

WICHITA

PARK & RECREATION

SPRING 2016 | ACTIVITIES GUIDE





MEET MICKEY LARA

My name is Mickey Lara and I am proud to be the Athletic Director for Wichita Park & Recreation. I was born and raised in Wichita and attended Bishop Carroll High School where I met my wife Sara. We now have three young children, two boys and one girl. After high school I went on to play baseball at Emporia State University where I earned my degree in Recreation Administration.

Growing up I developed a great passion for sports that I carry with me to this day, which is why I feel blessed to have a profession in athletics. I enjoy programming athletic events for people to enjoy for fun or competition. I am a strong believer that sports are a great way to exercise, showcase teamwork and build relationships and personal character.

Whether you're a youngster or an adult, exercise and activity is an important aspect of life. Not only does Wichita Park & Recreation offer traditional sports such as baseball, youth and adult softball and football, but we also offer less mainstream sporting opportunities including lacrosse and rugby. I encourage everyone to visit wichita.gov/parkandrec for a full list of athletic programs that could serve you!

WICHITA CITY COUNCIL



Janet Miller District VI Pete Meitzner District II James Clendenin District III Mayor Jeff Longwell Lavonta Williams District I Bryan Frye District V Jeff Blubaugh District IV

OUR MISSION & VISION

Mission: Wichita Park & Recreation provides high-quality life experiences to the Wichita community through the enhancement of world-class amenities and activities.

Vision: To excel at what we do for the benefit of our community and generations to come.



BOARD OF PARK COMMISSIONERS

This seven person advisory board consists of one member from each Wichita City Council district and one at-large member. The board makes recommendations to the Wichita City Council on issues related to:

- Parks, land acquisition and disposition of existing park properties and facilities
- Recreation programming and fees
- Department and Capital Improvement Program budgets
- Future park development
- Other issues related to Wichita Park & Recreation

Current voting members are Ron Allen (District I), Chris Clark (District II), Hoyt Hillman (District III), Tori Deatherage, President (District IV), Troy Palmer (District V), Cindy Claycomb (District VI) and Chris Highfill (At-Large). Non-Voting staff members are Troy Houtman, Ex-Officio (Director, Wichita Park & Recreation), Penny Garding (Clerk) and Elizabeth Harlenske (Assistant City Attorney).



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Registration begins February 22 for most classes.
All spring classes start the week of March 21 unless otherwise noted in the "BEGINS" column.

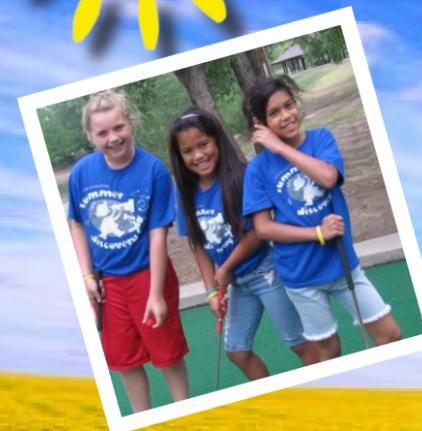


Building a Caring Community

Wichita Park & Recreation is committed to programs that serve the needs of youth and adults. If you need special accommodations to participate in our programs, please notify us when registering.

The City of Wichita does not discriminate on the basis of age, sex, race, color, creed, national origin, or disability. In providing services to the public, the City of Wichita must comply with the Americans with Disabilities Act (ADA), a federal anti-discrimination statute designed to remove barriers that prevent qualified individuals with disabilities from discrimination on the basis of disability in services, programs, or activities of local governments.

SUMMER of Discovery



This 10-week fun-filled camp for ages 6-13 begins in May
Reserve your spot beginning February 22!

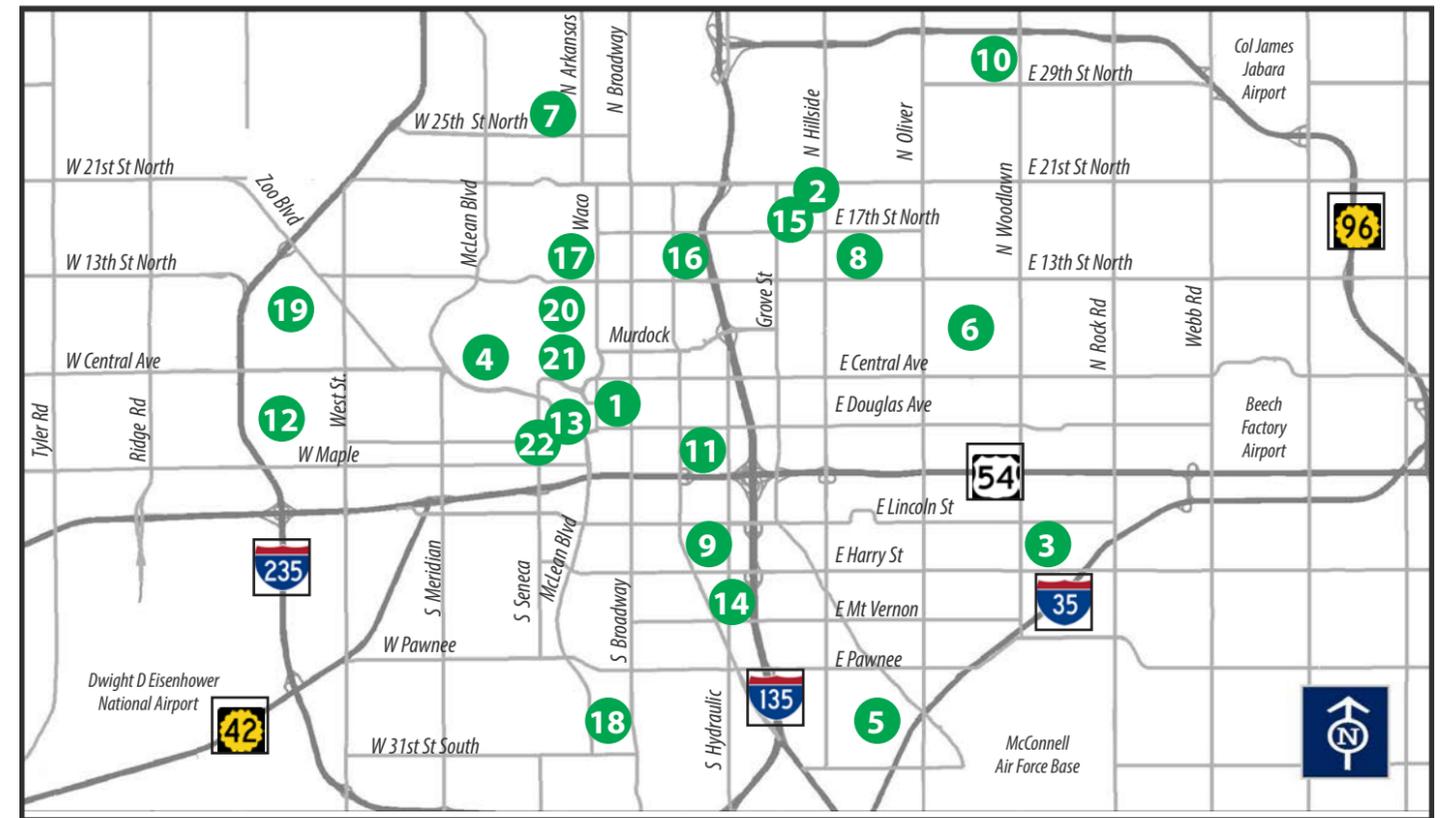
Edgemoor 688.9392 | Linwood 337.9191 | Orchard 337.9244



Spring is just around the corner and Barry the Bison is ready for fun! Check out the Event Calendar below to see when and where Barry's next adventure will be. Be sure to keep an eye out around town for Barry's **Recreation Station** - the mobile van full of fun for the whole family!

CALENDAR OF EVENTS

EVENT	DATE	TIME	AGES	LOCATION	INFORMATION
Spring Break Wildlife Week at GPNC	March 14-18	9am-4pm	all ages	Great Plains Nature Center	Multiple wildlife-themed programs daily. Visit gpnc.org . FREE
Bunny Blast & Egg Hunt	Saturday, March 19	10am-12pm	2-10	Watson Park	\$5 per car load (cash only). Visit Wichita.gov/ParkandRec for info.
Get Fit Wichita: Spring Cycle Spectacular	Saturday, April 16	9:30am-10:30am & 11am-12pm	16 and up	Lawrence Dumont Stadium	The first event in the Get Fit Wichita series, join these cycle classes taught by a certified cycle instructor. Doors open at 9am. Stationary bikes provided. FREE.
O.K. Kids at Watson Park	Saturday, April 30	9am-12pm	5-12	Watson Park	Get outdoors! Try kayaking, archery, fishing and more at this family event. FREE.
Come Fly a Kite	Sunday, May 1	2pm-5pm	all ages	Chapin Park	Hands-on flying instruction, stunt kite demonstrations, \$5 kites for sale. Offered in partnership with Wings of the Wind. FREE.
Mini-Golf Tournament	Wednesday, May 4	7pm-9pm	6 and up	Watson Park	Family fun includes a hot dog and drink. Trophy for 1st place, prizes for runners-up.
O.K. Kids at GPNC: D.I.Y. Nature	Saturday, May 7	10am-3pm	all ages	Great Plains Nature Center	Activities teach kids to be involved and active with nature. Crafts, displays, archery & fishing clinics and live animal presentations. Visit gpnc.org . FREE
Spring, Set, Spike Coed Sand Volleyball Tournament	Saturday, May 21	All Day	16 and up	Watson Park	Start volleyball season off right in this 6v6 tournament. \$60 per team. Register at Watson or call 529.9940 for more information.
End of School Bash	Saturday, May 28	6pm-8pm	6-12	Naftzger Park	Features include multiple recreation games, food trucks and a craft project.
Kids Sports Day	Saturday, June 4	4pm-6pm	6-12	Naftzger Park	Enjoy a variety of sport-themed games including basketball pass, long jump, obstacle course, football toss and more.



1	Administrative/Athletic Office (City Hall)	455 N. Main - 67202	268.4361
2	Atwater Neighborhood Resource Center	2755 E. 19th St. 67214	303.8015
3	Boston Recreation Center	6655 E. Zimmerly - 67207	688.9301
4	Botanica, The Wichita Gardens	701 Amidon St. - 67203	264.0448
5	Colvin Recreation Center (in Colvin School)	2820 S. Roosevelt - 67210	303.8023
6	Edgemoor Recreation Center	5815 E. 9th St. - 67208	688.9392
7	Evergreen Recreation Center	2700 N. Woodland - 67204	303.8036
8	Fairmount Community Facility	1647 N. Yale Blvd. - 67218	303.8015
9	Goldenrod Community Facility	1340 S. Pattie - 67211	337.9191
10	Great Plains Nature Center	6232 E. 29th St. North - 67220	683.5499
11	Hyde Community Facility	201 S. Greenwood - 67211	688.9392
12	Kiwanis Community Facility	5101 W. 2nd St. North - 67212	337.9244
13	Lawrence-Dumont Stadium	300 S. Sycamore - 67213	264.6887
14	Linwood Recreation Center	1901 S. Kansas - 67211	337.9191
15	Lynette Woodard Recreation Center	2750 E. 18th St. - 67214	303.8015
16	McAdams Recreation Center	1329 E. 16th St. - 67214	337.9222
17	Minisa Community Facility	704 W. 13th St. North - 67203	303.8036
18	O.J. Watson Park	3022 S. McLean Blvd. - 67217	529.9940
19	Orchard Recreation Center	4808 W. 9th St. - 67212	337.9244
20	Park Villa Community Facility	1029 N. Bitting - 67203	337.9222
21	Ralph Wulz Riverside Tennis Center	551 Nims - 67203	337.9257
22	Wichita Ice Center	505 W. Maple St - 67213	337.9199

OFF-SITE PROGRAM LOCATIONS

Auburn Hills Clubhouse
433 S. 135th St. West - 67235

WATER Center
101 E. Pawnee - 67211

Wichita Shooting Stars Archery Range
3999 E. 71st St. South - 67216

¡ATENCIÓN!

Wichita Park & Recreation está comprometido a servir a la comunidad Latina a través de:

- Materiales traducidos en Wichita.gov/parkandrec
- Alianzas dentro de la comunidad
- Eventos y programas adicionales

Háganos saber si necesita alguien para interpretar cuando nos contacte.



Specialty Camps

Captivate your kid's imagination! These special-interest camps immerse your child in the subjects they love!

- Camp held from 8am-5pm.
- Special paperwork is required prior to attending.
- All camps held at Boston Recreation Center.
- Bring a lunch and drink.
- DCF Vision Card is not accepted for this program.
- Ages 6 - 13. Daily fee is \$21.



A Knight's Tale **NEW!**

March 14 | Code 9406

Become a knight for a day! Put on armor and show your bravery with sword fighting and jousting. Plus, make your own shield to aid you in defending the castle. Registration deadline is 3/9.

Olympic Fun **NEW!**

March 16 | Code 9407

Let the games begin! Olympians will show their patriotism as they represent their countries during the opening ceremony. Jump right into team competitions such as soccer and basketball, plus individual contests like the obstacle triathlon. Registration deadline is 3/14.



Camo Camp Basics

March 18 | Code 9408

It's time to report for duty! Fun drills and obstacle courses will keep recruits moving. Use a compass to guide teammates through a mine field and two-way radios to help rescue the wounded soldier. Get a flavor for military life by tasting an MRE (meals ready to eat). Registration deadline is 3/16.

upcoming SUMMER Specialty Camps

Register early; summer camps fill fast!

Visit Wichita.gov/ParkandRec for more information.

Registration begins February 22.

Camp Name	Dates	Fee
Cardboard & Duct Tape Creations	June 6-10	\$125
Turn cardboard and duct tape into works of art! Create games, creatures and cool fashion accessories.		
Outdoor Adventure Camp (ages 6-9)	June 6-10	\$149
Outdoor Adventure Camp (ages 10-14)	June 13-17	\$149
Discover the great outdoors. Enjoy fishing, archery, kayaking, horseback riding and games. Held at Watson Park.		
Hunger Games	June 15	\$25
The odds will be ever in your favor after training in archery, orienteering and knot tying along with team challenges.		
Camo Camp	June 20-24	\$119
Enjoy the fun aspects of military life including archery, sling shots, obstacle courses and team building activities.		
Space is the Place	June 29	\$25
Outer space is a blast! Make water rockets, play cosmic games, hunt for moon rocks and more!		
Art Explosion	July 6	\$25
Have a dynamite week creating with clay, paints, charcoal and pastels along with making soap and bead murals.		
Medieval Times	July 11-15	\$125
Knights shall prove their bravery through archery, catapults, and jousting along with creating armor and a coat of arms.		
Ninja Turtle Power	July 20	\$25
Save the streets from Shredder and other villains using ninja stealth training, obstacle courses and green ooze.		
Jedi Training Camp	July 25-29	\$119
Young Jedis will experience how to use the force, practice light saber skills and work to defeat the Death Star.		

NO SCHOOL?
NO PROBLEM!!

Kids Konnection



Kids will enjoy sports, games, crafts and other activities during in-service days!

Parents can rest easy with this safe and affordable option. Extended hours allow for before and after work pickup and drop off.

(Kids bring their own lunch and drink daily).

- 7am - 6pm
- Ages 6-13
- \$18 per child/day
- DCF Vision Card accepted
- March 10
- March 11
- March 14-18
- April 15
- April 18

Available at
Edgemoor, Linwood
and Orchard

This camp is licensed by the KDHE. Please notify Wichita Park & Recreation if you need special accommodations to participate.

PROGRAMS AT the WATER CENTER

FISH TALES: Designed for Pre-K children
Second Tuesday monthly
10am; free

SENIOR WEDNESDAY: For adults 55 and up
First Friday monthly
1:30pm; free

TOUR AND LESSON: Open to all ages
Call or email Cindy Le to schedule
cle@wichita.gov; 350.3386



Open to all ages
Monday, Wednesday and Friday
1pm to 4:30pm
Free



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www.facebook.com/WichitaParkandRec

Spring Break Wildlife Week



Don't sit at home over spring break! The GPNC naturalists will have fun activities each day exploring nature's food chain!

Registration not required; all programs are free.

GREAT PLAINS NATURE CENTER
6232 E. 29th St. North 683.5499
www.gpnc.org

TOTS IN TRAINING

Prepare for an active lifestyle! Tots ages 1-2 are introduced to core concepts in a variety of games. Develop motor skills, balance and coordination while learning classroom and social skills. Parent participation required with a maximum of two children per adult.



Kick-Start Sports **NEW!**

Learn about new sports such as basketball, soccer and kickball while using balls, scooters and other fun equipment.

Code	Location	Classes	Begins	Day	Time	Fee
9957	Woodard	4	3/22	Tu	10:00a-10:30a	\$10
9958	Woodard	4	3/25	F	5:30p-6:00p	\$10
9959	Woodard	4	3/26	Sa	9:30a-10:00a	\$10

Little Sluggers

Tots will use a lightweight ball to practice hitting, catching, throwing and running bases. No gloves are needed. Woodard class is held indoors and Fairmount is outdoors.

Code	Location	Classes	Begins	Day	Time	Fee
9887	Fairmount Pk	4	4/1	F	5:30p-6:00p	\$10
9888	Woodard	4	3/23	W	6:00p-6:30p	\$10



Soccer Tots

Dribbling, passing and shooting goals are practiced using a smaller foam soccer ball. Learn teamwork and simple rules such as not using hands. Woodard class is held indoors and Fairmount is outdoors.

Code	Location	Classes	Begins	Day	Time	Fee
9937	Fairmount Pk	4	4/21	Th	6:00p-6:30p	\$10
9939	Woodard	4	3/24	Th	6:00p-6:30p	\$10

Tiny Dancers

Move to the music! This introduction to creative, rhythmic movements includes using equipment such as hula hoops, bean bags and parachutes with fun, themed music.

Code	Location	Classes	Begins	Day	Time	Fee
9988	Atwater	4	3/21	M	6:00p-6:30p	\$10
9989	Atwater	4	3/24	Th	6:00p-6:30p	\$10

Tiny Tots Fitness

Encourage tots to develop a healthy lifestyle with running, jumping, hurdles, obstacle course and other fun fitness drills.

Code	Location	Classes	Begins	Day	Time	Fee
9991	Woodard	4	3/21	M	5:30p-6:00p	\$10
9992	Woodard	4	3/25	F	6:00p-6:30p	\$10



Touchdown Tots

Enjoy passing and running drills using a floor ladder, hurdles, cones and a smaller sized football in a fun environment. Woodard class is held indoors and Fairmount is outdoors.

Code	Location	Classes	Begins	Day	Time	Fee
10004	Fairmount Pk	4	4/9	Sa	9:00a-9:30a	\$10
10002	Woodard	4	3/21	M	5:30p-6:00p	\$10

Wee Hoops

Learn to dribble, pass and shoot using smaller basketballs and lower goals.

Code	Location	Classes	Begins	Day	Time	Fee
10010	Woodard	4	3/22	Tu	6:00p-6:30p	\$10
10012	Woodard	4	4/26	Tu	6:00p-6:30p	\$10
10011	Woodard	4	3/24	Th	5:30p-6:00p	\$10



**REGISTER EARLY
CLASSES FILL FAST!**

DANCE & MUSIC



Ballet & Tap

Whirl and twirl and tap your happy feet! First time dancers will learn basic ballet/tap movements, rhythms and mini-combinations. Intermediate classes are more progressive and require instructor approval or previous experience.

Code	Location	Classes	Begins	Day	Time	Fee
Beginning (ages 3-5)						
9738	Edgemoor	10	3/21	M	5:45p-6:30p	\$33
9740	Orchard	10	3/23	W	5:45p-6:30p	\$33
Beginning (ages 4-8)						
9741	Atwater	8	3/23	W	6:00p-6:45p	\$27
10013	Atwater	8	3/26	Sa	11:00a-11:45a	\$27
Intermediate (ages 4-8)						
9739	Edgemoor	10	3/21	M	6:40p-7:25p	\$33
9743	Orchard	10	3/23	W	6:40p-7:25p	\$33



Hip Hop for Tots

Cut loose! Learn rhythm, movement and direction. Improve coordination and self-expression through movement, games, choreography and fun, freestyle dance. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9842	Atwater	4	3/21	M	6:30p-7:00p	\$9
9844	Atwater	4	4/25	M	6:30p-7:00p	\$9
9843	Atwater	4	3/24	Th	6:30p-7:00p	\$9

Performing Tots

Step into the spotlight! Discover creative expression with instruments, singing, dancing, theatre games and improvisation. Tempo, rhythm and melody will also be explored. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9905	Atwater	5	3/22	Tu	10:00a-10:45a	\$19

SPORTS & FITNESS

Basketball Clinic

Nothing but net! Learn to dribble, pass and shoot through participation in fun drills and activities.

Ages 3-5.



Code	Location	Classes	Begins	Day	Time	Fee
9746	Boston	4	3/21	M	5:00p-5:45p	\$15
9747	Edgemoor	5	3/25	F	5:15p-6:00p	\$18
9748	Orchard	5	3/23	W	9:00a-9:45a	\$18
9749	Orchard	5	3/25	F	9:00a-9:45a	\$18
9845	Woodard	5	3/21	M	6:00p-6:45p	\$18
9750	Woodard	4	3/25	F	6:00p-6:45p	\$15
9751	Woodard	5	3/26	Sa	9:00a-9:45a	\$18

Bunny Blast & Egg Hunt

Saturday, March 19 | 10am-noon

\$5 per carload entry fee (cash only)
Ages 2-10

- Egg Hunt
- Mini Golf
- Inflatables
- Touch a Truck
- More!

**Visit with
the EASTER BUNNY
and
BARRY THE BISON!**

*Bring a basket for the egg hunt;
bring a camera to capture the good times!*
(Professional photos with the Easter Bunny available for a small fee)

Watson Park | 3022 S. McLean Blvd.

Visit wichita.gov/ParkandRec for details





Boxing for Tots

Earn your golden gloves! This fun, no-contact class is designed for tots. Punching bags, speed bags and punching mitts are used. Boxing gloves provided or bring your own. Ages 4-7.

Code	Location	Classes	Begins	Day	Time	Fee
9772	Atwater	8	3/21	M	5:30p-6:00p	\$20
9773	Atwater	8	3/24	Th	5:30p-6:00p	\$20

Cheerleading

Rah-Rah-Rah! Show team spirit while learning jumps and cheers. This class is a blast for tiny cheerleaders! Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9777	Evergreen	8	3/28	M	5:15p-6:00p	\$27
9778	Linwood	8	3/23	W	6:15p-7:00p	\$27



Football Clinic

Touchdown! This class teaches the fundamentals of football including passing and receiving techniques along with the rules of football. Classes are held indoors, except Fairmount, which is outdoors. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9815	Boston	4	3/23	W	5:15p-6:00p	\$15
10069	Fairmount Pk	4	4/9	Sa	9:30a-10:15a	\$15
9816	Woodard	4	3/26	Sa	10:45a-11:30a	\$15

Fun with Games

It's child's play! Tots will enjoy simple games with simple rules that develop social skills such as taking turns and listening. Run, skip, hop and move with interactive games such as freeze tag, obstacle course challenges, parachute games and more! Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
10021	Edgemoor	5	4/27	W	5:15p-6:00p	\$18
9823	Orchard	5	3/23	W	10:00a-10:45a	\$18
9824	Orchard	5	3/25	F	10:00a-10:45a	\$18



Gymnastics

Get ready to roll! Tumbling floor moves include various rolls, head stands, hand stands, pikes, tucks and back bends. Apparatus work such as balance beam, parallel bars and vaulting techniques are also incorporated. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9835	Boston	10	3/26	Sa	9:00a-9:45a	\$35
9836	Evergreen	8	3/30	W	5:30p-6:15p	\$28

It's Game Time Basketball

Apply your basketball skills and put them to use in a team setting. Players are divided into teams to play structured games. Players must have basic skills before registering. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9853	Edgemoor	5	4/29	F	5:15p-6:00p	\$18
9854	Woodard	5	3/24	Th	6:00p-6:45p	\$18



Mommy and Me Yoga

The downward facing dog says woof woof! Story time, fun music and yoga-based games will bring yoga poses to life and strengthen the toddlers' growing bodies. This parent/child class teaches stress management for the adult and calming techniques for the child. No online registration. Ages 2-4.

Code	Location	Classes	Begins	Day	Time	Fee
9896	Linwood	6	3/24	Th	10:45a-11:30a	\$18

Playtime for Toddlers

Run, jump and play! Enjoy toys, scooters, playground balls and other equipment. Parental supervision required. Fee is per child; free for the parent. Boston fee is per visit; Orchard fee is per session. Ages 1-5.

Code	Location	Classes	Begins	Day	Time	Fee
9914	Boston	30	3/21	M-W	10:30a-12:30p	\$1
9915	Orchard	9	3/25	F	12:00p-1:30p	\$9

Soccer Clinic

Go toe-to-toe! Tots will learn soccer basics including offensive and defensive strategies. All classes are held indoors, except Fairmount, which is outdoors. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9927	Boston	4	4/25	M	5:00p-5:45p	\$15
9928	Edgemoor	5	3/23	W	5:15p-6:00p	\$18
9929	Evergreen	5	3/31	Th	5:15p-6:00p	\$18
9930	Fairmount Pk	4	4/19	Tu	6:00p-6:45p	\$15
9931	Woodard	4	3/24	Th	6:30p-7:15p	\$15



Sports of All Sorts

Play ball! Build confidence and learn teamwork while participating in a variety of sports including soccer, T-Ball and basketball. Games are non-competitive and fun! Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9948	Boston	4	4/27	W	5:15p-6:00p	\$15
9949	Edgemoor	5	3/27	Su	1:00p-1:45p	\$18
9950	Edgemoor	4	5/1	Su	1:00p-1:45p	\$15
9951	Orchard	5	3/23	W	11:00a-11:45a	\$18
9952	Orchard	5	3/25	F	11:00a-11:45a	\$18
9953	Woodard	5	3/21	M	6:00p-6:45p	\$18
9954	Woodard	4	3/22	Tu	10:30a-11:15a	\$15
9955	Woodard	4	3/26	Sa	11:00a-11:45a	\$15

T-Ball Clinic

Hey batter, batter - swing! Develop throwing, catching and base running skills along with hitting off a tee. A Softy T-Ball is used. Also enjoy game play to help reinforce fundamentals. Gloves provided or bring your own. Classes are held outdoors.

Code	Location	Classes	Begins	Day	Time	Fee
Ages 3-5						
9981	Fairmount Pk	5	4/1	F	6:00p-6:45p	\$18
Ages 4-6						
9980	Orchard Pk	5	4/18	M	6:00p-6:45p	\$18



Tennis

Hit the court! This introduction to tennis teaches proper grips and swings while performing fun drills. Ages 4-7.

Code	Location	Classes	Begins	Day	Time	Fee
9985	Edgemoor	5	4/19	Tu	5:30p-6:00p	\$15
9983	Orchard	5	4/21	Th	5:30p-6:00p	\$15
10062	Woodard	5	4/14	Th	5:30p-6:00p	\$15

Tiny Tumblers

Roll out the good times! Practice tumbling moves such as rolls, back bends and head stands. Improve balancing techniques with fun activities and a balance beam.

Code	Location	Classes	Begins	Day	Time	Fee
Ages 2-3						
9996	Woodard	8	3/23	W	5:30p-6:00p	\$18
9998	Woodard	8	3/26	Sa	10:00a-10:30a	\$18
Ages 3-5						
9994	Linwood	8	3/23	W	5:30p-6:15p	\$26
9995	Orchard	8	3/25	F	9:15a-10:00a	\$26

MARTIAL ARTS



Kickin' Kids Karate

Be a Karate kid! Learn Okinawan Goju Ryu Karate through fun drills that focus on balance, coordination, listening, cooperation, respect and teamwork. Practice no-contact punches and low kicks. Ages 4-7.

Code	Location	Classes	Begins	Day	Time	Fee
9872	Boston	9	3/22	Tu	6:45p-7:45p	\$36

Wee Warriors

Kick it up a notch! Learn courtesy and respect through Tae Kwon Do traditions such as bowing, shaking hands and listening to instructions. Improve strength, agility and self-confidence through fun drills, punches, blocks and kicks. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
Beginning						
10014	Edgemoor	10	3/22	Tu	5:45p-6:15p	\$24
10015	Linwood	6	3/21	M	5:45p-6:15p	\$14
10017	Orchard	6	3/21	M	5:45p-6:15p	\$14
Intermediate						
10016	Linwood	6	3/23	W	5:45p-6:15p	\$14
10018	Orchard	6	3/23	W	5:45p-6:15p	\$14

SPECIAL INTEREST



1-2-3 and A-Z

Get a jump on kindergarten! Learn the alphabet and numbers through games, songs and counting activities. Kids will practice simple math as well as writing their names. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9720	Atwater	5	3/22	Tu	11:00a-11:45a	\$21

American Sign Language

Now you're talking! Tots will have another way of communicating what they want after learning common sign language gestures. Learn to sign words and phrases such as thank you, please, hungry, happy and more. Ages 4-7.

Code	Location	Classes	Begins	Day	Time	Fee
9729	Woodard	5	3/24	Th	5:30p-6:00p	\$13

Breakfast Chefs

Start the morning off right! Experience the fun of preparing and enjoying delicious breakfast food. Make oatmeal with fruit, Pillsbury waffles, casserole cups and breakfast burritos. Registration deadline is one day before class. Ages 4-8.

Code	Location	Classes	Begins	Day	Time	Fee
10144	Atwater	4	3/23	W	11:00a-11:45a	\$20
10145	Atwater	4	4/27	W	11:00a-11:45a	\$20



Color with Me *NEW!*

Create a colorful world! Coloring promotes relaxation, patience, helps strengthen the grip and provides a sense of accomplishment. Different weekly themed coloring sheets, children's music and socialization will help inspire creativity. Registration fee is per child. Parent participation is required as class is self-guided.

Code	Location	Classes	Begins	Day	Time	Fee
Ages 2-5						
10146	Atwater	4	3/22	Tu	6:00p-6:30p	\$5
10147	Atwater	4	3/24	Th	6:00p-6:30p	\$5
Ages 2-10						
10148	Atwater	4	3/26	Sa	10:00a-10:30a	\$5

Cowboy & Cowgirl Roundup

Giddy-up! Learn roping, ride the ponies and play fun western style games. Kids will be on the lookout for cattle rustlers while on the hayrack ride at the end of the day! Ages 4-8.

Code	Location	Classes	Begins	Day	Time	Fee
9798	Watson	1	4/23	Sa	10:00a-11:15a	\$12



Grandparent & Me: Spring Fling

Spring has sprung! Celebrate spring and enjoy nature while making a special butterfly snack that's pretty to look at and fun to eat. Then go on a train ride scavenger hunt! Enjoy miniature golf and other spring time activities. Fee is per child. Adult is free and does not need to register. Maximum two children per adult. Ages 3-8.

Code	Location	Classes	Begins	Day	Time	Fee
9830	Watson	1	4/9	Sa	10:30a-11:45a	\$12

Infant Massage

When your baby feels better, you feel better! Discover how massage techniques can help your baby relax and stay calm. Then practice the techniques which can result in less crying, improved circulation, relief of congestion or gas all while enjoying that special bonding time. Registration fee covers both parent and child. Ages 1 month-1 year.

Code	Location	Classes	Begins	Day	Time	Fee
9849	Linwood	4	3/27	Su	3:00p-5:00p	\$40



Little Artists

Calling all little Picassos! Create art using crayons, paints, clay and other mediums. Make a new project each class. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9882	Edgemoor	5	3/26	Sa	9:30a-10:15a	\$18
9883	Edgemoor	4	4/30	Sa	9:30a-10:15a	\$15

Little Chefs

Lets make a treat! Create and eat yummy snacks while learning kitchen etiquette. Make mug muffins, pepperoni pizza, stuffed strawberries and smoothies. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
9884	Atwater	4	3/23	W	6:00p-6:45p	\$18



Lucky Leprechauns

It's time for the wearing of the green! All little leprechauns attending will share the luck of the Irish with fun games such as shamrock scavenger hunt and a special craft project that is magically delicious. Registration deadline is 3/11. Ages 4-8.

Code	Location	Classes	Begins	Day	Time	Fee
9926	Watson	1	3/12	Sa	10:30a-11:45a	\$12



Pirate and Princess Adventure

Hear ye, hear ye and a yo-ho-ho! With the wave of a magic wand, kids will be transformed into a pirate or princess with face paints. Also, enjoy digging for jewels and creating a pirate necklace or princess bracelet. Then it's all hands on deck for games such as Walk the Plank and Cannonball Toss. Kids are encouraged to come dressed up. Ages 3-6.

Code	Location	Classes	Begins	Day	Time	Fee
9913	Watson	1	4/2	Sa	10:30a-11:45a	\$12

Princess Tea Party

Live happily ever after! Arrive in your princess costume and create an elegant craft, plus join in regal party games. Then attend the royal tea and dine on scrumptious finger sandwiches, punch and cupcakes. Ages 3-6.

Code	Location	Classes	Begins	Day	Time	Fee
9917	Linwood	1	4/2	Sa	10:00a-11:30a	\$17

Come Fly a Kite

Sunday, May 1 | 2pm-5pm
Chapin Park

Kite flying instruction and professional flying demonstrations courtesy of **Wings of the Wind**

Kites available for \$5

A FREE event for the entire family

DANCE & MUSIC

Ballet & Tap

Whirl and twirl and tap your happy feet! Intermediate and advanced classes are more progressive and require instructor approval or previous experience.

Code	Location	Classes	Begins	Day	Time	Fee
Beginning (ages 4-8)						
9741	Atwater	8	3/23	W	6:15p-7:00p	\$27
9886	Atwater	8	3/26	Sa	11:00a-11:45a	\$27
Intermediate (ages 4-8)						
9739	Edgemoor	10	3/21	M	6:40p-7:25p	\$33
9743	Orchard	10	3/23	W	6:40p-7:25p	\$33
Advanced (ages 5-10)						
9742	Edgemoor	10	3/21	M	7:35p-8:20p	\$33



Ballet, Tap & Jazz Combo

Become a dance sensation! Learn to incorporate the gracefulness of ballet with the energetic style of Jazz and Tap. Focus is on form, technique, position, upper body placement, footwork, tap rhythms and combinations. Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
10149	Linwood	8	3/29	Tu	6:00p-7:00p	\$35

Drums Private Lessons

Feel the beat! Learn proper grip, stroke technique, rhythms, patterns and different drumming styles on snare drums and a drum kit. No online registration. Contact Woodard Recreation Center for lesson availability and to register. Fee is \$13 per 30-minute lesson. Ages 7+.

WICHITA ICE CENTER
SKATE PLAY CHILL

Public Skate, Learn to Skate, Figure Skating, Speed Skating, Hockey and Parties all available at Wichita Ice Center.

Visit WICHITAICECENTER.COM for more information.

Guitar Made Easy

Keep calm and play on! Beginners learn guitar basics including tuning, strumming, understanding guitar charts, tablature and reading music. Guitars are provided during this class so you can see if it is right for you! Additional on-site practice times are available at no extra charge. Ages 8-15.

Code	Location	Classes	Begins	Day	Time	Fee
9833	Linwood	8	3/22	Tu	5:30p-6:30p	\$33
9834	Linwood	8	3/22	Tu	6:30p-7:30p	\$33



Guitar Private Lessons

Play like a rock star! Learn basic mechanics, chords, scales, notes, tuning, reading music and tablature. Learn to play all styles of music. Purchase of book is required after the first lesson. Amp and acoustic or electric guitar are available or bring your own. No online registration. Contact Woodard Recreation Center for lesson availability and to register. Fee is \$13 per 30-minute lesson. Ages 7+.

Hip Hop Dance

Drop it like it's HOT! Learn the hottest dance routines and get your groove on while focusing on body placement, dance combinations and rhythms. Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
9841	Evergreen	6	3/26	Sa	10:10a-11:10a	\$27

Mandolin Private Lessons

Don't fret! These lessons cover posture, basic techniques, reading music and chord formation. No online registration. Contact Evergreen Recreation Center for schedule and to register. Fee is \$13 per 30-minute lesson. Ages 6+.

Piano Private Lessons

Let your fingers do the walking! Begin with the foundations of piano including notes, chords, staff, rhythm, phrasing and dynamics. Purchase of selected piano book required after first session. No online registration. Contact Woodard Recreation Center for schedule and to register. Fee is \$13 per 30-minute lesson. Ages 7+.



REGISTER EARLY
CLASSES FILL FAST!

SPORTS & FITNESS



Archery

Aim, set, release! Learn archery fundamentals, shooting skills and safe conduct. **Offered by Wichita Shooting Stars.** Contact Linwood Recreation Center for more information. Ages 8+.

Code	Location	Classes	Begins	Day	Time	Fee
9732	Archery Range	5	4/18	M	5:45p-7:15p	\$20
9733	Archery Range	5	4/19	Tu	5:45p-7:15p	\$20

Archery Workshop

Bullseye! Receive an introduction to basic archery fundamentals in this one-day workshop. Beginning level only. Ages 7-12.

Code	Location	Classes	Begins	Day	Time	Fee
9734	Watson	1	5/21	Sa	10:30a-11:30a	\$7



Basketball Clinic

Dribble, shoot and score! This clinic teaches fundamentals, rules and offensive/defensive strategies. Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
10186	Edgemoor	5	3/25	F	6:10p-6:55p	\$18
9752	Evergreen	5	3/21	M	6:15p-7:00p	\$18
9753	Evergreen	5	4/25	M	6:15p-7:00p	\$18
9754	McAdams	6	3/26	Sa	9:30a-10:15a	\$22
10164	Woodard	5	3/22	Tu	6:30p-7:15p	\$18
10165	Woodard	5	3/26	Sa	10:00a-10:45a	\$18

Basketball for Teens

You've got game! Whether you're new to hoops or you have some experience, we'll help take your skills to the next level. Learn fundamentals through drills and 3-on-3 game play. Ages 13-17.

Code	Location	Classes	Begins	Day	Time	Fee
9757	McAdams	6	3/26	Sa	10:30a-11:15a	\$22
10166	Woodard	5	3/21	M	7:00p-7:45p	\$18
10167	Woodard	5	3/26	Sa	12:00p-12:45p	\$18

Boxing Private Lessons

One-on-one training is the fastest way to improve your boxing skills and experience a dynamic workout!

- \$15 per 30-minute lesson
- By appointment only
- Ages 6+
- Held at Atwater Neighborhood Resource Center
- Contact Lynette Woodard Recreation Center for schedule and to register
- No membership required!



Boxing Basics

Become a contender! Learn boxing techniques and discipline while burning energy. This no-contact class uses punching bags, speed bags and punching mitts. Boxing gloves provided or you may bring your own. Ages 8-15.

Code	Location	Classes	Begins	Day	Time	Fee
Beginning						
9770	Atwater	8	3/22	Tu	6:00p-6:45p	\$26
10168	Atwater	8	3/23	W	6:00p-6:45p	\$26
10169	Atwater	6	3/26	Sa	1:00p-1:45p	\$20
Intermediate						
9771	Atwater	8	3/23	W	6:00p-6:45p	\$26

Cheerleading

Ready? Ok! Show your team spirit while learning jumps and cheers. This class is a blast for cheerleaders! Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
9779	Evergreen	8	3/28	M	6:10p-6:55p	\$27
9780	Linwood	8	3/23	W	7:00p-7:45p	\$27

Gymnastics

Kids will flip for this! Moves include floor tumbling such as rolls, cartwheels, round-offs, walkovers and handsprings. Other gymnastic apparatus work includes balance beam, parallel bars and vault. Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
9837	Boston	10	3/26	Sa	10:00a-11:00a	\$44
9838	Boston	10	3/26	Sa	11:00a-12:00p	\$44
9839	Evergreen	8	3/30	W	6:30p-7:15p	\$27

Homeschool Playtime Bonanza

Jump, run and have some fun! Homeschoolers will enjoy the gym and game room for social and recreational activities. Parent must accompany child. Fee is per family or drop in for \$4. Ages 6-15.

Code	Location	Classes	Begins	Day	Time	Fee
9847	Edgemoor	10	3/24	Th	1:30p-3:00p	\$20



It's Game Time

Apply your skills and put them to use in a team setting. Players are divided into teams to play structured games. Players must have basic skills before registering. Ages 6-10.

Basketball

Code	Location	Classes	Begins	Day	Time	Fee
9855	Edgemoor	5	4/29	F	6:10p-6:55p	\$18

Soccer

Code	Location	Classes	Begins	Day	Time	Fee
9862	Edgemoor	5	4/28	Th	5:15p-6:00p	\$18

Wichita Park & Recreation and UnitedHealthcare Community Plan of Kansas - a KanCare provider have teamed up to provide recreational classes for members.

Visit your local recreation center or call 268.4361 for more information.



Mini Golf Tournament

Sink the putt! Enjoy 18-holes of fun and friendly competition. The winner of both the youth and adult age group receives a trophy. Runners-up will also receive prizes. Then wrap up the evening with a juicy hot dog and cold drink. Ages 6+.

Code	Location	Classes	Begins	Day	Time	Fee
9895	Watson	1	5/4	W	7:00p-9:00p	\$6

Soccer Clinic

Get your kicks! Beginning players are introduced to soccer basics including offensive and defensive strategies. Classes are held indoors.

Code	Location	Classes	Begins	Day	Time	Fee
Ages 6-10						
9932	Edgemoor	5	3/24	Th	5:15p-6:00p	\$18
Ages 6-12						
9933	Evergreen	5	5/5	Th	5:15p-6:00p	\$18
9934	Fairmount Pk	4	4/26	Tu	6:45p-7:30p	\$15

Sports of All Sorts

Have a ball! Get introduced to the fundamentals of various sports including soccer, T-ball and basketball. Recreational games will build confidence and stress teamwork. Ages 6-10.

Code	Location	Classes	Begins	Day	Time	Fee
9961	Edgemoor	5	3/27	Su	2:00p-2:45p	\$18
9962	Edgemoor	4	5/1	Su	2:00p-2:45p	\$15



Tennis

Game on! Hit the court and learn tennis fundamentals, rules and tennis terminology. Ages 8-15.

Code	Location	Classes	Begins	Day	Time	Fee
9986	Edgemoor	5	4/19	Tu	6:00p-7:00p	\$25
9987	Orchard	5	4/21	Th	6:00p-7:00p	\$25
10063	Woodard	5	4/14	Th	6:00p-7:00p	\$25

MARTIAL ARTS

Chinese Internal Boxing for Self-Defense

Give yourself a fighting chance! Learn to stop an attack so you can get away. This in-depth training uses slow, repetitive movements to teach throws, locks, compliance, punches and kicks. Flexibility, stretching and strengthening exercises are also big components. Ages 8+; adult must enroll and participate with children ages 8-11.

Code	Location	Classes	Begins	Day	Time	Fee
9781	Linwood	10	3/21	M	7:00p-8:15p	\$32



Chinese Internal Boxing

Go on the defensive! Learn Chinese martial arts including boxing, kicking and self-defense. Must receive instructor approval before taking this intermediate level class. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
9782	Linwood	10	3/21	M	5:30p-6:45p	\$32

Jiu-Jitsu

It's too jiu-jit to quit! This weaponless grappling martial art uses take-downs, throws, sweeps and submissions. Ground fighting techniques are used and focus is on fundamentals such as escapes, positioning and self-defense. Ages 6-13.

Code	Location	Classes	Begins	Day	Time	Fee
Beginning						
9867	Evergreen	9	3/26	Sa	10:00a-11:00a	\$27

PART-TIME INSTRUCTORS!

Wichita Park & Recreation seeks talented and experienced individuals to teach classes. To inquire, contact Barbara McGuire at bmcguire@wichita.gov or 268.4192.

TAKE ME OUT TO THE BALLGAME!

SCHOOL KIDS DAY

Wednesday, May 11 | Tuesday, May 17
\$4 general admission. Add a sack lunch (hotdog, chips & milk) for \$4 more.

SUMMER CAMP DAY

Thursday, June 16
\$5 general admission or \$10 reserved seating. Add a sack lunch (hotdog, chips & milk) for \$5 more.



Advance purchase required. Email stepheny@wichitawingnuts.com or call 264.6887 for details.



Karate

Kick it! Receive instruction in Okinawan Goju Ryu Karate through drills and forms that involve punching, blocking, kicking, stretching and self-defense. Belt advancement opportunities available. Ages 7+.

Code	Location	Classes	Begins	Day	Time	Fee
9871	Boston	9	3/22	Tu	7:45p-8:45p	\$36

Kickin' Kids Karate

Be a Karate kid! Learn Okinawan Goju Ryu Karate through fun drills that focus on balance, coordination, listening, cooperation, respect and teamwork. Practice no-contact punches and low kicks. Ages 4-7.

Code	Location	Classes	Begins	Day	Time	Fee
9872	Boston	9	3/22	Tu	6:45p-7:45p	\$36

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www.facebook.com/WichitaParkandRec

Self-Defense Workshop

Protect yourself! Learn various techniques to use in response to an attack such as use of pressure points, blocks, kicks and punches. Expect some hand-to-hand contact while practicing these control methods.

Code	Location	Classes	Begins	Day	Time	Fee
Ages 6+						
9920	Evergreen	1	4/23	Sa	10:00a-12:00p	\$9
9921	Orchard	1	4/2	Sa	9:00a-12:00p	\$14
Ages 8+						
9922	Linwood	1	3/26	Sa	9:00a-12:00p	\$14

Tae Kwon Do

Work your way up the martial arts ladder! Develop physical agility and self-discipline while learning respect for yourself and others. Belt advancement opportunities are available. Ages 6+.



Code	Location	Classes	Begins	Day	Time	Fee
Beginning						
9969	Edgemoor	20	3/22	Tu/Th	6:15p-7:15p	\$60
9971	Evergreen	10	3/22	Tu/Th	6:30p-7:30p	\$30
9972	Evergreen	10	4/26	Tu/Th	6:30p-7:30p	\$30
9973	Linwood	20	3/21	M/Th	6:45p-7:45p	\$60
9975	Orchard	20	3/21	M/W	6:15p-7:15p	\$60
Intermediate						
9970	Edgemoor	20	3/22	Tu/Th	7:15p-8:15p	\$60
9974	Linwood	20	3/21	M/Th	7:45p-8:45p	\$60
9977	Orchard	20	3/21	M/W	7:15p-8:15p	\$60

ARTS & CRAFTS



Art Journaling

Express yourself! Combining art and words to convey your thoughts is like making a comic book of your life. Learn creative ways to produce sketches that capture interesting or memorable moments of your life. Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
9737	Evergreen	6	4/16	Sa	9:30a-11:00a	\$44

Cartooning Basics

You don't have to be a great artist to draw great cartoon characters! Grab a pencil and come learn how to use basic shapes to create simple cartoon people, animals or objects. Practice using shading, shadowing, contouring and other drawing elements to bring your cartoons to life. Ages 7-14.

Code	Location	Classes	Begins	Day	Time	Fee
9776	Linwood	4	3/24	Th	5:45p-7:00p	\$24



Color with Me **NEW!**

Create a colorful world! Coloring promotes relaxation, patience, helps strengthen the grip and provides a sense of accomplishment. Kids music, socialization and different weekly themed coloring sheets will help inspire creativity. Registration fee is per child. Parent participation is required as class is self-guided. Ages 2-10.

Code	Location	Classes	Begins	Day	Time	Fee
10148	Atwater	4	3/26	Sa	10:00a-10:30a	\$5

Color Your World

Be bold! Budding artists will work with tempera and watercolor paint to create masterpieces. Learn how to apply brush strokes and use sponges, stencils and crayons. Ages 6-11.

Code	Location	Classes	Begins	Day	Time	Fee
9873	Edgemoor	5	3/26	Sa	10:30a-11:30a	\$24

Create a Comic Strip

Zap! Wham! Pow! Learn the whole process of making a comic book from creating and designing your characters to writing a script and finalizing your storyboard. Ages 7-14.

Code	Location	Classes	Begins	Day	Time	Fee
9799	Linwood	4	4/21	Th	5:45p-7:00p	\$24

4

WAYS TO REGISTER:
Online, by phone, by mail
or in person - see page 43



Crochet Basics

Get hooked! Kids will learn about yarn, crochet tools, basic chain stitches and techniques to create a scarf. A great way to learn to make gifts for family and friends. Ages 8-15.

Code	Location	Classes	Begins	Day	Time	Fee
9801	Orchard	3	4/28	Th	6:00p-8:00p	\$24

Kids Drawing

Anyone can learn to draw! Discover how to create simple cartoon characters by breaking down drawings into simple shapes. Ages 6-11.

Code	Location	Classes	Begins	Day	Time	Fee
9874	Edgemoor	4	4/30	Sa	10:30a-11:30a	\$20

Leather Crafting: Journal Cover

The great cover up! Use basic materials and apply techniques to make your own leather bound journal with exposed/sewn bindings. Cut and sew leather using the long-stitch and practice with methods for creating closures. Supplies provided. Ages 10+.

Code	Location	Classes	Begins	Day	Time	Fee
9878	Edgemoor	4	3/21	M	6:15p-7:45p	\$36



Leather Crafting: Steampunk Belt Bag

We've got gadgets and gizmos aplenty! Cut, carve and tool symbols or images into your belt bag to give it a Steampunk flair. The use of closures such as buckles, clasps and snaps makes it perfect for Cosplay and Renaissance fairs. Ages 10+.

Code	Location	Classes	Begins	Day	Time	Fee
9879	Edgemoor	4	4/25	M	6:15p-7:45p	\$36



Plein Air Drawing **NEW!**

Be chic and paint outdoors! Let nature inspire you as you experiment with charcoal, pencil, ink and pastels. Gain knowledge of composition, lines and scale to make the drawings accurate and expressive. Learn how to render an image quickly. Create an image each week. Ages 14+.

Code	Location	Classes	Begins	Day	Time	Fee
9709	Evergreen	8	3/30	W	6:30p-8:00p	\$48

Portrait Drawing

Heads up! Learn to understand the proper proportions of the head, eyes, nose, mouth and ears. Shading and drawing details to add depth are also taught. Ages 14+.

Code	Location	Classes	Begins	Day	Time	Fee
9916	Evergreen	6	3/28	M	6:30p-8:00p	\$44

SPECIAL INTEREST

American Sign Language

Let your hands do the talking! We'll teach fingerspelling skills to sign the alphabet and simple words and phrases. Ages 8-15.

Code	Location	Classes	Begins	Day	Time	Fee
9730	Woodard	5	3/21	M	6:00p-6:45p	\$14
9731	Woodard	5	3/23	W	5:30p-6:15p	\$14



Breakfast Chefs

Start the morning off right! Experience the fun of preparing and enjoying delicious breakfast food. Make oatmeal with fruit, Pillsbury waffles, casserole cups and breakfast burritos. Registration deadline is one day before class. Ages 4-8.

Code	Location	Classes	Begins	Day	Time	Fee
10144	Atwater	4	3/23	W	11:00a-11:45a	\$20
10145	Atwater	4	3/26	Sa	9:00a-9:45a	\$20



Canoe & Kayak Clinic

You'll be rollin' on the river! This one-session class provides participants an introduction to kayak/canoe equipment along with basic paddling techniques and maneuvering. Water safety will also be discussed. Then kick back and enjoy perfecting those paddling skills. **Presented by the Kansas Canoe and Kayak Club.** Ages 10+. On-site adult supervision required for youth ages 10-15.

Code	Location	Classes	Begins	Day	Time	Fee
9774	Watson	1	5/7	Sa	8:00a-10:00a	\$15
9775	Watson	1	5/7	Sa	10:30a-12:30p	\$15

Cowboy & Cowgirl Roundup

Giddy-up! Learn roping, ride the ponies and play fun western style games. Kids will be on the lookout for cattle rustlers while on the hayrack ride at the end of the day! Ages 4-8.

Code	Location	Classes	Begins	Day	Time	Fee
9798	Watson	1	4/23	Sa	10:00a-11:15a	\$12



Delish Dinners & Desserts

Put on your chef's hat! Make a main dish from scratch and top it off with dessert! Learn measuring, utensil use and kitchen safety. Some supplies provided, ask for details. Registration deadline is noon on the Thursday before class. Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
9802	Orchard	4	4/2	Sa	10:00a-12:00p	\$35

Grandparent & Me: Spring Fling

Spring has sprung! Celebrate spring and enjoy nature while making a special butterfly snack that's pretty to look at and fun to eat. Then go on a train ride scavenger hunt! Enjoy miniature golf and other spring time activities. Fee is per child. Adult is free & doesn't need to register. Maximum two kids per adult. Ages 3-8.

Code	Location	Classes	Begins	Day	Time	Fee
9830	Watson	1	4/9	Sa	10:30a-11:45a	\$12

Junior Chefs

Cook up some fun! Learn food preparation, keeping a clean and safe workspace and how to set a table. Prepare pepperoni calzones, mug muffins, smoothies and frozen fruit yogurt bark. Registration deadline is noon on the Tuesday before class. Ages 6-10.

Code	Location	Classes	Begins	Day	Time	Fee
9870	Atwater	4	3/23	W	12:00p-12:45p	\$20
9869	Atwater	4	3/23	W	7:00p-7:45p	\$20

Learn to be a Clown

Start clowning around! Learn all aspects of clownmanship including makeup, costuming, character development and performance skills. Balloon twisting and skits are also covered. Entertain your family and friends during a graduation performance. Starter make-up kit provided. **Presented by Kansas Ringleaders Clown Alley.** Ages 14+.

Code	Location	Classes	Begins	Day	Time	Fee
9877	Linwood	8	3/23	W	7:00p-9:00p	\$45



Lucky Leprechauns

It's time for the wearing of the green! All little leprechauns attending will share the luck of the Irish through fun games such as shamrock scavenger hunt and a special craft project that is magically delicious. Registration deadline is 3/11. Ages 4-8.

Code	Location	Classes	Begins	Day	Time	Fee
9926	Watson	1	3/12	Sa	10:30a-11:45a	\$12

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Private Tutoring: Math

Understanding math is easy as Pi! Ensure academic success with one-on-one instruction. No level is off limits with an instructor that is a former college professor with knowledge in basic math, Algebra, Calculus, Geometry, Trigonometry and ACT/SAT preparation. No online registration. Register at Lynette Woodard Recreation Center.

- Ages 6+.
- Fee is \$13 for 30-minutes or \$25 for one hour.
- Call the center directly for lesson availability.



Terrarium Workshop **NEW!**

Bring nature inside! Receive hands-on guidance for building and maintaining a closed terrarium. Materials are provided for each student to build a two-gallon, closed glass aquarium using ferns and other tropical plants. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
9719	Linwood	1	4/2	Sa	1:00p-3:00p	\$55

O.K. KIDS DAY
 Watson Park | Saturday, April 30
 9am-noon
 An event for families with kids ages 5-12

- Kayaking
- Archery
- Fishing
- Mini golf
- Inflatables

Free hotdogs & t-shirts
 (While supplies last)

FREE!



The Slime's Alive! **NEW!**

It's green! It's soggy! It's ALIVE with all kinds of critters. Be brave and reach in to take a closer look. **Presented by the WATER Center.** Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
10150	WATER Ctr.	1	4/18	M	1:30p-3:00p	\$8

Webelos Adventure/AOL Elective: Into the Woods

Take a break from city life! Earn your scout badge by studying trees and plants while exploring the forest. Badge not provided.

Code	Location	Classes	Begins	Day	Time	Fee
10008	Watson	1	4/23	Sa	10:30a-12:00p	\$6



Webelos Adventure: First Responder

Get ready for an emergency! Learn basic first aid skills and tips on how to handle emergencies to complete the requirements for your Readyman badge. Badge not provided.

Code	Location	Classes	Begins	Day	Time	Fee
10009	Watson	1	4/16	Sa	8:30a-10:00a	\$6

Sorry WE'RE CLOSED
 All recreation centers and Great Plains Nature Center are closed on **May 30.**
 Contact Ralph Wulz Riverside Tennis Center and Watson Park for specific holiday hours at those locations.



SNAG Starting New At Golf

SNAG is the best first touch program to teach golf to all ages and ability levels.

SNAG contains all the elements of golf, but in a modified form, making it an easy and fun way to play and learn.

Four five-week sessions are available at each Wichita Public Golf Course. Each one hour class begins at 6:30pm.

\$30 per session; ages 6-9.

See the full lesson schedule at golfwichita.com



Join the
**Wichita
Parks
Foundation**
in raising
scholarship
funds for kids to
participate in recreation programs and camps.

Simply select or say "Yes, I'll donate" when registering.
The Wichita Parks Foundation is a 501(c)3 non-profit organization.
www.wichitaparksfoundation.org

The registration deadline for the
Coed Youth Rugby League is March 18.



Call 268.4123 for
information or to
register.



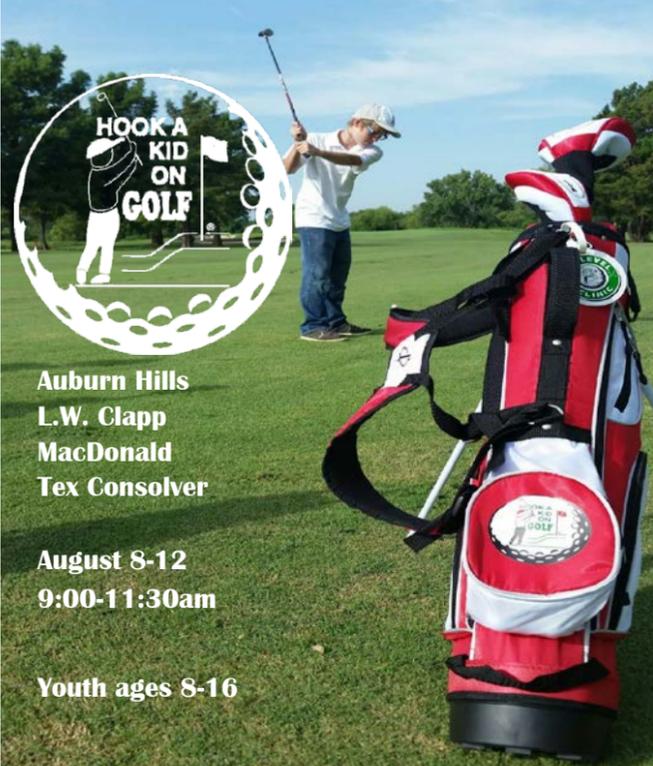
Watson Park

Open 8am-10pm beginning March 12

- Mini golf
- Playgrounds
- Picnicking
- Kite flying
- Fishing
- Paddle boats
- Campfire circle
- Shelter rentals

Coming soon... Watson's **NEW** Miniature Train.
Watch for more details late this spring.

Call 529.9940 or visit Wichita.gov/ParkandRec



HOOK A KID ON GOLF

**Auburn Hills
L.W. Clapp
MacDonald
Tex Consolver**

**August 8-12
9:00-11:30am**

Youth ages 8-16

**\$75 | Includes lessons, set of golf clubs, polo shirt & hat
To register visit golfwichita.com**

BECOME A LIFEGUARD

AMERICAN RED CROSS LIFEGUARD CERTIFICATION

Lifeguard Certification Training

- 25-hour course
- CPR for the Professional Rescuer
- AED training
- Water skills, course work and online training is included.
- Must be proficient in freestyle, sidestroke and breaststroke.
- Ages 15+
- \$200

Lifeguard Recertification

- 12-hour course
- Review of water skills, course work and online training
- For those whose certification has expired by no more than 30 days
- \$100



CLASSES START IN MID-MAY

Contact Brian Hill at 529.9940 or bhill@wichita.gov for more details

wichita public swimming pools

OPEN MAY 30

American Red Cross Swim Lessons

- Levels 1-6
- Tot Aquatics
- Parent/Tot classes
- Adult Aquatic classes
- Private/Semi-private lessons

Early online registration April 25-May 27
Register at pools starting May 30

For more information including locations, hours, daily admission fees, season passes and more, visit Wichita.gov/ParkandRec beginning in April.

pool season passes
early bird discount!

BUY EARLY - SAVE \$\$\$

Individual: \$40 (save \$10)
Family of 4: \$130 (save \$20)

Passes on sale NOW!!

Contact Watson Park at 529.9940



FITNESS

Aerobics - Cardio Mix

Mix it up! Revamp your fitness routine with a mix of kickboxing, step, floor and boot camp exercises. Tackle your abs and back to build strength and endurance. Cardio segments vary each class.

Code	Location	Classes	Begins	Day	Time	Fee
9723	Boston	10	3/22	Tu	5:30p-6:30p	\$32



Aerobics - Step

Rise to the challenge! Tone up, burn calories and get a great cardio workout using step platforms. Cardio work is followed by strength training with weights and floor exercises.

Code	Location	Classes	Begins	Day	Time	Fee
9724	Linwood	10	3/21	M	5:30p-6:15p	\$24
9725	Orchard	20	3/21	M/W	6:35p-7:20p	\$47

Barre Fitness

Raise the barre! Get lean, sculpted muscles like dancers have by performing ballet moves that focus on legs, glutes and core. Use the ballet barre for balance during high-rep, small range-of-motion strength training. Includes some floor work and light weights.

Code	Location	Classes	Begins	Day	Time	Fee
9745	Atwater	8	3/26	Sa	9:00a-9:45a	\$19
10170	Atwater	8	3/26	Sa	12:00p-12:45p	\$19
10153	Linwood	8	3/29	Tu	7:15p-8:00p	\$19

Circuit Training

Feel the burn! This is a high intensity, fast-paced workout with short rest periods between each segment. Cardio endurance, power and agility exercises target all major muscle groups. Fitness Center membership is included for Linwood's class.

Code	Location	Classes	Begins	Day	Time	Fee
9783	Edgemoor	10	3/21	M	11:00a-11:45a	\$24
9784	Edgemoor	10	3/23	W	11:00a-11:45a	\$24
9785	Edgemoor	10	3/25	F	11:00a-11:45a	\$24
9786	Linwood	8	3/24	Th	6:00p-7:00p	\$38



Core and More

Work on that six pack! This class targets the upper and lower abdominals and obliques along with transverse and back muscles which supply power and support to the entire body.

Code	Location	Classes	Begins	Day	Time	Fee
9790	Edgemoor	10	3/23	W	9:00a-9:45a	\$24
9792	Linwood	10	3/21	M	6:30p-7:00p	\$18

Forever Fit ACTIVE ADULT

A low impact fitness class which promotes increased strength, range of movement, balance and flexibility with the use of hand-held weights and elastic tubing with handles. A chair is used for seated and/or standing support. Ages 55+.

Code	Location	Classes	Begins	Day	Time	Fee
9819	Edgemoor	9	3/29	Tu	9:00a-9:45a	\$21
9818	Edgemoor	10	3/24	Th	9:00a-9:45a	\$24
9820	Linwood	10	3/21	M	9:00a-9:45a	\$24

Gentle Yoga ACTIVE ADULT

No pretzels or headstands here! This gentle, slower paced yoga class includes simple movements sitting in a chair or using it for support. Variations are shown for different abilities or needs. Improve breathing, balance and self-awareness. Ages 55+.

Code	Location	Classes	Begins	Day	Time	Fee
9827	Linwood	10	3/23	W	9:30a-10:15a	\$24
9828	Linwood	10	3/25	F	9:30a-10:15a	\$24



Hip Hop Fitness **NEW!**

Pop, lock and drop it! This high-intensity cardio workout ties together hi/lo aerobic moves, energizing music and dance to burn calories and build muscle tone. No previous dance training is necessary.

Code	Location	Classes	Begins	Day	Time	Fee
9718	Atwater	8	3/21	M	7:00p-7:45p	\$19

FITNESS CENTERS

EVERGREEN FITNESS CENTER | 303.8036
Mon-Thurs: 9am-7pm
Fri: 9am-5pm

LYNETTE WOODARD FITNESS CENTER | 303.8015
Mon-Thurs: 3pm-6pm
Fri: 3pm-5pm

LINWOOD FITNESS CENTER | 337.9191
Mon-Thurs: 8am-8pm
Fri: 8pm-6pm
Sat: 10am-noon

ORCHARD FITNESS CENTER | 337.9244
Mon-Fri: 8am-8pm



Hip Hop Step

Lets get down! The energizing music provides an intense, yet fun cardiovascular workout as you step on and off the platform while incorporating basic Hip Hop movements. Fee is per visit.

Code	Location	Classes	Begins	Day	Time	Fee
9846	McAdams	10	3/25	F	6:30p-7:30p	\$4

Mommy and Me Yoga

The downward facing dog says woof woof! Story time, fun music and yoga-based games will bring yoga poses to life and strengthen the toddlers' growing bodies. This parent/child class teaches stress management for the adult and calming techniques for the child. No online registration. Ages 2-4.

Code	Location	Classes	Begins	Day	Time	Fee
9896	Linwood	6	3/24	Th	10:45a-11:30a	\$18



Rock Bottom **NEW!**

Get beach bottom ready! Achieve toned legs, hips, glutes and abs using hand-held weights, light weighted bar and floor work on mats.

Code	Location	Classes	Begins	Day	Time	Fee
9708	Evergreen	10	3/22	Tu	7:00p-7:45p	\$24

Stretch & Flex

Stretch the limits! This classical stretch workout helps relieve muscle tension along with improving flexibility, balance, blood circulation and range-of-motion in your joints. A must for those just starting out, returning to exercise, sitting all day or not engaging in a lot of physical activities.

Code	Location	Classes	Begins	Day	Time	Fee
9965	Edgemoor	10	3/23	W	10:00a-10:45a	\$24



Stretch and Tone ACTIVE ADULT

Get energized! Stay active and improve muscle tone and flexibility. Bring your own exercise mat. Contact Linwood for more information. Ages 55+.

Code	Location	Classes	Begins	Day	Time	Fee
9967	Goldenrod	10	3/21	M	9:30a-10:15a	\$24



Try a fitness class for \$4!
No advance registration!

Tai Chi for Arthritis Part I *NEW!*

Become a tower of strength! Learn movements that are low-impact and without a lot of the bending or low postures typical of other tai-chi forms. Increase flexibility and strength to help fight off the crippling pain of arthritis and reduce falls.

Code	Location	Classes	Begins	Day	Time	Fee
9976	Edgemoor	10	3/22	Tu/Th	11:00a-11:45a	\$24
9711	Evergreen	10	3/22	Tu/Th	6:00p-6:45p	\$24



Tai Chi for Arthritis Part II *NEW!*

Step it up a notch! This is an advanced class for those who have completed the Tai Chi for Arthritis Part I program and are looking for a more challenging course. Learn up to 20 additional sets of movements.

Code	Location	Classes	Begins	Day	Time	Fee
9714	Edgemoor	10	4/26	Tu/Th	11:00a-11:45a	\$24
9712	Evergreen	10	4/26	Tu/Th	6:00p-6:45p	\$24

Tai Chi for Back Pain *NEW!*

Heal yourself! Relieve back pain and reduce stiffness with movements that strengthen the muscles that support the back. Movements can be completed standing or sitting and are suitable for wheelchair and other chronic conditions.

Code	Location	Classes	Begins	Day	Time	Fee
9713	Evergreen	10	3/22	Tu/Th	6:00p-6:45p	\$24

Tai Chi for Health

Find inner peace! This introduction to Tai Chi teaches the basic foundation movements necessary for all Tai Chi classes and promotes gentle, flowing postures to improve balance, coordination and relieve stress.

Code	Location	Classes	Begins	Day	Time	Fee
Beginning						
9984	Evergreen	10	4/26	Tu/Th	6:00p-6:45p	\$24
9978	Orchard	20	3/22	Tu/Th	10:00a-10:45a	\$47
Intermediate						
9979	Orchard	20	3/22	Tu/Th	11:00a-11:45a	\$47

Total Body Workout

Go from flab to fab! This class features cardio and strength training with hand-held weights, bands, balls and body resistance. Core work included.

Code	Location	Classes	Begins	Day	Time	Fee
9789	Edgemoor	10	3/21	M	10:00a-10:45a	\$24
10000	Edgemoor	9	3/29	Tu	10:00a-10:45a	\$21
9999	Edgemoor	10	3/24	Th	10:00a-10:45a	\$24
9791	Edgemoor	10	3/25	F	10:00a-10:45a	\$24

Weight Training for Women

Develop a rock hard body in a non-intimidating environment! Challenge all your muscle groups as you learn free weight exercises and the correct technique for using weights.

Code	Location	Classes	Begins	Day	Time	Fee
10019	Linwood	8	3/22	Tu	6:00p-6:45p	\$19



Yoga

Stretch, breathe, focus, relax! Improve health and posture and practice precision and alignment by holding poses. Props may be used. Personal floor mats encouraged.

Code	Location	Classes	Begins	Day	Time	Fee
10171	Atwater	10	3/22	Tu	6:00p-7:00p	\$32
10172	Atwater	8	3/25	F	9:45a-10:45a	\$26
10023	Boston	10	3/21	M	6:00p-7:15p	\$39
10022	Boston	10	3/21	M	9:00a-10:15a	\$39
10025	Boston	10	3/23	W	6:00p-7:15p	\$39
10024	Boston	10	3/23	W	9:00a-10:15a	\$39
10026	Edgemoor	10	3/21	M	9:45a-10:45a	\$32
10027	Edgemoor	10	3/22	Tu	5:45p-6:45p	\$32
10028	Edgemoor	10	3/22	Tu	7:00p-8:00p	\$32
10029	Edgemoor	10	3/23	W	9:45a-10:45a	\$32
10030	Edgemoor	10	3/24	Th	6:00p-7:00p	\$32
10031	Evergreen	10	3/23	W	6:00p-7:00p	\$32
10173	Fairmount Pk	8	3/22	Tu	10:00a-11:00a	\$26
10032	Linwood	10	3/24	Th	9:30a-10:30a	\$32
10033	Linwood	10	3/24	Th	6:30p-7:30p	\$32

Yoga – Kripalu

Calm your mind! Hatha postures are practiced gently with an emphasis on being present in your body and sustaining a flowing breath. Choose the intensity level that is right for you.

Code	Location	Classes	Begins	Day	Time	Fee
Beginning						
10036	Orchard	10	3/22	Tu	4:15p-5:15p	\$32
10037	Orchard	10	3/24	Th	4:15p-5:15p	\$32
Intermediate						
10034	Auburn Hills	10	3/23	W	6:00p-7:00p	\$32
10035	Orchard	10	3/21	M	6:00p-7:00p	\$32
10038	Orchard	10	3/24	Th	5:30p-6:30p	\$32

Zumba Fitness

Join the hottest dance and fitness craze! Sculpt your body with simple Latin dance steps, interval and resistance training for a fun-filled rhythmic workout.

Code	Location	Classes	Begins	Day	Time	Fee
Fee is per session						
10039	Boston	10	3/21	M	6:00p-7:00p	\$32
9964	Edgemoor	10	3/21	M	9:00a-9:45a	\$24
10040	Edgemoor	10	3/21	M	5:30p-6:15p	\$24
10041	Edgemoor	10	3/23	W	5:30p-6:15p	\$24
9966	Edgemoor	10	3/25	F	9:00a-9:45a	\$24
10042	Evergreen	10	3/22	Tu	7:30p-8:15p	\$24
10043	Evergreen	10	3/23	W	6:30p-7:15p	\$24
10044	Evergreen	9	3/26	Sa	10:00a-10:45a	\$21
10048	Orchard	20	3/21	M/W	5:45p-6:30p	\$47
Fee is per class						
10045	McAdams	11	3/21	M	7:30p-8:30p	\$4
10046	McAdams	11	3/23	W	10:30a-11:30a	\$4
10047	McAdams	11	3/26	Sa	12:00p-1:00p	\$4
10174	McAdams	11	3/27	Su	2:00p-3:00p	\$4



Zumba Gold - Plus-Size

Just do it! Join a fun cardio fitness class geared towards the plus-size individual or those who are body-conscious. A supportive group fitness program held in a private setting.

Code	Location	Classes	Begins	Day	Time	Fee
10049	Hyde	6	3/21	M	7:00p-7:45p	\$14
10050	Hyde	6	3/23	W	7:00p-7:45p	\$14

Zumba in da Club

Come clubbing... Zumba style! Experience a cardio workout with club lighting and bass dropping sounds. Latin inspired music packed with red-hot dance steps will have you rockin' the weight off.

Code	Location	Classes	Begins	Day	Time	Fee
10051	Boston	10	3/24	Th	6:30p-7:30p	\$32

MARTIAL ARTS



Chinese Internal Boxing for Self-Defense

Give yourself a fighting chance! Learn to stop an attack so you can get away. This in-depth training uses slow, repetitive movements to teach throws, locks, compliance, punches and kicks. Flexibility, stretching and strengthening exercises are also big components. Ages 8+; adult must enroll and participate with children ages 8-11.

Code	Location	Classes	Begins	Day	Time	Fee
9781	Linwood	10	3/21	M	7:00p-8:15p	\$32

Chinese Internal Boxing

Go on the defensive! Learn Chinese martial arts including boxing, kicking and self-defense. Must have completed Chinese Internal Boxing for Self-Defense class or receive instructor approval before taking this intermediate level class. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
9782	Linwood	10	3/21	M	5:30p-6:45p	\$32

4 WAYS TO REGISTER:
Online, by phone, by mail or in person - see page 47



Jiu-Jitsu

Your body becomes your weapon! This weaponless grappling martial art uses take downs, throws, sweeps and submissions. Focus is on learning techniques of Brazilian Jiu-Jitsu such as escapes, positioning and self-defense. Ages 14+.

Code	Location	Classes	Begins	Day	Time	Fee
Beginning						
9864	Evergreen	9	3/26	Sa	11:00a-12:00p	\$27

Karate

Kick it! Receive instruction in Okinawan Goju Ryu Karate through drills and forms that involve punching, blocking, kicking, stretching and self-defense. Belt advancement opportunities available. Ages 7+.

Code	Location	Classes	Begins	Day	Time	Fee
9871	Boston	9	3/22	Tu	7:45p-8:45p	\$36

Self-Defense Workshop

Protect yourself! Learn various techniques to use in response to an attack such as use of pressure points, blocks, kicks and punches. Expect some hand-to-hand contact while practicing these control methods.

Code	Location	Classes	Begins	Day	Time	Fee
Ages 6+						
9920	Evergreen	1	4/23	Sa	10:00a-12:00p	\$9
9921	Orchard	1	4/2	Sa	9:00a-12:00p	\$14
Ages 8+						
9922	Linwood	1	3/26	Sa	9:00a-12:00p	\$14



Tae Kwon Do

Work your way up the martial arts ladder! Develop physical agility and self-discipline while learning respect for yourself and others. Belt advancement opportunities are available. Ages 6+.

Code	Location	Classes	Begins	Day	Time	Fee
Beginning						
9969	Edgemoor	20	3/22	Tu/Th	6:15p-7:15p	\$60
9971	Evergreen	10	3/22	Tu/Th	6:30p-7:30p	\$30
9972	Evergreen	10	4/26	Tu/Th	6:30p-7:30p	\$30
9973	Linwood	20	3/21	M/Th	6:45p-7:45p	\$60
9975	Orchard	20	3/21	M/W	6:15p-7:15p	\$60
Intermediate						
9970	Edgemoor	20	3/22	Tu/Th	7:15p-8:15p	\$60
9974	Linwood	20	3/21	M/Th	7:45p-8:45p	\$60
9977	Orchard	20	3/21	M/W	7:15p-8:15p	\$60

SPORTS

Archery

Aim, set, release! Learn archery fundamentals, shooting skills and safe conduct. **Offered by Wichita Shooting Stars.** Contact Linwood Recreation Center for more information. Ages 8+.

Code	Location	Classes	Begins	Day	Time	Fee
9732	Archery Range	5	4/18	M	5:45p-7:15p	\$20
9733	Archery Range	5	4/19	Tu	5:45p-7:15p	\$20

Boxing Basics

Float like a butterfly, sting like a bee! Learn proper techniques such as stance, jabs, power punches, footwork, hooks and uppercuts. Also learn strategies to prepare for a match. This no-contact class features punching bags, speed bags and punching mitts. Boxing gloves provided or bring your own.



Code	Location	Classes	Begins	Day	Time	Fee
Beginning (Women)						
9764	Atwater	8	3/21	M	6:00p-6:45p	\$26
9766	Atwater	8	3/24	Th	7:00p-7:45p	\$26
10177	Atwater	8	3/26	Sa	2:00p-2:45p	\$26
Beginning (Men)						
9767	Atwater	8	3/22	Tu	6:45p-7:30p	\$26
10178	Atwater	8	3/26	Sa	3:00p-3:45p	\$26
Intermediate (Women)						
9765	Atwater	8	3/21	M	7:00p-7:45p	\$26
Intermediate (Men)						
9768	Atwater	8	3/23	W	6:45p-7:30p	\$26
10180	Atwater	8	3/26	Sa	12:00p-12:45p	\$26
Intermediate (Coed)						
9769	Atwater	8	3/24	Th	6:00p-6:45p	\$26
10179	Atwater	8	3/26	Sa	4:00p-4:45p	\$26

Boxing Private Lessons

One-on-one training is the fastest way to improve your boxing skills and experience a dynamic workout!

- \$15 per 30-minute lesson
- By appointment only
- Ages 6+
- Held at Atwater Neighborhood Resource Center
- Contact Lynette Woodard Recreation Center for schedule and to register
- No membership required!



Mini Golf Tournament

Sink the putt! Enjoy 18-holes of fun and friendly competition. The winner of both the youth and adult age group receives a trophy. Runners-up will also receive prizes. Then wrap up the evening with a juicy hot dog and cold drink. Ages 6+.

Code	Location	Classes	Begins	Day	Time	Fee
9895	Watson	1	5/4	W	7:00p-9:00p	\$6

GET FIT WICHITA! **SPRING CYCLE SPECTACULAR**

SATURDAY, APRIL 16

Two rides offered:
9:30am-10:30am
& 11am-12pm

Join these **FREE** outdoor cycle classes at Lawrence-Dumont Stadium. Doors open at 9am.

Stationary bikes are provided.

Call 268.4259 for information.

15th Annual ARKANSAS RIVER TRASH ROUNDUP

Saturday, April 23 | 9am-noon

BRING YOUR FRIENDS, FAMILY, COWORKERS!

Meet in the Lawrence-Dumont Stadium parking lot.
Wear sturdy shoes and clothes that can get dirty.

When you pick up river trash you protect water quality, animals that call the river "home," Wichita's image and all the communities downstream - from Derby to the Gulf of Mexico.



- Check-in 8:30am at Lawrence-Dumont Stadium.
- Enjoy a post-cleanup cookout with the City of Wichita, Cargill, Spirit AeroSystems and Ducks Unlimited.

Search "2016 Arkansas River Trash Roundup" on facebook . Contact Cindy Le at cle@wichita.gov or call 350.3386.





Pickleball – Introduction

You'll relish Pickleball! This sport is a combination of table tennis, badminton and tennis. Get introduced to the game, practice skills and hone your technique. Session concludes with a round robin mini-tournament.

Code	Location	Classes	Begins	Day	Time	Fee
9852	Edgemoor	5	3/21	M	1:30p-2:30p	\$21

Pickleball - Open Gym

Calling all Pickleball lovers! Beginners to advanced players will get a workout and improve skills by dropping in for these quick, fast-paced pick-up games. Fee is per visit.

Code	Location	Classes	Begins	Day	Time	Fee
9907	Boston	10	3/23	W	7:00p-9:00p	\$2
9908	Edgemoor	11	3/22	Tu	1:00p-3:00p	\$2
9909	Edgemoor	11	3/25	F	1:00p-3:00p	\$2
9910	Edgemoor	11	3/26	Sa	1:00p-3:00p	\$2

Sand Volleyball League - Coed Team

Bump it up! This 6-on-6 self-officiated league is for beginning to intermediate players who are proficient in all skills and court strategy. An award is given to the first place team. The fee is per team with a maximum of eight on a roster and you must have all players' information and payment to register. Call Watson Park if you are an individual wishing to join a team. Ages 18+.



Code	Location	Classes	Begins	Day	Time	Fee
9919	Watson	6	4/5	Tu	6:15p-8:00p	\$60

Spring, Set, Spike! Sand Volleyball Tourney **NEW!**

Teams will enjoy a day of sun and sand in this 6-on-6, coed tournament. Pool play is held in the morning followed by bracket play, with all teams going to bracket. Standard Watson Park rules apply and teams are guaranteed four games. No online registration. Register directly at Watson. Fee is per team.

Code	Location	Classes	Begins	Day	Time	Fee
9717	Watson	1	5/21	Sa	8:00a-8:00p	\$60

Tennis

Game, set, match! Learn the fundamentals of tennis including rules and game strategies.

Code	Location	Classes	Begins	Day	Time	Fee
9982	Edgemoor	5	4/19	Tu	7:00p-8:00p	\$25
10064	Woodard	5	4/14	Th	7:00p-8:00p	\$25

Volleyball - Coed Individual

Bump it up! Join this self-officiated intermediate level league. Proficiency in all skills and court strategy required. No online registration. Fee is per visit.

Code	Location	Classes	Begins	Day	Time	Fee
10006	McAdams	10	3/21	M	5:30p-7:00p	\$3

DANCE



Belly Dance

Shimmy your way into shape as you isolate and work various body parts such as shoulders, chest and stomach. For beginners only.

Code	Location	Classes	Begins	Day	Time	Fee
9759	Linwood	8	3/23	W	6:00p-7:00p	\$30

Belly Dance Combinations and Props

Take your skills to the next level with new dance steps in this intermediate class. Discover how to use props such as veils, canes and zils.

Code	Location	Classes	Begins	Day	Time	Fee
9761	Linwood	8	3/23	W	7:00p-8:00p	\$30

Belly Dance II

Shimmy your way to the top! This intermediate class builds on Belly Dance basic skills with additional dance steps and an introduction to choreography. Also learn about performance preparation techniques.

Code	Location	Classes	Begins	Day	Time	Fee
9762	Linwood	8	3/24	Th	6:00p-7:00p	\$30

Belly Dance Choreography

The hips don't lie! Experienced belly dancers will progress into advanced moves and belly dance choreography. Instructor approval required for this advanced class.

Code	Location	Classes	Begins	Day	Time	Fee
9760	Linwood	8	3/24	Th	7:00p-8:00p	\$30

Clogging

Feel the beat in this high energy folk dance! Learn to create audible rhythms with your feet. You must provide your own clogging shoes.

Code	Location	Classes	Begins	Day	Time	Fee
9787	Kiwanis	10	3/21	M	6:00p-7:00p	\$38



Country Line Dance

Get your boots a scootin'! Learn the most popular dances such as the Tush Push and more. No partner required. Edgemoor class uses a variety of music styles.

Code	Location	Classes	Begins	Day	Time	Fee
Beginning						
9795	Edgemoor	10	3/21	M	5:30p-6:15p	\$29
9796	Linwood	10	3/22	Tu	6:30p-7:30p	\$38
9793	Orchard	10	3/24	Th	6:30p-7:30p	\$38
Intermediate						
9794	Orchard	10	3/24	Th	7:45p-8:45p	\$38

Country Western Dance

Kick up your heels! Learn country dances such as the two-step, triple-step and waltz. Learn to negotiate a crowded dance floor, matching dances with music and how to lead and follow. Fee is per couple. No online registration; call to register.

Code	Location	Classes	Begins	Day	Time	Fee
9797	Edgemoor	10	3/21	M	6:30p-7:15p	\$54

4

WAYS TO REGISTER:
Online, by phone, by mail
or in person - see page 47



Foxtrot & Rumba

Make your move! Embrace the long, continuous flowing movements of the Foxtrot as you travel smoothly across the dance floor. Then shake things up with the Rumba which uses strong hip action, wraps, underarm turns and complex footwork set to a Latin beat. Fee is per couple. No online registration; call to register.

Code	Location	Classes	Begins	Day	Time	Fee
9822	Edgemoor	10	3/21	M	7:30p-8:15p	\$54

Latin Dancing

Spice up your moves while learning the Salsa, Mambo, Cha-Cha, Rumba and Cumbia dance techniques. Fee is per person. Partner not required.

Code	Location	Classes	Begins	Day	Time	Fee
9875	Boston	9	3/24	Th	5:30p-6:30p	\$32
9876	Edgemoor	10	3/22	Tu	5:45p-6:30p	\$27



Party on the Dance Floor

Busta move! Update your dance steps and improve your confidence on the dance floor at clubs, parties or weddings. Learn hip hop, shufflin', popping and body rolls. Also learn popular group dances such as the Cupid Shuffle, Cha-Cha Slide and the Wobble.

Code	Location	Classes	Begins	Day	Time	Fee
9903	Evergreen	6	3/26	Sa	9:00a-10:00a	\$22

West Coast Swing Dance

Get into the swing of things! This popular form of swing uses current styles of music such as Blues, Country, Oldies, Rock and Roll and Swing. Basic movements consisting of triple-steps in either six or eight counts of music will be taught along with timing patterns and basic turns. Fee is per person. Couples encouraged.

Code	Location	Classes	Begins	Day	Time	Fee
10020	Edgemoor	10	3/22	Tu	7:00p-7:45p	\$27

MUSIC



Drums Private Lessons

Feel the beat! Learn proper grip, stroke technique, rhythms, patterns and different drumming styles on snare drums and a drum kit. No online registration. Contact Woodard Recreation Center for schedule and to register. Fee is \$13 per 30-minute lesson. Ages 7+.

Guitar

Strum your heart out! Learn guitar basics including tuning, strumming chords, understanding guitar charts, tablature and reading music. Students must bring own guitar. Ages 16+.

Code	Location	Classes	Begins	Day	Time	Fee
9831	Linwood	8	3/22	Tu	7:30p-8:30p	\$33



Guitar Private Lessons

Play like a rock star! Learn basic mechanics, chords, scales, notes, tuning, reading music and tablature. Learn to play all styles of music. Purchase of book is required after the first lesson. Amp and acoustic or electric guitar are available or bring your own. No online registration. Contact Woodard Recreation Center for schedule and to register. Fee is \$13 per 30-minute lesson. Ages 7+.

Mandolin Private Lessons

Don't fret! These lessons cover posture, basic techniques, reading music and chord formation. No online registration. Contact Evergreen Recreation Center for schedule and to register. Fee is \$13 per 30-minute lesson. Ages 6+.



Piano Private Lessons

Let your fingers do the walking! Begin with the foundations of piano including notes, chords, staff, rhythm, phrasing and dynamics. Purchase of piano book required after first session. No online registration. Contact Woodard Recreation Center for schedule and to register. Fee is \$13 per 30-minute lesson. Ages 7+.

ART

Abstract Painting

Reveal your inner artist! Abstract painting is a great place to start for those who think they can't paint. Use creative application techniques with paint scrapers, credit cards or a putty knife. Learn about layering, textures and techniques from other famous artists and create a mixed media collage. Contact Edgemoor for supply list.

Code	Location	Classes	Begins	Day	Time	Fee
9721	Edgemoor	10	3/24	Th	1:15p-2:15p	\$46



Color and Chat **NEW!**

Rediscover the joys of coloring! Reduce stress and increase calmness while enjoying adult conversation and camaraderie. Coloring sheets and colored pencils provided.

Code	Location	Classes	Begins	Day	Time	Fee
10152	Woodard	5	3/22	Th	6:15p-7:00p	\$12

Introduction to Drawing

Draw with confidence! Use proper techniques to sketch lines, curves and geometric shapes. Bring drawings to life with the use of shadows, shading, texture and perspective. All supplies provided.

Code	Location	Classes	Begins	Day	Time	Fee
9851	Linwood	4	3/24	Th	7:15p-8:30p	\$24

Oil Painting

Dream big as you choose your next project! Work one-on-one with the instructor to boost your artistic skills. This course is for everyone from basic to advanced painters. Bring supplies.

Code	Location	Classes	Begins	Day	Time	Fee
9902	Edgemoor	10	3/21	M	1:30p-3:30p	\$67



Plein Air Drawing **NEW!**

Be chic and paint outdoors! Let nature inspire you as you experiment with charcoal, pencil, ink and pastels. Gain knowledge of composition, lines and scale to make the drawings accurate and expressive. Learn how to render an image quickly. Create an image each week. Ages 14+.

Code	Location	Classes	Begins	Day	Time	Fee
9709	Evergreen	8	3/30	W	6:30p-8:00p	\$48

Portrait Drawing

Heads up! Learn to understand the proper proportions of the head, eyes, nose, mouth and ears. Shading and drawing details to add depth are also taught. Ages 14+.

Code	Location	Classes	Begins	Day	Time	Fee
9916	Evergreen	6	3/28	M	6:30p-8:00p	\$44

Storytelling Through Art

A picture is worth a thousand words! Cavemen and Egyptians used images to convey their story. Learn the art of developing concepts or ideas so you can convey your story in illustrations, album covers or ads. All supplies provided.

Code	Location	Classes	Begins	Day	Time	Fee
9963	Linwood	4	4/21	Th	7:15p-8:30p	\$24

O.K. KIDS DAY

Watson Park | Saturday, April 30

9am-noon

An event for families with kids ages 5-12

FREE!

NATURE & OUTDOORS

Arkansas River History Stroll

Join a park historian for a downtown walking tour along the Arkansas River. Learn more about the island that formerly housed an amusement park and baseball field, Delano's early rowdy days and the architectural elements in bridges and buildings.

Code	Location	Classes	Begins	Day	Time	Fee
9735	Arkansas River	1	5/26	Th	5:30p-7:00p	\$10

Become a Beekeeper

What's the buzz about? This beginning course teaches beekeeping essentials including equipment, caring for and collecting bees and developing and harvesting honey. Instructor provides continued support once your hive has been established. **Presented by American Bee Removal.**

Code	Location	Classes	Begins	Day	Time	Fee
9758	Orchard	10	3/31	Th	7:00p-8:30p	\$49

Advanced Bee Management

Get your hive to thrive! Protect your investment by learning about cell building methods and how to cycle a nuc hive. Emphasis is on queen rearing, replacement and cell grafting to strengthen colonies. **Presented by American Bee Removal.**

Code	Location	Classes	Begins	Day	Time	Fee
9722	Orchard	6	3/21	M	7:00p-8:30p	\$30



Canoe & Kayak Clinic

You'll be rollin' on the river! Get an introduction to kayak/canoe equipment along with basic paddling techniques, maneuvering and water safety. Then kick back and enjoy perfecting those paddling skills. **Presented by the Kansas Canoe and Kayak Club.** Ages 10+. On-site adult supervision required for youth ages 10-15.

Code	Location	Classes	Begins	Day	Time	Fee
9774	Watson	1	5/7	Sa	8:00a-10:00a	\$15
9775	Watson	1	5/7	Sa	10:30a-12:30p	\$15

FREE

O.K. KIDS DAY D.I.Y. NATURE

SATURDAY, MAY 7 | 10am-3pm

Show the kids how easy it is to be involved and active with nature. Crafts, displays, archery & fishing clinics and live animal presentations throughout the day. Suitable for all ages.



GREAT PLAINS NATURE CENTER

6232 E. 29th St. North 683.5499

www.gpnc.org

Grandparent & Me: Spring Fling

Spring has sprung! Celebrate spring and enjoy nature while making a special butterfly snack that's pretty to look at and fun to eat. Then go on a train ride scavenger hunt! Enjoy miniature golf and other spring time activities. Fee is per child. Adult is free and does not need to register. Maximum two children per adult. Ages 3-8.

Code	Location	Classes	Begins	Day	Time	Fee
9830	Watson	1	4/9	Sa	10:30a-11:45a	\$12



North Riverside Park History Stroll

Where did the cannon go? Let a park historian answer this question and share the rich history associated with the park such as the Boy with a Boot Fountain, the Lily Pond, L.W. Clapp's Art Deco Comfort Station and the Riverside trolley car line. Learn about the remarkable Laura Ford Buckwalter, without whom there would be no Park Villa. Meet at the Park Villa parking lot, 1029 N. Bitting.

Code	Location	Classes	Begins	Day	Time	Fee
9901	N Riverside Pk	1	5/17	Tu	5:30p-7:00p	\$10

HOBBIES & LEISURE



Aromatherapy

Let fragrance help your mind, body and spirit! Discover the benefits of essential oils, their properties and therapeutic uses. Learn blending techniques and then create your own alternative blends to take home.

Code	Location	Classes	Begins	Day	Time	Fee
9736	Linwood	3	5/4	W	5:00p-7:00p	\$55



Crochet Basics

This class will have you in stitches! Learn tools, techniques, yarn selection and stitches ranging from simple to ornate. Create objects like coasters, dishcloths and flowers. Supplies provided.

Code	Location	Classes	Begins	Day	Time	Fee
9800	Orchard	3	4/7	Th	6:00p-8:00p	\$24

Leather Crafting: Journal Cover

The great cover up! Use basic materials and apply techniques to make your own leather bound journal with exposed/sewn bindings. Cut and sew leather using the long-stitch and practice with methods for creating closures. Supplies provided. Ages 10+.

Code	Location	Classes	Begins	Day	Time	Fee
9878	Edgemoor	4	3/21	M	6:15p-7:45p	\$36



Leather Crafting: Steampunk Belt Bag

We've got gadgets and gizmos aplenty! Cut, carve and tool symbols or images into your belt bag to give it a Steampunk flair. The use of closures such as buckles, clasps and snaps makes it perfect for Cosplay and Renaissance fairs. Ages 10+.

Code	Location	Classes	Begins	Day	Time	Fee
9879	Edgemoor	4	4/25	M	6:15p-7:45p	\$36

Mah Jongg

The great brain game! Use skill and strategy in this game played with 152 domino-like tiles. Apply American Mah Jongg moves to develop strategies and create a winning hand. Rules and standards of the National Mah Jongg League are used.

Code	Location	Classes	Begins	Day	Time	Fee
9891	Edgemoor	5	3/26	Sa	9:30a-11:30a	\$36

Intermediate

9892	Edgemoor	4	3/26	Sa	12:30p-2:30p	\$29
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Mah Jongg Strategies

Get ahead of the game! Intermediate players will learn about new strategies for choosing and developing a hand, changing hands and defensive play. Receive additional coaching tips during game play.

Code	Location	Classes	Begins	Day	Time	Fee
9893	Edgemoor	3	5/7	Sa	12:30p-2:30p	\$22

Natural Soap Making

This is no soap-on-a-rope! Hear about the history of soap making, then craft your own signature soaps using melt and pour techniques and cold-process methods. Utilize aromatherapy to create your own recipes.

Code	Location	Classes	Begins	Day	Time	Fee
9897	Linwood	1	3/23	W	5:00p-8:00p	\$35
9899	Orchard	1	3/31	Th	5:00p-8:00p	\$35

Intermediate

9898	Linwood	1	5/14	Sa	1:00p-4:00p	\$35
9900	Orchard	1	5/7	Sa	1:00p-4:00p	\$35



Quilting Workshop **NEW!**

You've got this sewn up! Beginners will learn about machine settings, fabric selection, measuring, cutting, reading cutting templates and quilting patterns. A basic project will be completed. All supplies and sewing machines provided.

Code	Location	Classes	Begins	Day	Time	Fee
9710	Evergreen	2	4/2	Sa	10:00a-11:30a	\$25

Sewing Basics

It's sew simple! Learn to operate basic features on a sewing machine and find out about the essential sewing tools and accessories. Basic troubleshooting is discussed as well as practicing simple machine utility stitches, zipper installation, elastic insertion and button holes. All supplies included. Ages 18+.

Code	Location	Classes	Begins	Day	Time	Fee
9924	McAdams	10	3/25	F	12:30p-2:00p	\$45
9925	McAdams	10	3/26	Sa	12:30p-2:00p	\$45



Terrarium Workshop **NEW!**

Bring nature inside! Receive hands-on guidance to building and maintaining a closed terrarium. Materials are provided for each student to build a two-gallon, closed glass aquarium using ferns and other tropical plants. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
9719	Linwood	1	4/2	Sa	1:00p-3:00p	\$55



**REGISTER EARLY
CLASSES FILL FAST!**

SPECIAL INTEREST

Couples Relationship Training

Can we talk? Improve your communication skills and help strengthen relationships with the help of a Licensed Clinical Manager and Family Therapist. Learn how to discuss serious issues like finances, intimacy, parenting and family in a fun and interactive environment. Fee is per couple. No online registration; call to register.

Code	Location	Classes	Begins	Day	Time	Fee
9727	Atwater	5	3/26	Sa	10:00a-11:30a	\$10



Digital Photography Basics

Learn to use that new camera you got for Christmas! Beginning shutterbugs will explore camera functions, composition, editing, printing and archiving. Utilization of free image editing and management programs is also taught as a way to enhance your photography. Bring camera and memory card.

Code	Location	Classes	Begins	Day	Time	Fee
9803	Edgemoor	3	4/7	Th	6:00p-8:00p	\$25
9804	Orchard	2	3/28	M	6:00p-8:00p	\$17

Digital Photography for the SLR User

Enhance your photography skills! Bring your removable-lens camera and prepare to learn settings, depth of field, composition and troubleshooting. Bring camera manual and digital work examples. Non-SLR owners may attend as much of the class content applies to point-and-shoot cameras.

Code	Location	Classes	Begins	Day	Time	Fee
9805	Orchard	3	4/18	M	6:00p-8:00p	\$25

Genealogy for Beginners

Shake your family tree! Begin researching your family history using genealogy forms, census materials, vital records and internet tips. **Presented by the Wichita Genealogical Society.**

Code	Location	Classes	Begins	Day	Time	Fee
9826	Edgemoor	4	4/5	Tu	6:00p-7:30p	\$22



Genealogy: Beyond the Basics

It's all relative! Use advanced resources to aid in your genealogical research. Develop a timeline, track your ancestors' migration and incorporate military records and cemeteries in your research. **Presented by the Wichita Genealogical Society.**

Code	Location	Classes	Begins	Day	Time	Fee
9825	Edgemoor	4	5/3	Tu	6:00p-7:30p	\$22

Ghost Academy

Is there something strange, in your neighborhood? Learn the technical aspects of equipment, terminology, techniques, types of paranormal activity and evidence review. Hear actual investigation recordings from the Sedgwick County Historical Museum, Cowtown, Orpheum Theater and others. **Presented by the Wichita Paranormal Research Society.**



Code	Location	Classes	Begins	Day	Time	Fee
9829	Linwood	1	4/23	Sa	1:00p-4:00p	\$15

Identity Theft Workshop

Protect yourself! Learn the six major areas of identity theft, how it happens and ways of minimizing the risk to you AND the minors in your household. Restoration services and credit monitoring plans will also be discussed. **Presented by Harvard Risk Management Corporation.**

Code	Location	Classes	Begins	Day	Time	Fee
9848	Edgemoor	1	3/24	Th	6:00p-7:00p	\$4
10175	Evergreen	1	3/28	M	6:30p-7:30p	\$4
10176	Evergreen	1	5/9	M	6:30p-7:30p	\$4



Infant Massage

When your baby feels better, you feel better! Discover how massage techniques can help your baby relax and stay calm. Then practice the techniques which can result in less crying, improved circulation, relief of congestion or gas all while enjoying that special bonding time. Registration fee covers both parent and child. Ages 1 month-1 year.

Code	Location	Classes	Begins	Day	Time	Fee
9849	Linwood	4	3/27	Su	3:00p-5:00p	\$40

Introduction to Computers

You have a computer; now what? First-time users will get acquainted with the parts of a computer, operating system and common functions. Create a Microsoft Word document, capture a screen image, manage files and folders, generate emails and navigate web sites. Computer safety and back-ups will also be discussed.

Code	Location	Classes	Begins	Day	Time	Fee
9850	Orchard	8	3/23	W	6:00p-7:00p	\$34

Learn to be a Clown

Start clowning around! Learn all aspects of clownmanship including makeup, costuming, character development and performance skills. Balloon twisting and skits are also covered. Entertain your family and friends during a graduation performance. Starter make-up kit provided. **Presented by Kansas Ringleaders Clown Alley.** Ages 14+.

Code	Location	Classes	Begins	Day	Time	Fee
9877	Linwood	8	3/23	W	7:00p-9:00p	\$45



Self-Publishing Made Easy

Advances in technology make self-publishing easy! Explore the pros and cons of several publishing options as well as distribution outlets and marketing tools. Also learn how to find editors and graphic designers.

Code	Location	Classes	Begins	Day	Time	Fee
9923	Linwood	2	4/2	Sa	1:00p-2:30p	\$12

DO IT YOURSELF

Drywall Repair

Say goodbye to those holes, cracks and dents! This hands-on workshop will cover wall preparation, drywall compound application along with sanding and finishing techniques. **Presented by The Home Depot.**

Code	Location	Classes	Begins	Day	Time	Fee
10160	Linwood	1	4/2	Sa	10:00a-12:00p	\$8

Ceramic Tile Installation

You've got it covered! Learn to install ceramic tile on floors, walls and countertops. Get tips on grouting like a pro for stunning results. **Presented by The Home Depot.**

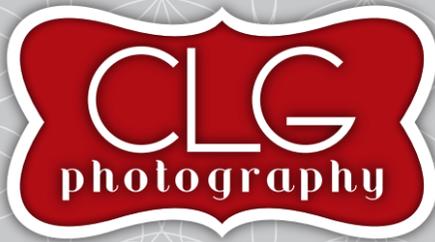
Code	Location	Classes	Begins	Day	Time	Fee
10161	Linwood	1	4/23	Sa	10:00a-12:00p	\$8



Simple Concrete Repairs

Sometimes home ownership isn't all it's cracked up to be! Learn to fix cracks in the driveway, sidewalks and patio along with small areas of scaling. Also learn how to replace that missing chunk off your front step. **Presented by The Home Depot.**

Code	Location	Classes	Begins	Day	Time	Fee
10162	Linwood	1	5/14	Sa	10:00a-12:00p	\$8



Cassie Gillespie
owner

101 W. Spring Ave. • Conway Springs, KS
620.456.3545

clgphotography.net

WORLD FOOD TOUR

Learn how to cook simple dishes with big flavors in this series of **NEW!** hands-on classes. Presented by BETA@Butler Community College. Registration deadline is the Monday prior to the day of class.



Sushi **NEW!**

Learn to roll your own like a pro and take home a sushi mat. Instruction will cover California rolls, inside-out rolls, deep-fried sushi and more, plus accompanying sauces.

Code	Location	Classes	Begins	Day	Time	Fee
10154	Boston	1	3/23	W	6:30p-8:30p	\$29



Thai **NEW!**

This exciting cuisine has a blend of hot, sour, salty and sweet ingredients. Learn how to make pad thai, beef satay, coconut curry and more.

Code	Location	Classes	Begins	Day	Time	Fee
10155	Boston	1	4/6	W	6:30p-8:30p	\$29



Mexican **NEW!**

Discover the time-honored techniques for authentic Mexican food. This lesson will put salsas, enchiladas, carnitas, chicken mole and much more within your reach.

Code	Location	Classes	Begins	Day	Time	Fee
10156	Boston	1	4/20	W	6:30p-8:30p	\$29



Italian **NEW!**

It's the food of love and a food lover's favorite. From the spicy red sauces of the south to the rich cream dishes of the north, get a quick tour of Italy's delicious cuisine.

Code	Location	Classes	Begins	Day	Time	Fee
10157	Boston	1	5/4	W	6:30p-8:30p	\$29



Indian **NEW!**

Indian foods are both exotic and familiar at the same time. Learn to make dishes such as curry, naan, tandoori chicken and more.

Code	Location	Classes	Begins	Day	Time	Fee
10158	Boston	1	5/18	W	6:30p-8:30p	\$29



New Orleans **NEW!**

Complete the tour in one of the top American food cities. Jambalaya, Bananas Foster, muffalettas and crawfish pie -- me-oh-my! -- are just some of the dishes you'll prepare.

Code	Location	Classes	Begins	Day	Time	Fee
10159	Boston	1	5/25	W	6:30p-8:30p	\$29

COOKING

Cooking for Yourself

Be your own personal chef! Individuals with intellectual disabilities will learn to cook healthy meals and snacks. Learn how to measure, follow a recipe and select the right foods and ingredients to make the food melt in your mouth. Registration deadline is 4/4. Ages 18+.

Code	Location	Classes	Begins	Day	Time	Fee
9788	Orchard	4	4/6	W	5:30p-7:00p	\$25



Cooking Matters **NEW!**

Cook healthy, even on a budget! Learn meal planning and budgeting, go on a grocery store tour, prepare dinners in class and take home groceries to practice at home. Space is limited for this free program. Register directly at Lynette Woodard. This cooking series is made possible by the Greater Wichita YMCA. Ages 18+.

Code	Location	Classes	Begins	Day	Time	Fee
10163	Atwater	6	3/1	Tu	5:30p-7:30p	FREE



Quick Dinners **NEW!**

Bypass that fast food restaurant! The whole family will love these cost-friendly dinners that can be prepared in 30 minutes. Make healthy versions of traditional favorites such as tuna boats, sloppy joes and chicken nuggets. **Presented by K-State Extension.**

Code	Location	Classes	Begins	Day	Time	Fee
10151	Atwater	1	4/4	M	6:00p-7:30p	\$10



Soul Food Cooking

Southern cuisine is good for the soul! Learn to dish up homemade fried chicken, fried catfish, macaroni and cheese, mustard greens, yams and barbecued ribs. Leave your guests craving more at your next dinner party.

Code	Location	Classes	Begins	Day	Time	Fee
9941	McAdams	5	3/24	Th	6:00p-7:00p	\$25

Thank you

TO OUR COMMUNITY PARTNERS:

- American Bee Removal
- BETA@Butler Community College
- Greater Wichita YMCA
- Harvard Risk Management Corporation
- Kansas Ringleaders Clown Alley
- The Home Depot
- Wichita Genealogical Society
- Wichita Paranormal Research Society
- Wichita Shooting Stars

**REGISTER EARLY
CLASSES FILL FAST!**

LANGUAGES



American Sign Language

Let your hands do the talking! We'll teach you to spell the alphabet along with simple words and phrases.

Code	Location	Classes	Begins	Day	Time	Fee
9726	Evergreen	8	3/21	M	6:30p-7:30p	\$28
9728	Woodard	8	3/24	Th	6:00p-7:00p	\$28

Spanish

Boost your communication skills by learning a new language! Practice common words, phrases and sentence structures. Edgemoor class requires the textbook "Spanish in 10 Minutes a Day."

Code	Location	Classes	Begins	Day	Time	Fee
9942	Edgemoor	10	3/23	W	5:30p-7:00p	\$45
9944	Evergreen	10	3/22	Tu	6:30p-8:00p	\$45
9943	Evergreen	10	3/26	Sa	10:00a-11:30a	\$45
9945	Orchard	10	3/21	M	10:00a-11:30a	\$45
9946	Orchard	10	3/21	M	6:30p-8:00p	\$45



Spanish in the Workplace

A little goes a long way! Learn basic vocabulary words, key phrases and structures needed to have simple conversations with Spanish-speaking customers, patients and co-workers.

Code	Location	Classes	Begins	Day	Time	Fee
9947	Linwood	8	3/22	Tu	6:30p-8:00p	\$36



Vietnamese

Good morning Vietnam! This introduction to the Vietnamese dialect includes the phonetic system and Vietnamese script with focus on features such as alphabet, grammar, pitch and tones. Practice simple exchanges such as introductions, greetings, time and money.

Code	Location	Classes	Begins	Day	Time	Fee
10005	Linwood	8	3/22	Tu	6:30p-8:00p	\$36



RENTALS

birthdays | reunions | graduations
picnics | wedding & bridal showers

Whatever the occasion, we have a location for your event. Call today to check availability or reserve!

COMMUNITY FACILITIES

Location	Address	seats	kitchen	phone
Fairmount Park	1647 N. Yale	60	no	303.8015*
Goldenrod Park	1340 S. Pattie	150	yes	337.9191
Hyde Park	201 S. Greenwood	150	yes	688.9392
Kiwanis Park	5101 W. 2nd St. North	150	yes	337.9244
Minisa Park	704 W. 13th St. North	110	yes	303.8036
Park Villa	1029 N. Biting	50	partial	337.9222
Watson Park	3022 S. McLean Blvd	50	no	529.9940 *

Community Facility rental fees are \$180 for four hours (minimum) plus a \$100 damage deposit. Each additional hour is \$45.

Visit wichita.gov/ParkandRec for complete rules and regulations.

*Different rates apply. Call for details.



OPEN SHELTERS

Enjoy a covered space for your event! Many feature amenities such as tables, electricity, charcoal grills, nearby restrooms and more!

Please note that additional permits and fees may be required for amplification and extra elements such as moonbounces/inflatables and staging. Call 268.4152 for information on these requests.

For complete rules and regulations regarding all rentals, visit Wichita.gov/ParkandRec

All open shelters are first-come-first-serve or \$65 to reserve. Call 268-4361 for details.		
Boston Park	Leon Robinson Park	River Corridor Gazebo (Drury Hotel)
Buffalo Park	Lincoln Park Gazebo	
Cessna Park East	Linwood North Park	Schweiter Park
Cessna Park West	Longview Park Gazebo	Sim Park
Chisholm Creek	McAdams Park	Sycamore Park
Emery Memorial Park	Murdock Park	Watson Park *
Garvey Park	North Riverside Park Gazebo	West Douglas Park
Dr. Glen Dey Park	Pawnee Prairie Park	West Millbrook Park
Herman Hill Park	Planeview Park	Woodland Park

AWARD-WINNING WICHITA PARK & RECREATION!

Kansas Recreation & Park Association recently awarded Wichita Park & Recreation these honors at the annual KRPA conference:

- Distinguished Elected Official: Bryan Frye, City Council District 5
- Aquatics Award Professional: Brian Hill
- Sports Professional: Mickey Lara
- Sports New/Innovative Program-FootGolf: Troy Hendricks
- Park and Natural Resources Innovative Project: Warren McCoskey and Lee Ann Sack
- Recreation Innovative Program-Barry's Recreation Station: Barbara McGuire

We are committed to being the best in the country!

ADULT SPORTS LEAGUES

Men's and Coed Summer League Slow-Pitch Softball

Recreational and competitive leagues available. Double headers are played on the night of your choice. Single player pools are available for those without enough players to fill a team. Season consists of 16 games. Games are played various nights of the week.

Registration Begins: February 22

Registration Ends: May 20

Fee per Team: \$485 (\$15 late registration fee after May 20)

Season Starts: Week of June 5

Locations: South Lakes, Kansas Sports Hall of Fame Complex & West Douglas

Softball Tournaments

Pick one or sign up for all of these softball tournaments during 2016. All tournaments guarantee a minimum of three games played. All tournaments are held at South Lakes and are \$190 per team.

Date	Tourney Name	Group	Register by
March 5	March Madness	Men's	2/26
April 4	April Thunder	Men's	4/1
April 30	Mixed Mayhem	Coed	4/22
May 7	May Hits	Men's	4/29
June 4	Riverfest	Men's	5/27
June 11	Riverfest	Coed	6/3
July 17	Tanner's All Night Bash	Men's	7/8
October 29	Duck Soup (*\$175)	Coed	10/29

Adult Soccer 6v6 Riverfest Tournament

Kick it at the Wichita Riverfest! Teams consist of five field players and one goalie on a reduced size field. Games consist of 25 minute halves.

Registration Begins: February 22

Men's Registration Ends: May 29

Men's Tourney Date: June 4

Coed Registration Ends: June 3

Coed Tourney Date: June 11

Fee per Team: \$200

Location: Stryker Soccer Complex

Dr. Glen Dey Park: 2801 N. Grove, 67219

Orchard Park Miracle Field: 4808 W. 9th St., 67212

McAdams Baseball Field: 1329 E. 13th St., 67214

West Douglas Armory: 3201 W. Douglas, 67213

LOCATIONS:

YOUTH SPORTS LEAGUES

Youth Coed T-Ball

T-Ball is a great first sport! Kids learn baseball fundamentals while developing social skills and learning to take instruction from coaches - all while making friends, having fun and learning a new game! Teams are guaranteed eight games and everyone receives a jersey and a medal.

Registration Begins: February 22

Registration Ends: May 6

Days: Monday & Wednesday

Season Starts: June 6

Fee per player: \$55

Location: Orchard Park Miracle Field



Youth 7 on 7 Flag Football

Drop the pads! Get a jumpstart on the fall tackle football season by practicing play formations and improving conditioning in this flag football league. Build chemistry and teamwork in a competitive setting.

Registration Begins: February 22

Registration Ends: May 20

Season Starts: June 4

Fees: \$200 per team

Location: Dr. Glen Dey Park



Girls Youth Softball

Sign up individually or as an established team! Individuals are placed on teams based on their location within the city. Season consists of eight games and a post-season tournament and everyone receives a jersey. Coaches are all volunteers; please let us know if you're interested in coaching.

Registration Begins: February 22

Registration Ends: April 29

Season Starts: May 31

Fee per player (12 & under): \$55

Fee per player (14 & under): \$60

Fee per player (16 & under or 18 & under): \$65 per player/\$650 per team

Location: Kansas Sports Hall of Fame Complex

Boys Rookie League Baseball

Crank up the competition! Top high school talent will compete at the highest level. Games are played 6-10pm Monday through Thursday for 10 weeks. Junior League ages 14-16. Senior League ages 16-18.

Registration Begins: February 22

Registration Ends: May 14

Fees: \$1,200 per team

Season Starts: April 25

Locations: McAdams & Kansas Sports Hall of Fame Complex



RALPH WULZ RIVERSIDE TENNIS CENTER

551 Nims | 337.9257

Mon-Thur: 8:30am-9:00pm
 Fri: 8:30am-8:00pm
 Sat: 8:00am-3:30pm
 Sun: 11:00am-7:00pm



COURT RATES

Indoor courts may be reserved in person or by phone by calling RWRTC after 10:00am. Reservations are accepted up to three days in advance using a Visa or MasterCard debit/credit card.

Cancellations must be made 24 hours in advance.

Indoor \$18/hour Outdoor \$4/hour



Contact RWRTC to schedule private instruction.

Director of Tennis
 Private (1 or 2 people) \$48/hour
 Semi-Private (3 or 4 people) \$60/hour

Certified Staff Pro
 Private (1 or 2 people) \$40/hour
 Semi-Private (3 or 4 people) \$54/hour

ADULT GROUP LESSONS

Beginner Drill

This drill is for new players with little or no experience. The emphasis is on stroke production and includes some point play.

Dates	Day	Time	Daily Fee
April 3 - June 5	Su	11:30a-1:00p	\$15

Intermediate Drill

Perfect for players with some experience who want to gain strategy guidance. The first half is spent refining technique while the second half is spent introducing doubles strategy. Some ability to rally is required to participate.

Dates	Day	Time	Daily Fee
April 3 - June 5	Su	1:00p-2:30p	\$15

Advanced Drill

Designed for players with experience, this drill spends the first half focusing on stroke production and the second half is spent working on doubles strategy and patterns of play. Ability to rally consistently is required.

Dates	Day	Time	Daily Fee
April 6 - June 1	W	6:30p-8:00p	\$15
April 9 - June 4	Sa	9:00a-10:30a	\$15

JUNIOR GROUP LESSONS



All participants are grouped by ability and must register by session.

Tots: This class helps to develop motor skills and eye-hand coordination while learning the basics of tennis.

Beginner: Players are grouped by ability to learn basic tennis strokes and rules of the game in a fun atmosphere.

Intermediate: Strategy becomes a bigger aspect of this class, with stroke production emphasized. Students are grouped by ability.

Advanced: This class focuses strictly on rallying with emphasis on proper technique.

Level	Day	Time	Fee	Session
Tots	M	5:30p-6:30p	\$36	Apr
	M	5:30p-6:30p	\$36	May
	M	5:30p-6:30p	\$45	June

Level	Day	Time	Fee	Session
Beginning	M/F	6:30p-7:30p	\$72	Apr
	M/F	6:30p-7:30p	\$72	May
	M	6:30p-7:30p	\$45	June

Level	Day	Time	Fee	Session
Intermediate	W/F	5:30p-6:30p	\$72	Apr
	W/F	5:30p-6:30p	\$72	May
	W	5:30p-6:30p	\$45	June

Level	Day	Time	Fee	Session
Advanced	Tu/Th	5:30p-6:30p	\$72	Apr
	Tu/Th	5:30p-6:30p	\$72	May
	Tu	5:30p-6:30p	\$45	June

LEAGUES

Junior Singles

Players eligible for intermediate junior classes or above are encouraged to participate in this league. Players are assigned matches each week and participate in one supervised match on Saturday. Schedule is created on Thursday nights. Ages 8-18.

Dates	Day	Time	Fee
March 5 - April 30	Sa	10:30a-4:30p	\$54

Coed Drop-in Doubles Outdoor

Players of all abilities can come to RWRTC around 6:20 pm and get your name on the list. Staff will match players for a night of round robin doubles play.

Dates	Day	Time	Daily Fee
March 29 - May 30	M	6:30p-8:30p	\$4

Men's Doubles Outdoor 3.0+ League

For men with NTRP ratings of 3.0 and above. Run as a flight league where you advance based on your win-loss record from the previous week.

Dates	Day	Time	Fee
April	Th	6:30p-9:00p	\$16
May	Th	6:30p-9:00p	\$16



Men's Singles Outdoor 3.0+ League

For men with NTRP ratings of 3.0 and above. Run as a flight league where you advance based on your win-loss record from the previous week.

Dates	Day	Time	Fee
Apr	Tu	6:30p-9:00p	\$20
May	Tu	6:30p-9:00p	\$20



Tournaments

District Championship - singles/doubles, May 20-22.
 Riverside Open - singles/doubles, May 27-29.

RWRTC will host additional
 Adult and Junior tournaments in 2016!

Visit tennislink.usta.com/tournaments for details.



CALL 337.9257 TO BOOK COURT TIMES
 OR REGISTER FOR CLASSES, LESSONS AND LEAGUES

Register Early!

Reserve your spot by registering at least three days prior to the class start date. Payment is due when registering. Decisions affecting classes are made in advance, so register early to prevent an unnecessary class cancellation! Late registrations will be accepted if space and materials are available.

Registration Reminders

Keep a record of the dates and times of your registered classes, as registration reminders are not sent.

Classroom Policy

For safety reasons, children are not allowed in adult classes.

Class Cancellations

Classes cancelled by Wichita Park & Recreation due to low enrollment or unexpected circumstances are entitled to a full refund/credit. If your course is cancelled, we will attempt to notify you by phone or email prior to the first class. You may also apply the class fee to another course.

Withdrawal Requests

To withdraw from a class, submit a written request to bmcguire@wichita.gov, fax to 316-858-7611 or drop off at any recreation center. Include the student's name, contact information, class information and tell us the reason for the request. Withdrawal forms are also available at Wichita.gov/ParkandRec.

Inclement Weather

Every effort is made to maintain standard operations during inclement weather. However, if a class cancellation is necessary, we will attempt to notify you by phone or email. All efforts are made to reschedule classes cancelled.

Refund Policies

Once a written withdrawal request is received, the refund/credit amount is determined based on the request date. Refunds may take up to three weeks to process. The \$1 online registration convenience fee is non-refundable. Requests received:

- Three or more business days prior to the start of class receive a full refund/credit.
- One to two business days prior to the start of class incur a \$5 administrative fee. Refunds/credits are not available for one-day workshops or one-day camps.
- After the first class and before the second class incur a \$5 administrative fee and are reviewed on a case-by-case basis. You may receive no refund/credit or a partial refund/credit if the enrollment falls below the minimum number of participants needed to hold a class or if supply costs are incurred on your behalf.
- After the third class will not be issued a refund/credit.

Account Credits

Credits placed on your recreation account are available until the end of each calendar year, at which time a refund will be issued, minus a \$5 administrative fee.

Satisfaction Guarantee

Wichita Park & Recreation is committed to excellence and strives to provide the highest quality classes. If you are not completely satisfied with a class or program, submit your concerns in writing and a member of our administrative staff will contact you.

WICHITA PARK & RECREATION EMBRACES THESE CORE VALUES:



- 1. Integrity:** Park & Recreation inspires respect, trust, honesty and accountability through our actions.
- 2. Wellness:** Park & Recreation recognizes the importance of enhancing the physical, emotional and cognitive health and development of all residents.
- 3. Diversity:** Park & Recreation celebrates community diversity and strives to provide facilities and services that embrace the needs of residents of diverse cultures, ages and income levels.
- 4. Stewardship:** Park & Recreation values ethical and responsible stewardship of the City's financial, physical, natural, environmental, historical and cultural resources.
- 5. Connectivity:** Park & Recreation recognizes the importance of connections between public open spaces and other community facilities, such as schools, commercial areas and other destinations.
- 6. Economic Driver:** Park & Recreation is an economic driver in the Wichita region and has a major impact on the community's quality of life.
- 7. Create Fun:** Park & Recreation adds excitement and enjoyment to our community through recreational programs, special events and park amenities that will enhance quality of life for all.

4 WAYS TO REGISTER:

ONLINE: Visit Wichita.gov/ParkandRec and then click on the "Registration" tab.

BY PHONE: Call the Recreation Center of your choice or call 268.4361.

IN PERSON: Bring this completed form into any Recreation Center Monday through Friday (hours vary by location).

BY MAIL: Mail this completed form along with your check to 455 N. Main Street, 11th Floor, Wichita, KS 67202.

Please check here if your address has changed in the last 12 months.

Parent/Guardian Name (if enrolling a child) _____ Adult Birth Date _____

Street _____ City _____ Zip _____

HomePhone _____ Cell _____ Work _____

Email Address _____

CODE LOCATION CLASS NAME DAY TIME PARTICIPANT NAME GENDER BIRTH DATE FEE

CODE	LOCATION	CLASS NAME	DAY	TIME	PARTICIPANT NAME	GENDER	BIRTH DATE	FEE
						M F		
						M F		
						M F		
						M F		
						M F		
						M F		

I agree to release, indemnify, and hold the City of Wichita, its agents, officers and employees (City) harmless from any and all liability claims, actions, judgments, damages or injuries of every kind and nature whatsoever to myself, the participant(s) I am authorizing, and/or his or her property, when that damage or injury arises from participation in activities for which the participant is registered. I further acknowledge that I have familiarized myself with the description of the activities, understand the hazards and the participant's personal limitations and knowingly assume all risks. I acknowledge I have read and understand this Liability Waiver, Release and Indemnity Agreement, and understand that I am waiving any claim that may arise against the City for any harm sustained as a result of any activity for which I am registering or for which I am registering a minor child.

Signature of Participant _____ Date _____ Signature of Responsible Adult _____ Date _____

By registering for this class, activity or event, I grant permission to the City of Wichita, its agents and employees, to take photographs, video, or other images of me and/or the persons I am registering during such class, activity or event and to use the images in any media at any time and for any public purpose as reasonably determined by the City of Wichita. I hereby waive any right to inspect or approve the finished photographs, video, or other images. I further waive any right to royalties or other compensation arising from or relating to the use of the images. This permission shall be effective until withdrawn by me in writing.

The City of Wichita prohibits discrimination on the basis of race, ethnicity, nation origin, sex, religion, age, sexual orientation, or disability in its services, programs, and activities. Anyone who believes he or she has been discriminated against may file a complaint with the City of Wichita Equal Affirmative Action Administrator in the Personnel Division at 268.4351. The City of Wichita does not carry accident insurance to cover participants. Involvement in any activity is done at the participant's own risk.

Register at Wichita.gov/ParkandRec · Office (316) 268.4361 · Email WichitaParkandRec@wichita.gov



WICHITA PARK & RECREATION COMMUNITY FUND

455 N. Main Street, Suite 1101

Wichita, KS 67202

Non-Profit Org.

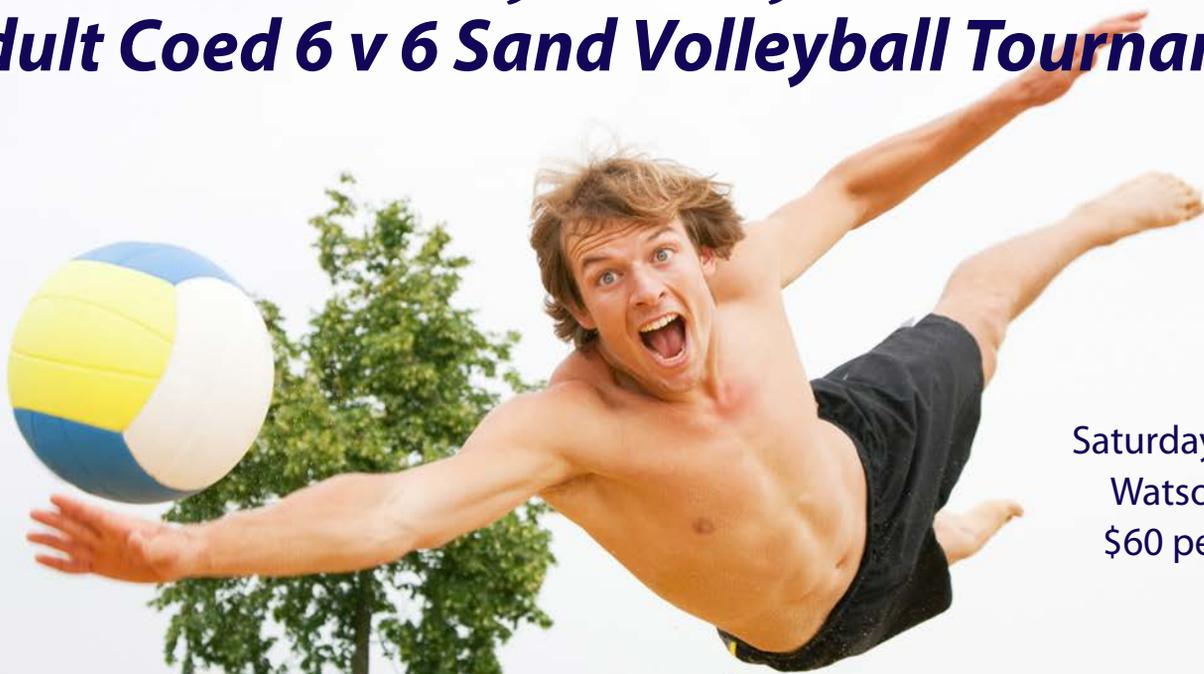
U.S. Postage

PAID

Wichita, KS

Permit No. 84

SPRING, SET, SPIKE!
Adult Coed 6 v 6 Sand Volleyball Tournament



Saturday, May 21
Watson Park
\$60 per team

Dive into the fun!

Call Watson Park at 529.9940 to register. More details on page 30.

**DON'T FORGET TO SIGN UP FOR SUMMER CAMPS!
INFORMATION ON PAGES 3, 6 & 7**