nims • 337-9257

## HOURS OF OPERATION

Mon–Thurs: 8:30 am–9:30 pm • Fri: 8:30 am–8:00 pm  
Sat: 8:00 am–6:00 pm • Sun: 11:00 am–7:00 pm

### Court Rates

Courts may be reserved in advance by using a Visa or MasterCard debit/credit card. Memberships are available which include discounted court rates and lessons. Must reserve up to 3 days in advance.

**Indoor** \$16/hr      **Outdoor** \$4/hr  
24 hour cancelation policy

### Rates

#### Private Lessons

Private instruction is available by contacting Riverside and setting up a time to work with your favorite Riverside Pro.

**Director of Tennis Private**  
1 or 2 people: \$48/hr

**Certified Staff Pro Private**  
1 or 2 people: \$40/hr

**Semi-Private**  
3 or 4 people: \$60/hr

**Semi-Private**  
3 or 4 people: \$54/hr

## Junior Group Evening Lessons

All participants are grouped by ability and must register by session.

**Tots:** This class helps to develop motor skills and eye-hand coordination while learning the basic of tennis.

**Beginners:** Players are grouped by ability to learn basic tennis strokes and rules of the game in a fun atmosphere.

**Intermediate:** Strategy becomes a bigger aspect of this class, with stroke production emphasized. Students are grouped by ability.

**Advanced:** This class focuses strictly on rallying with emphasis on proper technique.

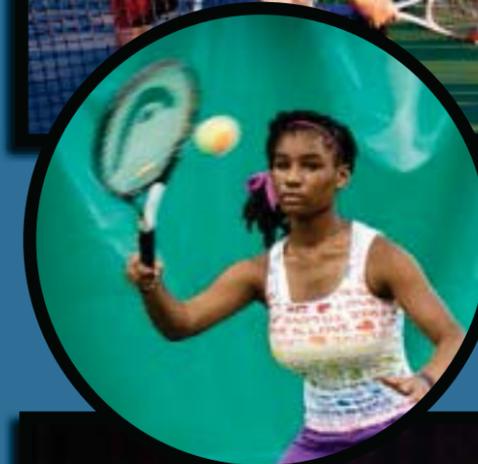
**High Performance:** This class is for highly skilled players who have meet specific requirements. Players will only focus on strategy.

#### April Session dates are week of: March 31 – April 25

Tots	Mon	5:30–6:30 p	Ages 4–8	\$36
Beginner	Mon/Fri	6:30–7:30 p	Ages 8–12	\$72
Intermediate	Wed/Fri	5:30–6:30 p	Ages 8–18	\$72
Advanced	Tue/Th	5:30–6:30 p	Ages 10–18	\$72
High Performance	Tues/Th	5:30–6:30 p	Ages 12–18	\$72

#### May Session dates are week of: April 28 – May 30

Tots	Mon	5:30–6:30 p	Ages 4–8	\$45
Beginner	Mon/Fri	6:30–7:30 p	Ages 8–12	\$90
Intermediate	Wed/Fri	5:30–6:30 p	Ages 8–18	\$90
Advanced	Tue/Th	5:30–6:30 p	Ages 10–18	\$90
High Performance	Tues/Th	5:30–6:30 p	Ages 12–18	\$90



## Adult Leagues

**Coed Drop-in Doubles—Weather permitting**  
Players of all abilities can come to Riverside around 6:20p to get your name on the list and the RTC staff will match players up for a night of round robin doubles players.

April 7 – June 2 | Mon | 6:30–8:30 p | \$3 per night

**Men's Singles**—Open to men with NTRP ratings of 3.0 and above. Run as a flight league where you advance based on your win-loss record from the previous week.

April 29 – May 27 | Tues | 7:30 p–9:00 p | \$24

**Men's Doubles 3.0+**—Open to men with NTRP ratings of 3.0 and above. Run as a flight league where you advance based on your win-loss record from the previous week.

May 1 – May 29 | Thurs | 7:30 p–9:00 p | \$16

## Adult Group Lessons

### Beginner Drill

This drill is for new players with little or no experience. The emphasis is on stroke production and includes some point play.

March 30 – June 1 | Sun | 11:30 a–1:00 p | \$13/class

### Intermediate Drill

Perfect for players with some experience who want to gain strategy guidance. The first half is spent refining technique, and the second half is spent introducing doubles strategy. Some ability to rally is required to participate.

March 30 – June 1 | Sun | 1:00 p–2:30 p | \$13/class

### Advanced Drill

This drill, designed for players with playing experience, spends the first half focusing on stroke production. The second half is spent working on doubles strategy and patterns of play. Ability to rally consistently is required to participate.

April 2 – June 4 | Wed | 6:30 p–8:00 p | \$13/class  
April 5 – June 8 | Sat | 9:00a–10:30 a | \$13/class



## SATISFACTION GUARANTEED!

You are important to us! Wichita Park & Recreation is committed to excellence by providing high-quality programs and services for you. If you or a family member is not satisfied with a class, program or activity offered by the City, let us know your concerns in writing. We will arrange for one of the following:

- Repeat the program at no additional charge.
- Receive a credit that may be applied to another activity.
- Receive a refund (allow 4 weeks to process). A partial refund may be given to programs with supply, lab or reservation fees.

## BETTER CUSTOMER SERVICE!

To facilitate prompt, effective customer response and service, Wichita Park & Recreation is offering e-mail confirmation receipts to those customers with e-mail addresses in our records. Please provide your e-mail address to make the registration and receipt process faster, easier, and more accurate. We will continue to mail paper receipts via the U.S. Postal Service for those without e-mail if requested.

## POLICIES

It is the policy of this department to promote customer satisfaction for all programs and services. The following policies pertain to all Recreation programs unless otherwise noted in the program description.

- 1. CLASS CANCELLATIONS.** If Wichita Park & Recreation Department cancels a program, changes a location or time and you cannot attend, or if the program is full, you will receive a full credit on your Recreation Account or refund if you request it; no administrative fee will be deducted.
- 2. REFUNDS.** Wichita Park & Recreation will not issue refunds, except for classes cancelled or changed by Wichita Park & Recreation, without a written request received in the office by mail, e-mail, or fax. Refunds follow the City's Finance Department payment schedule and take approximately 30 days to process.

## POLICIES

**3. RECREATION PROGRAMS.** Due to financial commitments we must make before activities begin, the participant must notify Wichita Park & Recreation Department at least two days (48 hours) prior to the starting date to cancel enrollment in a class or activity.

- If your written withdrawal request is received more than two days (48 hours) before the start date of the program, you will receive a full credit to your Recreation Account to be used for a registration at a later date. A refund in the form of a check or bank card is subject to a \$5 administrative fee.
  - If your written request is received less than two days (48 hours) prior to the start of the program, you will be charged a \$5 administrative fee and you may receive no refund or only a partial refund based on the number of students enrolled and any supply costs incurred on your behalf.
  - If we do not receive your written request before the start of the class or activity, no Recreation Account credit or refund will be issued.
  - At any time after the first class, partial credit to your Recreation Account will be allowed if you present a statement from your health care provider that states you are unable to finish the class.
  - The only exception will be with Athletic Sports Leagues. After the start of the league, neither refunds nor proration of the league fees will be granted.
- 4. CREDITS:** Credits on your Recreation Account will be available until the end of each calendar year, at which time a refund will be issued less a \$5 administrative fee.

## WE ARE ONLINE!!!

Benefits of online registration

- 1 Register 24/7**
- 2 It is Quick, Easy, Convenient**
- 3 Faster Service**
- 4 Email Notifications**
- 5 No Waiting in Lines**

## A Special Thanks to our Community Partners!

Wichita Park & Recreation would like to acknowledge the following community partners for sharing their knowledge and expertise with our participants.

- Auburn Spirits
- Air Capital Disc Golf Club
- American Red Cross
- BETA@Butler Community College
- Garden Grill Café
- Hair & Shampoo Center
- K-State Extension
- Lynette Woodard
- The Home Depot
- Wheat State Treasure Hunters
- Wichita Paranormal Research Society
- Wichita Shooting Stars

To register for all the partner classes, please register through Wichita Park & Recreation. Registrations will not be accepted at partner locations.



## 4 EASY WAYS TO REGISTER

-  **Online**  
Visit [wichita.gov](http://wichita.gov) and click on Park & Recreation
-  **Mail-In** your registration form along with check to 455 N Main St, 11th Floor, 67202
-  **Call** 316.268.4361 and register by phone utilizing a Visa or MasterCard credit/debit card
-  **Walk-In** and register in person at any recreation center Monday through Friday. Hours vary by location.

**Can't find the program you want to take?**

Call 268-4192 or email [bm McGuire@wichita.gov](mailto:bm McGuire@wichita.gov) and share your new class ideas!



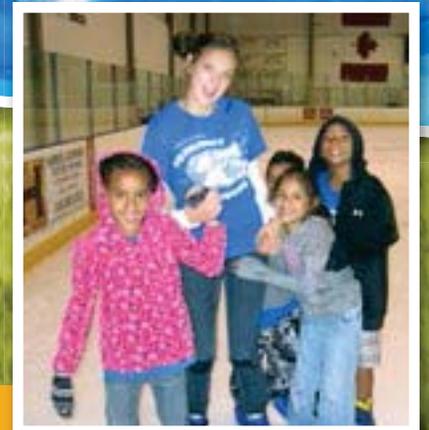


WICHITA PARK & RECREATION COMMUNITY FUND  
455 N Main St. Suite 1101  
Wichita, KS 67202

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Wichita, KS  
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# SUMMER *of Discovery*

Fun-filled Camps Start in Late May! *Ages 6-13*



Learn more by contacting your recreation center today!  
Edgemoor 688-9392 • Linwood 337-9191 • Orchard 350-3119