

WICHITA

# PARK & RECREATION

WINTER 2017 | **ACTIVITIES GUIDE**



**COMMIT TO BE FIT! REGISTER FOR A FITNESS CLASS!**  
See pages 18-20

# ABOUT THE COVER

It's the beginning of another new year and that means it's time to live a healthier lifestyle! Wichita Park & Recreation can help! We offer a variety of group fitness classes for adults that will fit any schedule and workout regimen. They range from cardio, dance, cycling, kickboxing, stretching & toning, to mind & body fitness.

For a high energy cardio workout, we offer multiple Zumba varieties, as well as Hip Hop Dance, for fun options. Stressed out? Yoga and Tai Chi are wonderful to help relieve tension. Want to spice up your routine? The new Hula Hoop Fitness class was a big hit last fall. For strength training, Total Body Workout and Core and More utilize light weights to achieve muscular toning.

Each class limits the number of participants to ensure you won't be working out in a large crowd. This also allows for personal interaction with the instructor who can offer modifications for all levels of students. The best part of our group fitness programs is that no membership fee is required! Find the right classes for you and register.

Prefer to work out on your own? We have four fitness centers and our low cost monthly memberships have no contracts or initiation fees. We are happy to provide tours and answer any questions you have.

Finally, in our quest to promote the benefits of physical activity, we have partnered with Genesis Health Clubs to offer **Get Fit Wichita**, a series of four free specialized fitness events throughout the year. Browse each activities guide for information about the next **Get Fit Wichita** event and make 2017 the year for a healthier you!

## FITNESS CENTER HOURS & LOCATIONS

### EVERGREEN FITNESS CENTER

2700 N. WOODLAND - 67204  
303.8036  
Mon-Thurs: 9am-7pm  
Fri: 9am-5pm

### LINWOOD FITNESS CENTER

1901 S. KANSAS - 67211  
337.9191  
Mon-Thurs: 8am-8pm  
Fri: 8am-6pm  
Sat: 10am-noon

### ORCHARD FITNESS CENTER

4808 W. 9TH ST. - 67212  
337.9244  
Mon-Fri: 8am-8pm

### WOODARD FITNESS CENTER

2755 E. 19TH ST. - 67214  
303.8015  
Mon-Fri: 2pm-5pm

Register your child for the best kids club in Wichita!

# Barry's CREW



Join  
**Barry's Crew**  
and be part of the fun with  
**Wichita Park & Recreation**  
all year long!

As a crew member, kids will receive:

- Welcome card with phone number to call Barry the Bison to hear a special message
- Official Crew Member badge with lanyard
- Barry's 2017 Special Events calendar
- A birthday card and gift from Barry the Bison
- Barry's Crew member magnet
- Special benefits throughout the year

Kids ages 12 and under are welcome to join Barry's Crew. To learn more and to register visit:  
[wichita.gov/parkandrec](http://wichita.gov/parkandrec)

# TABLE OF CONTENTS

About the Cover . . . . .	2	Athletic Leagues . . . . .	32
Barry's Crew . . . . .	2	Ralph Wulz Riverside Tennis Center . . . . .	34
Accreditation . . . . .	3	Rentals . . . . .	36
Meet the Staff . . . . .	3	Wichita City Council . . . . .	37
Locations . . . . .	4	Board of Park Commissioners . . . . .	37
Specialty Camps . . . . .	6	Our Mission and Vision . . . . .	37
Kids Konnection . . . . .	7	Building a Caring Community . . . . .	37
Tots Classes . . . . .	8	Our Core Values. . . . .	38
Youth Classes . . . . .	12	Policies . . . . .	38
Adult Classes . . . . .	18	Registration Form . . . . .	39

Registration begins December 19 for most classes.  
All winter classes start the week of January 17 unless otherwise noted in the "BEGINS" column.

## ACCREDITATION



The Commission for Accreditation of Park and Recreation Agencies (CAPRA) is a process of appraisal whereby parks and recreation agencies demonstrate that they meet the required standards to provide ongoing quality programs, services and facilities to their citizens. Accreditation is based on an agency's compliance with the 151 national standards. *Wichita Park & Recreation was officially accredited on October 4th at the National Recreation and Park Association Conference in St. Louis!*



## MEET JIM MASON



Hello! My name is Jim Mason and I am Director of the Great Plains Nature Center (GPNC). I am a Wichita native and my wife and I live in Riverside. I graduated from West High and earned a Bachelor of Science in Biology from the University of Kansas in 1975. I am a lifelong Biology nerd, and it is a privilege to be the Director of the GPNC.

My career with Wichita Park & Recreation began in 1978, when I started on a mowing crew. I soon transferred to zookeeper at the Central Riverside Park Zoo (now the Kansas Wildlife Exhibit). In 1988, I began working as a Naturalist, providing educational programs to groups of all ages. I helped plan and staff the GPNC and was promoted to Director in December of 2014. Over the years, I have presented over 2,500 programs, including the history strolls offered through the Park & Recreation activities guide.

If you haven't been to the Great Plains Nature Center or the Kansas Wildlife Exhibit, I encourage you to visit! Both facilities are free and offer fun opportunities to learn about the wild neighbors with which we share this wonderful state.

# LOCATIONS



1	Administrative/Athletic Office (City Hall)	455 N. Main - 67202	268.4361
2	Atwater Neighborhood Resource Center	2755 E. 19th St. - 67214	303.8015
3	Boston Recreation Center	6655 E. Zimmerly - 67207	688.9301
4	Botanica, The Wichita Gardens	701 Amidon St. - 67203	264.0448
5	Colvin Recreation Center (in Colvin School)	2820 S. Roosevelt - 67210	303.8023
6	Edgemoor Recreation Center	5815 E. 9th St. - 67208	688.9392
7	Evergreen Recreation Center	2700 N. Woodland - 67204	303.8036
8	Fairmount Community Facility	1647 N. Yale Blvd. - 67218	303.8015
9	Goldenrod Community Facility	1340 S. Pattie - 67211	337.9191
10	Great Plains Nature Center	6232 E. 29th St. North - 67220	683.5499
11	Hyde Community Facility	201 S. Greenwood - 67211	688.9392
12	Kiwanis Community Facility	5101 W. 2nd St. North - 67212	337.9244
13	Lawrence-Dumont Stadium	300 S. Sycamore - 67213	264.6887
14	Linwood Recreation Center	1901 S. Kansas - 67211	337.9191
15	Lynette Woodard Recreation Center	2750 E. 18th St. - 67214	303.8015
16	McAdams Recreation Center	1329 E. 16th St. - 67214	337.9222
17	Minisa Community Facility	704 W. 13th St. North - 67203	303.8036
18	O.J. Watson Park	3022 S. McLean Blvd. - 67217	529.9940
19	Orchard Recreation Center	4808 W. 9th St. - 67212	337.9244
20	Park Villa Community Facility	1029 N. Biting - 67203	337.9222
21	Ralph Wulz Riverside Tennis Center	551 Nims - 67203	337.9257
22	Wichita Ice Center	505 W. Maple St - 67213	337.9199

## OFF-SITE PROGRAM LOCATIONS

Auburn Hills Golf Course Clubhouse  
443 S. 135th St. West - 67235

## ¡ATENCIÓN!

Wichita Park & Recreation está comprometido a servir a la comunidad Latina a través de:

- Materiales traducidos en [Wichita.gov/parkandrec](http://Wichita.gov/parkandrec)
- Alianzas dentro de la comunidad
- Eventos y programas adicionales

Háganos saber si necesita alguien para interpretar cuando nos contacte.

# Thanks

## to our Community Partners



American Bee Removal  
BETA@Butler Community College  
Hands Full Dog Training  
Genesis Health Clubs  
Greater Wichita YMCA  
Sedgwick County Extension Office  
The Home Depot  
Wichita Amateur Radio Club  
Wichita Genealogical Society  
Wichita Paranormal Research Society

**Our classes are amazing,**  
but we only have a limited number of spots available.

**A minimum number of participants**  
is also required for the class to be held.

Don't wait until the last minute -  
**register early**  
to make sure your favorite class  
goes off without a hitch!

**Register at [Wichita.gov/ParkandRec](http://Wichita.gov/ParkandRec)**

**Sorry** **WE'RE  
CLOSED**

*All recreation centers are closed on  
**January 1 & 2, 16 and February 20.***

*Contact Ralph Wulz Riverside Tennis Center,  
Great Plains Nature Center and Watson Park for  
specific holiday hours at those locations.*



Join the **Wichita Parks  
Foundation** in raising  
scholarship funds for  
kids to participate in  
recreation programs and  
camps.

Simply select or say **"Yes, I'll donate"** when registering.

The Wichita Parks Foundation is a 501(c)3 non-profit organization.

**[www.wichitaparksfoundation.org](http://www.wichitaparksfoundation.org)**

# Specialty Camps

**Stimulate your kid's imagination!** These special-interest camps immerse your child in subjects designed to revive their curiosity and need to play!

- Camp held from 8am-5pm.
- Special paperwork is required prior to attending.
- All camps held at Boston Recreation Center.
- Bring a lunch and drink.
- DCF Vision Card is not accepted for this program.
- Ages 6 - 13 unless otherwise noted.



## How to Train Your Dragon

January 3 | Code 11420 | \$25

Dare to enter the dragon's lair! All Vikings will learn proper sword techniques and complete Dragon Master Training to help protect the clan from evil dragons. Enjoy a variety of games that will show off your battle skills and agility. Registration deadline is noon on 12/29.

## Lego Mania

March 20 | Code 12246 | \$25

Its building time and your kids are an important piece! Play games such as Sky High Tower Challenge and Bridge Master that allow kids to create, build and compete using Lego Bricks. Registration deadline is noon on 3/16.

## Power Ranger Training **NEW!**

March 22 | Code 12250 | \$25

It's Morphin' time! Create your own ranger identity and gear. Then complete several training courses that focus on strength, balance, leadership and power. Defeat the villain and save the good guys! Registration deadline is 3/20.



## Junior Chef Boot Camp **NEW!**

March 24 | Code 12236 | \$25

Stir up some creativity! Budding chefs will master kitchen fundamentals and feed their love of cooking by creating mini pizzas, French toast, strudels and sliders, along with a treat to feed their sweet tooth. There's plenty of taste testing along the way! Registration deadline is 3/22.



## summer activity camp

Nine weeks of non-stop fun!  
Weekday camps begin May 30.



**AGES  
6-13**

Fees and hours vary by location;  
sign up for any one or all nine weeks!

Visit [wichita.gov/parkandrec](http://wichita.gov/parkandrec) or call the center you want to attend for more information

**Colvin • Evergreen • Lynette Woodard**

DCF Assistance is accepted at some locations

AGES  
6-13


# SUMMER of Discovery

*Summer will be here sooner  
than you think!  
Reserve your spot now!*

Registration begins February 27!

Call the center of your choice for information  
or to register.

**Edgemoor • Linwood • Orchard**

DCF assistance accepted (contact the site directly to see if you qualify).  
Licensed by KDHE with 1:15 staff to child ratio.

- 10 weeks of non-stop fun from May 30-August 4. Hours are 7am-6pm.
- Choose all 10 weeks or pick and choose which weeks to attend.
- A \$20 deposit per week per child reserves your spot! (Deposit is applied to the weekly fee.)
- Fee is \$105 per week per child. Additional child discounts available for siblings!
- Games, crafts, field trips, swimming and more!

**NO SCHOOL?  
NO PROBLEM!!**

## Kids Konnection

**Kids** will enjoy sports, games, crafts and other activities during in-service days!

**Parents** can rest easy with this safe and affordable option. Extended hours allow for before and after work pickup and drop off. (Kids bring their own lunch and drink daily.)

Available at Edgemoor, Linwood and Orchard Recreation Centers.

- January 3
- February 21
- March 17
- March 20-24
- April 14
- April 17
- 7am - 6pm
- Ages 6-13
- \$18 per child/day
- DCF Vision Card accepted



This camp is licensed by the KDHE. Please notify Wichita Park & Recreation if you need special accommodations to participate.

## TOTS IN TRAINING

Prepare for an active life! Tots ages 1-2 are shown core concepts in a variety of games. Develop motor skills, balance and coordination while learning social skills. Parent participation required with a maximum of two tots per adult.

### Kick-Start Sports

Learn about new sports such as basketball, soccer and kickball while using balls, scooters and other fun equipment.

Code	Location	Classes	Begins	Days	Time	Fee
12487	Woodard	4	1/18	W	6:00p-6:30p	\$10

### Tiny Dancers

Move to the music! This introduction to creative, rhythmic movements includes using equipment such as hula hoops, bean bags and parachutes with fun, themed music.

Code	Location	Classes	Begins	Day	Time	Fee
12504	Atwater	4	1/23	M	6:00p-6:30p	\$10

### Tiny Tot Boxing **NEW!**

Swing away! This no-contact class will help tots improve coordination, balance and strength while jabbing at punching bags and mitts. Age appropriate skills will be taught while moving around in an official boxing ring.

Code	Location	Classes	Begins	Day	Time	Fee
12506	Atwater	4	1/21	Sa	9:00a-9:30a	\$12
12505	Atwater	4	1/23	M	5:30p-6:00p	\$12

### Touchdown Tots

Enjoy passing and running drills using a floor ladder, hurdles, cones and a smaller sized football in a fun environment. Class is held indoors.

Code	Location	Classes	Begins	Day	Time	Fee
12507	Woodard	4	1/19	Th	6:00p-6:30p	\$10

### Soccer Tots

Dribbling, passing and shooting at goals are practiced using a smaller foam soccer ball. Learn teamwork and simple rules such as not using hands. Class is held indoors.

Code	Location	Classes	Begins	Day	Time	Fee
12501	Woodard	4	1/19	Th	6:30p-7:00p	\$10

### Wee Hoops

Learn to dribble, pass and shoot using smaller basketballs and lower goals.

Code	Location	Classes	Begins	Day	Time	Fee
12508	Woodard	4	1/19	Th	5:30p-6:00p	\$10

## SPORTS & FITNESS

### Basketball Clinic

Nothing but net! Learn to dribble, pass and shoot through fun drills and activities. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
12271	Edgemoor	5	1/20	F	5:15p-6:00p	\$18
12459	Woodard	5	1/19	Th	7:00p-7:45p	\$18



### Boxing for Tots

Earn your golden gloves! This fun, no-contact class is designed for tots. Punching bags, speed bags and punching mitts are used. Boxing gloves provided or bring your own. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
12473	Atwater	6	1/17	Tu	5:30p-6:00p	\$15
12474	Atwater	6	1/21	Sa	10:00a-10:30a	\$15



Wichita Park & Recreation and UnitedHealthcare Community Plan of Kansas - a KanCare provider have teamed up to provide recreational classes for members.

Visit your local recreation center or call 268.4361 for more information.

## Cheerleading

Rah-Rah-Rah! Show team spirit while learning jumps and cheers. This class is a blast for tiny cheerleaders! Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
12350	Linwood	8	1/19	Th	6:15p-7:00p	\$27

## Cosmic Bowling

Turn down the lights and turn up the fun! Learn the proper way to hold, aim and release a rubber bowling ball. Then, have fun practicing with cool cosmic lighting and special glow-in-the-dark equipment. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
12238	Boston	4	1/19	Th	5:30p-6:15p	\$15
12239	Boston	4	2/23	Th	5:30p-6:15p	\$15

## Gymnastics

Get ready to roll! Tumbling floor moves include various rolls, head stands, hand stands, pikes, tucks and back bends. Apparatus work such as balance beam, parallel bars and vault are also incorporated. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
12244	Boston	9	1/21	Sa	9:00a-9:45a	\$32
12510	Evergreen	7	1/23	M	5:30p-6:15p	\$25



## Kickboxing for Tots **NEW!**

This is just for kicks! Kids will learn to be strong and confident while engaging in fun, no-contact kickboxing moves that help improve balance and coordination. Some punching skills will be taught. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
12490	Atwater	5	1/19	Th	5:45p-6:15p	\$12
12491	Atwater	5	1/21	Sa	9:30a-10:00a	\$12

## Mommy and Me Yoga

The downward facing dog says woof woof! Story time, fun music and yoga based games will bring yoga poses to life and strengthen the toddlers' growing bodies. This parent/child class teaches stress management for the adult and calming techniques for the child. No online registration. Ages 2-4.

Code	Location	Classes	Begins	Day	Time	Fee
12610	Linwood	6	1/19	Th	10:15a-11:00a	\$18

## Playtime for Toddlers

Run, jump and play! Enjoy toys, scooters, playground balls and other equipment. Parental supervision required. Fee is per child; free for the parent. Boston fee is per visit. Orchard fee is per session. Ages 1-5.

Code	Location	Classes	Begins	Day	Time	Fee
12607	Boston	25	1/17	M-W	10:30a-12:30p	\$1
12433	Orchard	8	1/20	F	11:30a-1:00p	\$8

## Soccer Clinic

Go toe-to-toe! Tots will learn soccer basics including offensive and defensive strategies. Classes are held indoors. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
12308	Edgemoor	4	2/24	F	5:15p-6:00p	\$15

## Sports of All Sorts

Play ball! Build confidence and learn teamwork while participating in a variety of sports including soccer, T-ball and basketball. Games are non-competitive and fun! Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
12311	Edgemoor	4	1/22	Su	1:00p-1:45p	\$15
12312	Edgemoor	4	2/26	Su	1:00p-1:45p	\$15
12502	Woodard	5	1/20	F	5:30p-6:15p	\$18



## Tiny Tumblers

Roll out the good times! Practice tumbling moves such as rolls, back bends and head stands. Improve balancing techniques with fun activities and a balance beam. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
12611	Linwood	8	1/19	Th	5:30p-6:15p	\$26
12442	Orchard	8	1/20	F	9:15a-10:00a	\$26

## Wee Warriors

Kick it up a notch! Learn courtesy and respect through Tae Kwon Do traditions such as bowing, shaking hands and listening to instructions. Improve strength, agility and self-confidence through fun drills, punches, blocks and kicks. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
12391	Linwood	6	1/23	M	5:45p-6:15p	\$14
12448	Orchard	6	1/18	W	5:45p-6:15p	\$14
12447	Orchard	6	1/23	M	5:45p-6:15p	\$14
<b>Intermediate</b>						
12392	Linwood	6	1/25	W	5:45p-6:15p	\$14

## DANCE & MUSIC

### Ballet & Tap

Whirl and twirl and tap your happy feet! First time dancers will learn basic ballet/tap movements, rhythms and mini-combinations. Intermediate classes are more progressive and require instructor approval or previous experience.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning (ages 3-5)</b>						
12267	Edgemoor	7	1/23	M	5:45p-6:30p	\$24
12344	Linwood	13	1/23	M	5:45p-6:30p	\$43
12343	Linwood	13	1/26	Th	10:00a-10:45a	\$43
12399	Orchard	15	1/23	M	10:00a-10:45a	\$47
12400	Orchard	9	1/18	W	5:45p-6:30p	\$30
<b>Intermediate (ages 4-10)</b>						
12268	Edgemoor	7	1/23	M	6:40p-7:25p	\$24
12345	Linwood	13	1/23	M	6:35p-7:20p	\$43
12401	Orchard	9	1/18	W	6:40p-7:25p	\$30

### Hip Hop for Tots

Cut loose! Learn rhythm, movement and direction. Improve coordination and self-expression through movement, games, choreography and fun, freestyle dance. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
12484	Atwater	5	1/23	M	6:30p-7:00p	\$11

## SPECIAL INTEREST

### Little Artists

Calling all little Picassos! Create art using crayons, paints, clay and other mediums. Make a new project each class. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
12297	Edgemoor	5	1/21	Sa	9:30a-10:15a	\$18
12298	Edgemoor	4	2/25	Sa	9:30a-10:15a	\$15
12376	Linwood	5	1/17	Tu	9:30a-10:15a	\$18



### Little Chefs

Let's make a treat! Create and eat yummy snacks while learning kitchen etiquette. Your little chef will make pancakes, macaroni & cheese, homemade applesauce, muffins and chocolate chip cookies. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
12377	Linwood	5	1/17	Tu	1:15p-2:00p	\$23



## Princess Tea Party

Live happily ever after! Arrive in your princess costume and create an elegant craft, plus join in regal party games. Then attend the royal tea and dine on scrumptious finger sandwiches, punch and cupcakes. Ages 3-6.

Code	Location	Classes	Begins	Day	Time	Fee
12380	Linwood	1	2/18	Sa	10:00a-11:30a	\$17

## Superhero Training Academy

It's a bird, it's a plane... it's superkid! Kids will find their inner superhero by making their own mask and cape, participate in skills training activities, then put those skills to work with fun challenges such as Save the City and Capture the Kryptonite.

Code	Location	Classes	Begins	Day	Time	Fee
12252	Boston	4	1/19	Th	10:00a-11:00a	\$20

## Valentine Sweet Treats

Sweets for your sweetie! Make and decorate yummy heart-shaped cookies, Valentine pretzel wands and s'mores Valentine mix. Registration deadline is noon, the Friday before class. Ages 3-5.

Code	Location	Classes	Begins	Day	Time	Fee
12525	Evergreen	1	2/11	Sa	9:30a-10:15a	\$8

## FUN FRIDAYS

Parents will enjoy some free time while the kids are busy with arts and crafts, story time, playing games and developing social skills. Each week has a fun theme. Ages 3-5.

### Candy Land Lane

Take a stroll and guess how many gumdrops are at the Spicy Gumdrop Pass, make a rainbow craft at the Rainbow Trail and explore what's in the Peppermint Forest.

Code	Location	Classes	Begins	Day	Time	Fee
12606	Boston	1	2/3	F	10:00a-11:30a	\$10



### Land of Dinosaurs

Explore the world of dinosaurs! Search for dinosaur eggs, dig for fossils, watch a volcano erupt and feed the T-Rex.

Code	Location	Classes	Begins	Day	Time	Fee
12241	Boston	1	3/17	F	10:00a-11:30a	\$10



### Mario Party

Make Mario and Luigi proud! Learn important skills like how to leap over the piranha plants, stomp the Goombas and throw fireballs at Bowser. Collect golden coins along the way.

Code	Location	Classes	Begins	Day	Time	Fee
12243	Boston	1	2/24	F	10:00a-11:30a	\$10

**CLG**  
photography

**Cassie Gillespie**  
owner

101 W. Spring Ave. • Conway Springs, KS

**620.456.3545**

**clgphotography.net**

## RECREATIONAL LEAGUES



Enjoy being a part of a recreational coed league! Sharpen your skills with a one-day clinic and you will be ready to compete! You will be placed on teams and play against each other the remainder of the session. A minimum of six games will be played. The number of teams formed is based on the number of participants registered. Participants also receive a T-shirt.

### Basketball League

Code	Location	Grades	Begins	Day	Time	Fee
12461	Woodard	K-1st	1/23	M/F	5:45p-6:45p	\$22
12462	Woodard	2nd-3rd	1/23	M/F	6:45p-7:45p	\$22
12631	Woodard	4th-6th	1/23	M/F	7:45p-8:45p	\$22

### Flag Football League

Code	Location	Grades	Begins	Day	Time	Fee
12479	Woodard	K-2nd	1/17	Tu	5:45p-6:30p	\$22
12480	Woodard	3rd-5th	1/17	Tu	6:30p-7:15p	\$22

### Soccer League

Code	Location	Grades	Begins	Day	Time	Fee
12496	Woodard	K-1st	1/18	W	5:45p-6:45p	\$22
12497	Woodard	2nd-3rd	1/18	W	6:45p-7:45p	\$22
12499	Woodard	4th-6th	1/18	W	7:45p-8:45p	\$22

## SPORTS & FITNESS

### Acrobatics *NEW!*

Don't get caught off balance! Learn acrobatic balance and strength moves for both pairs and teams. Focus will be on beginning partner stunts like standing on a partners' thighs, helicopter, butterfly and small pyramid building. Basic tumbling, such as back-walkovers, round-offs and back handsprings will also be taught. Ages 6-15.

Code	Location	Classes	Begins	Day	Time	Fee
12228	Boston	9	1/21	Sa	11:00a-12:00p	\$40

### Basketball Clinic

Dribble, shoot and score! This clinic teaches fundamentals, rules and offensive/defensive strategies.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Ages 6-10</b>						
12270	Edgemoor	5	1/20	F	6:10p-6:55p	\$18
<b>Ages 6-12</b>						
12402	Orchard	5	2/18	Sa	9:30a-10:15a	\$18
12458	Woodard	5	1/17	Tu	7:15p-8:00p	\$18

### Basketball - Advanced Training *NEW!*

Rule the court! Intermediate and advanced players will improve game knowledge, strength, speed and agility through intense conditioning drills and advanced techniques designed to take them to the next level. Improve the all-around game focusing on shooting, ball handling, passing and rebounding. Ages 13-17.

Code	Location	Classes	Begins	Day	Time	Fee
12538	McAdams	5	1/21	Sa	10:30a-11:15a	\$40



### Basketball - Private Training *NEW!*

Take those basketball skills to the next level with specialized training by a private instructor. Improve fundamentals and achieve your individual goals with a personalized program tailored to your individual needs. Fee is \$18 per 30-minute lesson. By appointment only, no online registration. Contact Lynette Woodard Recreation Center to register. Ages 5+.

## SPRING BREAK WILL BE HERE SOON!

Register for Kids Konnection and Specialty Camps during those inservice days from school!

**See pages 6 & 7**

## Boxing Basics

Become a contender! Learn boxing techniques and discipline while burning energy. This no-contact class uses punching bags, speed bags and punching mitts. Boxing gloves provided or you may bring your own.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Ages 6-9</b>						
12471	Atwater	6	1/17	Tu	6:00p-6:45p	\$20
12472	Atwater	6	1/21	Sa	10:30a-11:15a	\$20

### Ages 10-12

12642	Atwater	6	1/18	W	5:30p-6:15p	\$20
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## Boxing - Private Lessons

One-on-one training is the fastest way to improve your boxing skills. Fee is \$15 per 30-minute private lesson. By appointment only. No online registration. Contact Lynette Woodard Recreation Center to register. Held at Lynette Woodard Annex. No membership required. Ages 5+.

## Cheerleading

Ready? Ok! Show your team spirit while learning jumps and cheers. This class is a blast for cheerleaders! Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
12509	Evergreen	7	1/23	M	7:00p-7:45p	\$24
12351	Linwood	8	1/19	Th	7:00p-7:45p	\$27

## Gymnastics

Kids will flip for this! Moves include floor tumbling such as rolls, cartwheels, round-offs, walkovers and handsprings. Other gymnastic apparatus work includes balance beam, parallel bars and vault. Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
12245	Boston	9	1/21	Sa	10:00a-11:00a	\$40
12511	Evergreen	7	1/23	M	6:15p-7:00p	\$24

## Homeschool Playtime Bonanza

Jump, run and have some fun! Homeschoolers will enjoy the gym and game room for social and recreational activities. Parent must accompany child. Fee is per family or drop in for \$4. Ages 6-15.

Code	Location	Classes	Begins	Day	Time	Fee
12280	Edgemoor	9	1/19	Th	1:30p-3:00p	\$18

## Kickboxing

This is a winning combination! Train like real boxers with this fun cardio-boxing training program that will help improve strength, speed, flexibility and coordination, plus teach boxing skills. Take aim at punching bags, complete stations and enjoy group led training. Ages 8-14.

Code	Location	Classes	Begins	Day	Time	Fee
12492	Atwater	5	1/20	F	6:00p-6:45p	\$17

## Soccer Clinic

Get your kicks! Beginning players are introduced to soccer basics including offensive and defensive strategies. Classes are held indoors. Ages 6-10.

Code	Location	Classes	Begins	Day	Time	Fee
12307	Edgemoor	4	2/24	F	6:10p-6:55p	\$15

## Sports of All Sorts

Have a ball! Get introduced to the fundamentals of various sports including soccer, T-ball and basketball. Recreational games will build confidence and stress teamwork. Ages 6-10.

Code	Location	Classes	Begins	Day	Time	Fee
12314	Edgemoor	4	1/22	Su	2:00p-2:45p	\$15
12313	Edgemoor	4	2/26	Su	2:00p-2:45p	\$15



## Track & Field *NEW!*

On your mark, get set, go! Learn more about the basics of track and field including running, throwing and jumping. Conditioning drills will also be an emphasis to help improve strength, endurance, speed and power. Practice is held both indoors and outdoors, weather permitting. Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
12539	McAdams	12	1/31	Tu/Th	5:00p-6:00p	\$26

# MARTIAL ARTS

## Chinese Internal Boxing for Self-Defense

Give yourself a fighting chance! Learn to stop an attack so you can get away. This in-depth training uses slow, repetitive movements to teach throws, locks, compliance, punches and kicks. Flexibility, stretching and strengthening exercises are also big components. Ages 8+; adult must enroll and participate with children ages 8-11.

Code	Location	Classes	Begins	Day	Time	Fee
12352	Linwood	7	1/23	M	7:00p-8:15p	\$22

## Chinese Internal Boxing

Go on the defensive! Learn Chinese martial arts including boxing, kicking and self-defense. Must have completed Chinese Internal Boxing for Self-Defense class, or receive instructor approval, before taking this intermediate level class. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
12353	Linwood	7	1/23	M	5:30p-6:45p	\$22

## Self-Defense Workshop

Protect yourself! Learn various techniques to use in response to an attack such as use of pressure points, blocks, kicks and punches. Expect some hand-to-hand contact while practicing these control methods.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Ages 6+</b>						
12518	Evergreen	1	3/11	Sa	10:00a-12:00p	\$9
12434	Orchard	1	1/28	Sa	9:00a-12:00p	\$14
<b>Ages 8+</b>						
12381	Linwood	1	1/21	Sa	9:00a-12:00p	\$14

## Tae Kwon Do

Work your way up the martial arts ladder! Develop physical agility and self-discipline while learning respect for yourself and others. Belt advancement opportunities are available. Ages 6+.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
12319	Edgemoor	18	1/17	Tu/Th	6:15p-7:15p	\$54
12521	Evergreen	18	1/17	Tu/Th	6:30p-7:30p	\$54
12387	Linwood	16	1/19	M/Th	6:45p-7:45p	\$48
12438	Orchard	16	1/18	M/W	6:15p-7:15p	\$48
<b>Intermediate</b>						
12320	Edgemoor	18	1/17	Tu/Th	7:15p-8:15p	\$54
12388	Linwood	16	1/19	M/Th	7:45p-8:45p	\$48
12437	Orchard	16	1/18	M/W	7:15p-8:15p	\$48



## PRIVATE MUSIC LESSONS

Improve your musical skills quickly with one-on-one private lessons. Each session is tailored to the individual needs of the student and held by appointment only. No online registration, contact the recreation center directly. Fee is \$13 per 30-minute lesson.

### Drums



Feel the beat! Learn proper grip, stroke technique, rhythms, patterns and different drumming styles on snare drums and a drum kit. Contact Lynette Woodard Recreation Center for schedule and to register.

### Guitar



Play like a rock star! Learn basic mechanics, chords, scales, notes, tuning, reading music and tablature. Learn to play all styles of music. Purchase of book is required after the first lesson. Amp and acoustic or electric guitar are available or bring your own. Contact Lynette Woodard Recreation Center for schedule and to register.

### Mandolin



Don't fret! These lessons cover posture, basic techniques, reading music and chord formation. Contact Evergreen Recreation Center for schedule and to register. 45-minute lessons also available for \$20.

### Piano



Let your fingers do the walking! Begin with the foundations of piano including notes, chords, staff, rhythm, phrasing and dynamics. Purchase of selected piano book required after first session. Contact Lynette Woodard Recreation Center for schedule and to register.

Are there other programs you want to see offered?

Call 268-4192 or email [BMcGuire@wichita.gov](mailto:BMcGuire@wichita.gov) and share your new class ideas!

## DANCE & MUSIC

### Ballet & Tap

Become a dance master! These intermediate classes are more progressive and require instructor approval or previous experience.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Intermediate (ages 4-8)</b>						
12268	Edgemoor	7	1/23	M	6:40p-7:25p	\$24
12401	Orchard	9	1/18	W	6:40p-7:25p	\$30
<b>Intermediate (ages 4-10)</b>						
12345	Linwood	13	1/23	M	6:35p-7:20p	\$43

### Guitar Made Easy

Keep calm and play on! Beginners learn guitar basics including tuning, strumming, understanding guitar charts, tablature and reading music. Guitars are provided during this class so you can see if it is right for you! Additional on-site practice times are available at no extra charge. Ages 8-15.

Code	Location	Classes	Begins	Day	Time	Fee
12362	Linwood	8	1/17	Tu	5:30p-6:30p	\$33
12363	Linwood	8	1/17	Tu	6:30p-7:30p	\$33

### Hip Hop Dance

Drop it like it's HOT! Learn the hottest dance routines and get your groove on while focusing on body placement, dance combinations and rhythms. Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
12512	Evergreen	8	1/21	Sa	10:05a-11:05a	\$36
<b>Advanced</b>						
12513	Evergreen	8	1/21	Sa	11:10a-12:10p	\$36

### Color Your World

Be bold! Budding artists will work with tempera and watercolor paint to create masterpieces. Learn how to apply brush strokes and use sponges, stencils and crayons. Ages 6-11.

Code	Location	Classes	Begins	Day	Time	Fee
12272	Edgemoor	4	2/25	Sa	10:30a-11:30a	\$20



### Create a Comic Strip

Zap! Wham! Pow! Learn the whole process of making a comic book from creating and designing your characters to writing a script and finalizing your storyboard. Ages 7-14.

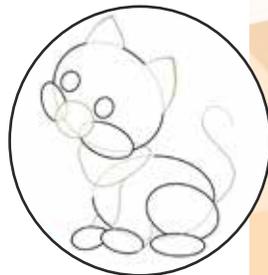
Code	Location	Classes	Begins	Day	Time	Fee
12355	Linwood	4	2/23	Th	5:45p-7:00p	\$24

## ARTS & CRAFTS

### Cartooning Basics

You don't have to be a great artist to draw great cartoon characters! Grab a pencil and come learn how to use basic shapes to create simple cartoon people, animals or objects. Practice using shading, shadowing, contouring and other drawing elements to bring your cartoons to life. Ages 7-14.

Code	Location	Classes	Begins	Day	Time	Fee
12349	Linwood	4	1/19	Th	5:45p-7:00p	\$24



### Leather Crafting

Each class covers how to lay out, cut and assemble a leather project. Stitching, stamping, staining or hole punching may be taught, depending on the project. Supplies provided. Ages 12+.

### Key Fob & Bookmark **NEW!**

Code	Location	Classes	Begins	Day	Time	Fee
12295	Edgemoor	1	2/27	M	6:15p-7:45p	\$12

### Personal Planner Cover **NEW!**

Code	Location	Classes	Begins	Day	Time	Fee
12296	Edgemoor	4	1/23	M	6:15p-7:45p	\$48

### Pocket Wallet & Money Clip

Code	Location	Classes	Begins	Day	Time	Fee
12294	Edgemoor	2	3/6	M	6:15p-7:45p	\$24

## Drawing Manga & Superheroes

East meets West in this class for comic creativity! Learn about the unique features and characteristics to illustrate both Manga and Superhero characters. Ages 10+.

Code	Location	Classes	Begins	Day	Time	Fee
12274	Edgemoor	4	1/21	Sa	12:00p-1:00p	\$20

## Kids Drawing

Anyone can learn to draw! Discover how to create simple cartoon characters by breaking down drawings into simple shapes. Ages 6-11.

Code	Location	Classes	Begins	Day	Time	Fee
12283	Edgemoor	5	1/21	Sa	10:30a-11:30a	\$24

## Painting with Acrylics

Express yourself with color! Beginners will gain an understanding of brush styles, strokes, color mixing and working on textured surfaces. Intermediate students may participate and receive individual assistance. Call Edgemoor Recreation Center for supply list. Ages 14+.

Code	Location	Classes	Begins	Day	Time	Fee
12608	Edgemoor	3	2/25	Sa	12:00p-1:30p	\$20



## Hooked on Card Games

Deal me in! A deck of cards can lead to hours of entertainment and can be taken anywhere. Learn terminology, rules, scoring and card etiquette. Then practice those skills with fun group play. A great family activity! Ages 12+.

## Pitch, Pinochle & Hearts

Code	Location	Classes	Begins	Day	Time	Fee
12412	Orchard	4	1/19	Th	6:00p-7:30p	\$22

## Rummy, Spades & Shanghai

Code	Location	Classes	Begins	Day	Time	Fee
12413	Orchard	4	2/23	Th	6:00p-7:30p	\$22

# SPECIAL INTEREST

## Private Tutoring: Math

Understanding math is easy as Pi! Ensure academic success with one-on-one instruction. No level is off limits with an instructor that is a former college professor with knowledge in basic math, Algebra, Calculus, Geometry, Trigonometry and ACT/SAT preparation. No online registration. Contact Lynette Woodard Recreation Center for availability and to register. Fee is \$13 for 30 minutes. Ages 7+.

Code	Location	Begins	Day	Time
12495	Atwater	1/17	M-W	5:30p-8:00p

## Valentine Sweet Treats

The best Valentine greeting for your special someone. Make and decorate strawberries dipped in chocolate along with Cupid's Crunch. Registration deadline is noon, the Friday before class. Ages 6-12.

Code	Location	Classes	Begins	Day	Time	Fee
12526	Evergreen	1	2/11	Sa	10:45a-11:45a	\$10



## JANUARY IS GREAT TO SKATE MONTH

Check us out during our open house on January 7th for classes and exhibitions!

## LEARN TO SKATE

Two winter sessions are available during January & February. Lessons for beginner to advanced skaters of all ages. Registration includes 6 free public skate sessions.



## LEARN TO PLAY HOCKEY

Beginning players will improve their skills before playing in a league. For kids and adults - most equipment available with registration.

Visit [WICHITAICECENTER.COM](http://WICHITAICECENTER.COM) for session dates and times

Wichita Public Golf Courses provides a local tournament atmosphere for junior golfers through the Junior Tour. This is designed for kids ages 10 to 17 who are looking to sharpen their competitive golf skills and stay close to home without the long distance travel.

The Junior Tour will consist of seven tournaments and all held on Sundays with tee times starting at 11am, 12pm and 1pm. A \$10 green fee will be charged each week for the tournaments. Junior Golfers are not required to play every week, but are encouraged to increase their points.

After the seven weeks of tournament play, there will be a championship tournament - Wichita Junior Cup. Players are placed by their age division with the points they earned during the seven weeks of tournament play.

The championship tournament will be held at Auburn Hills (boys) and Arthur B. Sim (girls) Golf Courses. The winning junior will receive a Junior Cup trophy for their age division.

Registration will begin on March 1, 2017 and only available on-line. For more information, visit [golfwichita.com](http://golfwichita.com) and click on the Junior Tour tab.



## JUNIOR TOUR

# Visit [golfwichita.com](http://golfwichita.com)



## STARTING NEW AT GOLF

SNAG is the best first touch program to effectively teach the game of golf! SNAG contains all the elements of golf, in a modified form, breaking down techniques so children as young as six years old can follow along. Children learn proper grip, club sizes and swing speed. The instructors are able to utilize the SNAG equipment to make a fun learning environment and keep a child's attention for a full hour!

Any parent that has ever considered getting their child started playing golf should definitely register for SNAG!

Wichita Public Golf Courses offer four different sessions of SNAG. Each session is four weeks long and costs \$30 for the entire session.

Once your child has completed SNAG our Golf Professionals will guide you through the process of choosing the next program, to help them continue to grow in the game of golf.

## FITNESS

### Aerobics - Cardio Mix

Mix it up! Revamp your fitness routine with a mix of kickboxing, step, floor and boot camp exercises. Tackle your abs and back to build strength and endurance. Cardio segments vary each class.

Code	Location	Classes	Begins	Day	Time	Fee
12229	Boston	9	1/17	Tu	5:30p-6:30p	\$28

### Aerobics - Step

Rise to the challenge! Tone up, burn calories and get a great cardio workout using step platforms. Cardio work is followed by strength training with weights and floor exercises.

Code	Location	Classes	Begins	Day	Time	Fee
12397	Orchard	16	1/18	M/W	6:35p-7:20p	\$38



### Cardio Hustle **NEW!**

Burn calories while dancing through the decades! This easy to follow cardio exercise class feels more like a night out rather than exercise while moving to The Twist, Boogie Fever, Reggae Cowboy, Cupid Shuffle and other fun dance songs.

Code	Location	Classes	Begins	Day	Time	Fee
12517	Evergreen	8	1/21	Sa	9:00a-10:00a	\$30

## FITNESS CENTERS

### EVERGREEN FITNESS CENTER | 303.8036

2700 N. WOODLAND - 67204  
 Mon-Thurs: 9am-7pm  
 Fri: 9am-5pm

### LINWOOD FITNESS CENTER | 337.9191

1901 S. KANSAS - 67211  
 Mon-Thurs: 8am-8pm  
 Fri: 8am-6pm  
 Sat: 10am-noon

### LYNETTE WOODARD FITNESS CENTER | 303.8015

2755 E. 19TH ST. - 67214  
 Mon-Fri: 2pm-5pm

### ORCHARD FITNESS CENTER | 337.9244

4808 W. 9TH ST. - 67212  
 Mon-Fri: 8am-8pm



### Cardio Kickboxing **NEW!**

Kick start your workouts! Mix up your routine with flexibility and strength-building kickboxing moves. You'll enjoy high-intensity drills and energizing music while burning calories. This cardiovascular workout, consisting of jabs, hooks, uppercuts and kicks, is designed to get you on your way to a leaner body. No equipment is used and gloves are not required.

Code	Location	Classes	Begins	Day	Time	Fee
12646	Woodard	6	1/20	F	9:30a-10:15a	\$14
12475	Woodard	6	1/21	Sa	11:00a-11:45a	\$14

### Core and More

Work on that six pack! This class targets the upper and lower abdominals, obliques, along with transverse and back muscles which supply power and support to the entire body.

Code	Location	Classes	Begins	Day	Time	Fee
12354	Linwood	7	1/23	M	6:30p-7:00p	\$13



## Express Boxing Circuit

A quick boxing workout that easily fits into your busy day! Enjoy circuit training and incorporate strengthening and conditioning drills through the use of medicine balls, squats, cardio jump roping, ladders, steps, bag work and more. Ages 15+.

Code	Location	Classes	Begins	Day	Time	Fee
12478	Atwater	5	1/18	W	6:15p-6:45p	\$9
12647	Atwater	5	1/20	F	5:30p-6:00p	\$9

## Forever Fit - Active Adult

A low impact fitness class which promotes increased strength, range of movement, balance and flexibility with the use of hand-held weights and elastic tubing with handles. A chair is used for seated and/or standing support. Ages 55+.

Code	Location	Classes	Begins	Day	Time	Fee
12275	Edgemoor	9	1/17	Tu	9:00a-9:45a	\$21
12276	Edgemoor	9	1/19	Th	9:00a-9:45a	\$21

## Gentle Yoga – Active Adult

No pretzels or headstands here! This gentle and slower paced yoga class includes simple movements sitting in a chair or using it for support. Variations are shown for different abilities or needs. Improve breathing, balance and self-awareness. Ages 55+.

Code	Location	Classes	Begins	Day	Time	Fee
12358	Linwood	9	1/18	W	9:30a-10:15a	\$21
12359	Linwood	9	1/20	F	9:30a-10:15a	\$21

## Hip Hop Step

Let's get down! The energizing music provides an intense, yet fun cardiovascular workout as you step on and off the platform while incorporating basic hip hop movements.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Fee is per session</b>						
12483	Atwater	6	1/18	W	5:45p-6:30p	\$14
12482	Woodard	6	1/21	Sa	10:00a-10:45a	\$14
<b>Fee is per visit</b>						
12528	McAdams	9	1/20	F	6:00p-7:00p	\$4



## Hula Hoop Workout

Become a spinner and be a winner! This fun fitness class uses special larger and heavier hoops rather than traditional ones to provide a low impact, but high intensity cardio training. This full body workout engages the entire body, with special emphasis on the abdominals and obliques to blast that belly fat.

Code	Location	Classes	Begins	Day	Time	Fee
12281	Edgemoor	9	1/18	W	5:30p-6:15p	\$21

## Indoor Circuit Cycle

Rotate to greatness! Quick-paced and powerful, this interval training class uses timed sets with limited rest periods to maximize strength building and cardiovascular fitness. Where strength and endurance collide!

Code	Location	Classes	Begins	Day	Time	Fee
12485	Atwater	7	1/19	Th	6:00p-6:45p	\$17

## Indoor Cycle

Let the spin begin! Motivating music will propel you through sprints, climbs and runs.

Code	Location	Classes	Begins	Day	Time	Fee
12486	Atwater	8	1/17	Tu	5:45p-6:30p	\$19



## Punch, Kick & Lift **NEW!**

This class packs a punch! This high-powered workout uses a combination of intense cardio kickboxing and weight training with hand-held weights to improve endurance and strength. Fee is per visit.

Code	Location	Classes	Begins	Day	Time	Fee
12534	McAdams	9	1/17	Tu	6:00p-7:00p	\$4

## Stretch & Flex

Stretch the limits! This classical stretch workout helps relieve muscle tension along with improving flexibility, balance, blood circulation and range of motion in your joints. A must for those just starting out, returning to exercise, sitting all day or not engaging in a lot of physical activities.

Code	Location	Classes	Begins	Day	Time	Fee
12315	Edgemoor	9	1/18	W	10:00a-10:45a	\$21
12316	Edgemoor	9	1/20	F	9:00a-9:45a	\$21

# ADULTS

## Stretch and Tone - Active Adult

Get energized! Stay active and improve muscle tone and flexibility. Bring your own exercise mat. Contact Linwood Recreation Center for more information. Ages 55+.

Code	Location	Classes	Begins	Day	Time	Fee
12386	Goldenrod Pk	9	1/19	Th	9:30a-10:15a	\$21
12385	Linwood	7	1/23	M	9:30a-10:15a	\$17

## Total Body Workout

Go from flab to fab! This class features cardio and strength training with hand-held weights, bands, balls and body resistance. Core work included.

Code	Location	Classes	Begins	Day	Time	Fee
12322	Edgemoor	9	1/17	Tu	10:00a-10:45a	\$21
12323	Edgemoor	9	1/19	Th	10:00a-10:45a	\$21
12443	Orchard	16	1/18	M/W	11:00a-11:45a	\$38
12444	Orchard	18	1/17	Tu/Th	6:30p-7:15p	\$43

## Tai Chi for Health

Find Inner peace! Tai Chi is a gentle, low-impact, slow-motion exercise commonly referred to as meditation in motion. It promotes gentle, flowing postures to help improve balance, coordination, strength, flexibility and relieve stress. Tai Chi for Beginners is not a prerequisite to the other classes, but Part 1 must be taken before Part 2.

### Tai Chi for Beginners

Code	Location	Classes	Begins	Day	Time	Fee
<b>Part 1</b>						
12439	Orchard	18	1/17	Tu/Th	10:00a-10:45a	\$43
<b>Part 2</b>						
12440	Orchard	18	1/17	Tu/Th	11:00a-11:45a	\$43

### Tai Chi for Arthritis Part I

Code	Location	Classes	Begins	Day	Time	Fee
12522	Evergreen	18	1/17	Tu/Th	6:00p-6:45p	\$43

### Tai Chi for Diabetes

Code	Location	Classes	Begins	Day	Time	Fee
12321	Edgemoor	18	1/17	Tu/Th	11:00a-11:45a	\$43
12524	Evergreen	18	1/17	Tu/Th	6:00p-6:45p	\$43

## Weight Training for Women

Develop a rock hard body in a non-intimidating environment! Challenge all your muscle groups as you learn free weight exercises and the correct technique for using weights.

Code	Location	Classes	Begins	Day	Time	Fee
12393	Linwood	8	1/17	Tu	6:00p-6:45p	\$19

## Yoga

Stretch, breathe, focus, relax! Improve health and posture and practice precision and alignment by holding poses. Props may be used. Personal floor mats encouraged.

Code	Location	Classes	Begins	Day	Time	Fee
12260	Boston	7	1/23	M	9:00a-10:15a	\$28
12261	Boston	7	1/23	M	6:00p-7:15p	\$28
12262	Boston	9	1/18	W	9:00a-10:15a	\$36
12263	Boston	9	1/18	W	6:00p-7:15p	\$36
12333	Edgemoor	7	1/23	M	9:45a-10:45a	\$22
12329	Edgemoor	9	1/17	Tu	5:45p-6:45p	\$28
12330	Edgemoor	9	1/17	Tu	7:00p-8:00p	\$28
12331	Edgemoor	9	1/18	W	9:45a-10:45a	\$28
12332	Edgemoor	9	1/19	Th	6:00p-7:00p	\$28
12527	Evergreen	9	1/18	W	6:00p-7:00p	\$28
12648	Linwood	9	1/17	Tu	6:30p-7:30p	\$28
12394	Linwood	9	1/19	Th	6:30p-7:30p	\$28

## Yoga - Kripalu

Calm your mind! Hatha postures are practiced gently with an emphasis on being present in your body and sustaining a flowing breath. Choose the intensity level that is right for you.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
12453	Orchard	9	1/17	Tu	4:15p-5:15p	\$28
12451	Orchard	9	1/19	Th	4:15p-5:15p	\$28
<b>Intermediate</b>						
12454	Auburn Hills	9	1/18	W	6:00p-7:00p	\$28
12452	Orchard	9	1/19	Th	5:30p-6:30p	\$28
12450	Orchard	7	1/23	M	6:00p-7:00p	\$22

## Zumba Fitness

Join the hottest dance and fitness craze! Sculpt your body with simple Latin dance steps, interval and resistance training for a fun-filled rhythmic workout.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Fee is per session</b>						
12264	Boston	7	1/23	M	6:00p-7:00p	\$22
12336	Edgemoor	7	1/23	M	5:30p-6:15p	\$17
12334	Edgemoor	9	1/18	W	9:00a-9:45a	\$21
12335	Edgemoor	9	1/20	F	10:00a-10:45a	\$21
12455	Orchard	16	1/18	M/W	5:45p-6:30p	\$38
<b>Fee is per visit</b>						
12529	McAdams	9	1/16	M	7:30p-8:30p	\$4
12530	McAdams	9	1/18	W	10:30a-11:30a	\$4
12531	McAdams	9	1/20	F	10:30a-11:30a	\$4
12532	McAdams	9	1/21	Sa	12:00p-1:00p	\$4
12533	McAdams	9	1/22	Su	2:00p-3:00p	\$4

## Zumba Fitness for Plus-Size

Just do it! Join a fun cardio fitness class geared towards the plus-size individual or those who are body-conscious. A supportive group fitness program held in a private setting. Contact Linwood Recreation Center for more information.

Code	Location	Classes	Begins	Day	Time	Fee
12395	Hyde Pk	6	1/23	M	7:00p-7:45p	\$14
12396	Hyde Pk	6	1/25	W	7:00p-7:45p	\$14

## Zumba in da Club

Come clubbing... Zumba style! Experience a cardio workout with club lighting and bass dropping sounds. Latin inspired music packed with red-hot dance steps will have you rockin' the weight off.

Code	Location	Classes	Begins	Day	Time	Fee
12265	Boston	9	1/19	Th	6:30p-7:30p	\$28

## SPORTS

### Badminton - Open Gym **NEW!**

There are no strings attached! Get out of the winter cold and play this timeless racquet sport that develops quick reflexes and agility while improving overall fitness. Drop-in play is for all levels and no prior experience is necessary. Equipment is provided. Fee is per visit.

Code	Location	Classes	Begins	Day	Time	Fee
12457	Woodard	7	1/17	Tu	10:00a-12:00p	\$1
12456	Woodard	6	1/19	Th	1:00p-3:00p	\$1



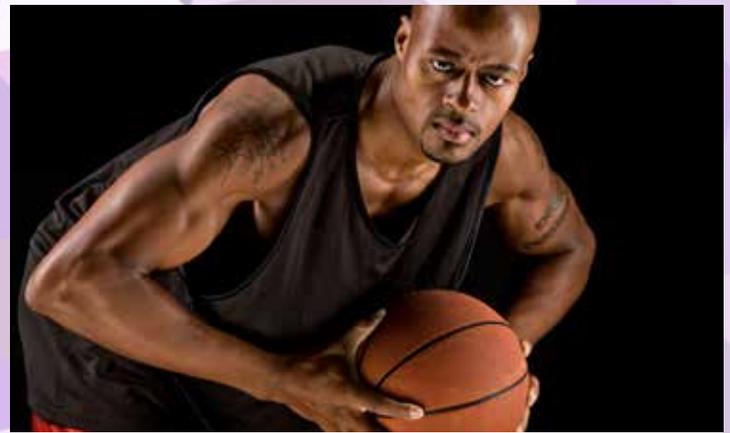
### Basketball - Open Gym **NEW!**

Drop in for non-competitive pickup games of coed basketball. Play is self-officiated. Fee is per visit. Ages 21+.

Code	Location	Classes	Begins	Day	Time	Fee
12463	Woodard	6	1/20	F	1:00p-3:00p	\$1
12464	Woodard	6	1/23	M	1:00p-3:00p	\$1



**Try a fitness class for \$4!**  
No advance registration!



### Basketball - Private Training **NEW!**

Take those basketball skills to the next level with specialized training by a private instructor. Improve fundamentals and achieve your individual goals with a personalized program tailored to your individual needs. Fee is \$18 per 30-minute lesson. By appointment only. No online registration. Contact Lynette Woodard Recreation Center to register. Ages 5+.

### Boxing Basics

Float like a butterfly, sting like a bee! Learn proper techniques such as stance, jabs, power punches, footwork, hooks and uppercuts. Also, learn strategies to prepare for a match. This no-contact class features punching bags, speed bags and punching mitts. Boxing gloves are provided or bring your own. Six classes are held, except for Wednesday and Friday which will have five.

Code	Location	Gender	Begins	Day	Time	Fee
<b>Beginning</b>						
12470	Atwater	Coed	1/23	M	6:00p-6:45p	\$20
12466	Atwater	Men	1/17	Tu	6:45p-7:30p	\$20
12624	Atwater	Coed	1/18	W	1:00p-1:45p	\$16
12625	Atwater	Coed	1/20	F	10:30a-11:15a	\$16
12468	Atwater	Coed	1/21	Sa	11:15a-12:00p	\$20
<b>Beginning/Intermediate</b>						
12469	Atwater	Women	1/23	M	7:00p-7:45p	\$20
<b>Intermediate</b>						
12467	Atwater	Men	1/19	Th	7:00p-7:45p	\$20

### Boxing - Open Gym **NEW!**

Train independently while utilizing the facility's boxing bags, cardio equipment, weights and full boxing ring. An instructor is available onsite for supervision and expertise. Participants must be currently enrolled in, or have taken, prior boxing classes to participate. Fee is per visit or pay a one-time fee of \$50 for a complete session membership. No online registration.

Code	Location	Classes	Begins	Day	Time	Fee
12627	Atwater	7	1/23	M	4:00p-6:00p	\$4
12627	Atwater	9	1/18	W	3:00p-5:00p	\$4
12627	Atwater	9	1/20	F	12:00p-2:00p	\$4

## Boxing - Private Lessons

One-on-one training is the fastest way to improve your boxing skills. Fee is \$15 per 30-minute private lesson. By appointment only. No online registration. Contact Lynette Woodard Recreation Center to register. Held at Lynette Woodard Annex. No membership required. Ages 5+.

## Contact Boxing **NEW!**

There's no need to throw in the towel! Students will participate in USA Amateur Boxing workouts consisting of footwork drills, shadow boxing, bag work and defensive/offensive drills. Conditioning drills including abdominal exercises, push-ups and squats will help get you in shape fast! Sparring will be controlled and monitored. Mouth piece and hand wraps required along with signed waiver and release of liability and assumption of risk. Females and males will not spar together. Students must have taken Boxing Basics class.

Code	Location	Classes	Begins	Day	Time	Fee
12630	Atwater	6	1/17	Tu	7:30p-8:15p	\$26
12649	Atwater	6	1/20	F	11:30a-12:15p	\$26

## PICKLEBALL TOURNAMENTS

It's time to challenge yourself! These tournaments are for all levels of play and will follow a round robin format. You will be placed with a different partner each game. Different skills levels will be created if registration numbers allow. Awards will be given for 1st-3rd place in each division. Registration deadline is February 8 by 5:00pm.

### Indoor Mixed Doubles

Code	Location	Classes	Begins	Day	Time	Fee
12325	Edgemoor	1	2/11	Sa	9:00a-10:00p	\$20

### Indoor Mens Doubles

Code	Location	Classes	Begins	Day	Time	Fee
12324	Edgemoor	1	2/12	Su	9:00a-10:00p	\$20

### Indoors Womens Doubles

Code	Location	Classes	Begins	Day	Time	Fee
12326	Edgemoor	1	2/12	Su	9:00a-10:00p	\$20



## Pickleball - Introduction

You'll relish Pickleball! This sport is a combination of table tennis, badminton and tennis. Get introduced to the game, practice skills and hone your technique. Session concludes with a round robin mini-tournament, with the exception of the Saturday class at Edgemoor Recreation Center.

Code	Location	Classes	Begins	Day	Time	Fee
12247	Boston	5	1/18	W	6:00p-7:00p	\$21
12337	Edgemoor	5	1/23	M	1:30p-2:30p	\$21
12282	Edgemoor	1	2/4	Sa	11:00a-12:30p	\$12
12429	Orchard	5	1/18	W	1:00p-2:00p	\$21

## Pickleball - Open Gym

Calling all Pickleball lovers! Beginners to advanced players will get a workout and improve skills by dropping in for these quick, fast-paced pick-up games. Fee is per visit.

Code	Location	Classes	Begins	Day	Time	Fee
12248	Boston	9	1/18	W	7:00p-9:00p	\$2
12304	Edgemoor	10	1/17	Tu	1:00p-3:00p	\$2
12305	Edgemoor	10	1/20	F	1:00p-3:00p	\$2
12306	Edgemoor	10	1/21	Sa	1:00p-3:00p	\$2
12431	Orchard	8	1/18	W	9:00a-11:00a	\$2
12430	Orchard	8	1/20	F	9:00a-11:00a	\$2

## Pickleball Skills & Drills: Beyond the Basics **NEW!**

You know the basics now take it up a notch! Intermediate players will build on those skills with drills that reinforce strategies for dinks, 3rd shot drops, serve and serve return. Improve your general movement on the court with additional court position strategies along with how to apply strategy to improve your game.

Code	Location	Classes	Begins	Day	Time	Fee
12432	Orchard	3	3/6	W	1:30p-2:30p	\$13

## Pickleball Skills & Drills: 3rd Shot Dink

Gain the upper hand! Aimed at intermediate players, the focus of this fast-paced clinic is improving consistency, accuracy and placement of the 3rd shot dink.

Code	Location	Classes	Begins	Day	Time	Fee
12249	Boston	4	2/22	W	6:00p-7:00p	\$17
12338	Edgemoor	4	2/6	M	2:45p-3:45p	\$17

## Pickleball Advanced Skills Clinic **NEW!**

Accelerate your game! Advance into higher level strategies and techniques for the serve, return and 3rd shot drop. Also covered will be more advanced shots, such as the topspin volley, lob, overhead and volley block, along with numerous positional strategies vital for pickleball success.

Code	Location	Classes	Begins	Day	Time	Fee
12266	Edgemoor	1	2/4	Sa	9:00a-11:00a	\$15

## Volleyball - Coed Individual

Bump it up! Join this self-officiated intermediate level drop-in league. Proficiency in all skills and court strategy required. Fee is per class. No online registration. Register directly at McAdams Recreation Center.

Code	Location	Classes	Begins	Day	Time	Fee
12535	McAdams	7	1/23	M	5:30p-7:00p	\$3



## RECREATIONAL LEAGUES

Get your game on! Join a recreational coed league that is designed to be fun and provide a great way to stay fit! Sharpen your skills the first day. Then teams will be formed. No team registrations as everyone is a free agent. All games are held indoors and are officiated. The start times of the games will vary and are based on the number of registrants and teams created. Players will also receive a t-shirt.

### Basketball League for 40+ **NEW!**

Code	Location	Games	Begins	Day	Time	Fee
12636	Woodard	5	1/22	Su	3:00p-5:00p	\$25

### Flag Football League **NEW!**

Code	Location	Games	Begins	Day	Time	Fee
12605	Woodard	5	1/21	Sa	3:00p-5:00p	\$25

### Soccer League **NEW!**

Code	Location	Games	Begins	Day	Time	Fee
12500	Woodard	5	1/21	Sa	5:00p-7:00p	\$25



**REGISTER EARLY  
CLASSES FILL FAST!**

## MARTIAL ARTS

### Chinese Internal Boxing for Self-Defense

Give yourself a fighting chance! Learn to stop an attack so you can get away. This in-depth training uses slow, repetitive movements to teach throws, locks, compliance, punches and kicks. Flexibility, stretching and strengthening exercises are also big components. Ages 8+; adult must enroll and participate with children ages 8-11.

Code	Location	Classes	Begins	Day	Time	Fee
12352	Linwood	7	1/23	M	7:00p-8:15p	\$22

### Chinese Internal Boxing

Go on the defensive! Learn Chinese martial arts including boxing, kicking and self-defense. Must have completed Chinese Internal Boxing for Self-Defense class, or receive instructor approval, before taking this intermediate level class. Ages 12+.

Code	Location	Classes	Begins	Day	Time	Fee
12353	Linwood	7	1/23	M	5:30p-6:45p	\$22

### Kickboxing

Get fighter-fit without getting hit! This class is a combination of boxing, martial arts and cardio providing a total body workout. Learn proper technique for kicks and punches using bags, shields and mitts. Kick, jab, cross, hook and uppercut your way to improved balance, flexibility, strength and endurance. Ages 15+.

Code	Location	Classes	Begins	Day	Time	Fee
12488	Atwater	6	1/19	Th	6:15p-7:00p	\$20
12489	Atwater	6	1/21	Sa	12:15p-1:00p	\$20

## 4 EASY WAYS TO REGISTER



### Online

Visit [wichita.gov](http://wichita.gov) and click on Park & Recreation



### Mail-In

your registration form along with check to 455 N Main St, 11th Floor, 67202



### Call

any recreation center and register by phone utilizing a Visa or MasterCard credit/debit card (see page 4 for listings)



### Walk-In

and register in person at any recreation center Monday through Friday. Hours vary by location.

# ADULTS

## Self-Defense Workshop

Protect yourself! Learn various techniques to use in response to an attack such as use of pressure points, blocks, kicks and punches. Expect some hand-to-hand contact while practicing these control methods.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Ages 6+</b>						
12518	Evergreen	1	3/11	Sa	10:00a-12:00p	\$9
12434	Orchard	1	1/28	Sa	9:00a-12:00p	\$14
<b>Ages 8+</b>						
12381	Linwood	1	1/21	Sa	9:00a-12:00p	\$14

## Tae Kwon Do

Work your way up the martial arts ladder! Develop physical agility and self-discipline while learning respect for yourself and others. Belt advancement opportunities are available. Ages 6+.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
12319	Edgemoor	18	1/17	Tu/Th	6:15p-7:15p	\$54
12521	Evergreen	18	1/17	Tu/Th	6:30p-7:30p	\$54
12387	Linwood	16	1/19	M/Th	6:45p-7:45p	\$48
12438	Orchard	16	1/18	M/W	6:15p-7:15p	\$48
<b>Intermediate</b>						
12320	Edgemoor	18	1/17	Tu/Th	7:15p-8:15p	\$54
12388	Linwood	16	1/19	M/Th	7:45p-8:45p	\$48
12437	Orchard	16	1/18	M/W	7:15p-8:15p	\$48



Proud sponsor of  
Wichita Park & Recreation

4 LOCATIONS

1010 E. Harry  
601 N. West St.  
1652 S. Webb Rd.  
6825 E. 21st St.



# DANCE

## Ballroom Dance

Spin your way onto the dance floor! Learn some of the most popular ballroom dances, including the Foxtrot, Tango, Waltz, Rumba, Swing and Cha-Cha. Fee is per couple. No online registration. Call to register.

Code	Location	Classes	Begins	Day	Time	Fee
12269	Edgemoor	7	1/23	M	7:30p-8:15p	\$38

## Belly Dance

Shimmy your way into shape as you isolate and work various body parts such as shoulders, chest and stomach. For beginners only.

Code	Location	Classes	Begins	Day	Time	Fee
12339	Linwood	9	1/17	Tu	1:30p-2:30p	\$33
12340	Linwood	9	1/18	W	9:30a-10:30a	\$33
12341	Linwood	9	1/18	W	6:00p-7:00p	\$33



## Belly Dance II

Shimmy your way to the top! This intermediate class builds on Belly Dance basic skills with additional dance steps and an introduction to choreography. Also, learn about performance preparation techniques.

Code	Location	Classes	Begins	Day	Time	Fee
12348	Linwood	9	1/19	Th	6:00p-7:00p	\$33

## Belly Dance Combinations and Props

Take your skills to the next level with new dance steps in this intermediate class. Discover how to use props such as veils, canes and zils.

Code	Location	Classes	Begins	Day	Time	Fee
12347	Linwood	9	1/18	W	7:00p-8:00p	\$33

## Belly Dance Choreography

The hips don't lie! Experienced belly dancers will progress into advanced moves and belly dance choreography. Instructor approval required for this advanced class.

Code	Location	Classes	Begins	Day	Time	Fee
12346	Linwood	9	1/19	Th	7:00p-8:00p	\$33

## Clogging

Feel the beat in this high energy folk dance! Learn to create audible rhythms with your feet. You must provide your own clogging shoes. Contact Orchard Recreation Center for more information.

Code	Location	Classes	Begins	Day	Time	Fee
12404	Kiwanis Pk	9	1/16	M	6:00p-7:00p	\$33



## Country Line Dance

Get your boots a scootin'! Learn the most popular dances such as the Tush Push and more. No partner required. Edgemoor Recreation Center class uses a variety of music styles.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
12579	Edgemoor	7	1/23	M	5:30p-6:15p	\$20
12405	Orchard	9	1/19	Th	6:30p-7:30p	\$34

### Intermediate

12406	Orchard	9	1/19	Th	7:45p-8:45p	\$34
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## Country Two-Step & Triple-Step

It will be smooth movin' across the dance floor with this up-tempo country partner dance. Master the basics of the two-step and triple-step, then add spins, wraps and weaving so you're sure to impress. Fee is per couple. No online registration for this class. Call to register.

Code	Location	Classes	Begins	Day	Time	Fee
12580	Edgemoor	7	1/23	M	6:30p-7:15p	\$38



## ART

### Drawing with Charcoal

For once smudges are good! Learn shading and smudging techniques using an eraser, cloths and fingers to create the illusion of depth and shadow. Supplies provided.

Code	Location	Classes	Begins	Day	Time	Fee
12356	Linwood	4	2/23	Th	7:15p-8:30p	\$24



### Drawing Manga & Superheroes

East meets West in this class for comic creativity! Learn about the unique features and characteristics to illustrate both Manga and Superhero characters. Ages 10+.

Code	Location	Classes	Begins	Day	Time	Fee
12274	Edgemoor	4	1/21	Sa	12:00p-1:00p	\$20

### Introduction to Drawing

Draw with confidence! Use proper techniques to sketch lines, curves and geometric shapes. Bring drawings to life with the use of shadows, shading, texture and perspective. All supplies provided.

Code	Location	Classes	Begins	Day	Time	Fee
12366	Linwood	4	1/19	Th	7:15p-8:30p	\$24

### Oil Painting

Dream big as you choose your next project! Work one-on-one with the instructor to boost your artistic skills. This course is for everyone from basic to advanced painters. Bring supplies.

Code	Location	Classes	Begins	Day	Time	Fee
12302	Edgemoor	7	1/23	M	1:30p-3:30p	\$47

### Painting with Acrylics

Express yourself with color! Beginners will gain an understanding of brush styles, strokes, color mixing and working on textured surfaces. Intermediate students may participate and receive individual assistance. Call Edgemoor Recreation Center for supply list. Ages 14+.

Code	Location	Classes	Begins	Day	Time	Fee
12608	Edgemoor	3	2/25	Sa	12:00p-1:30p	\$15

## MUSIC



### Guitar

Strum your heart out! Learn guitar basics including tuning, strumming chords, understanding guitar charts, tablature and reading music. Students must bring own guitar.

Code	Location	Classes	Begins	Day	Time	Fee
12361	Linwood	8	1/17	Tu	7:30p-8:30p	\$33

## PHOTOGRAPHY

### Digital Photography Basics

Learn to use that new camera! Beginning shutterbugs will explore camera functions, composition, editing, printing and archiving. Utilization of free image editing and management programs is also taught as a way to enhance your photography. Bring camera and memory card.

Code	Location	Classes	Begins	Day	Time	Fee
12273	Edgemoor	2	1/18	W	6:00p-8:00p	\$17

### Digital Photography for the SLR User

Enhance your photography skills! Bring your removable-lens camera and prepare to learn settings, depth of field, composition and troubleshooting. Bring camera manual and digital work examples. Non-SLR owners may attend as much of the class content applies to point-and-shoot cameras.

Code	Location	Classes	Begins	Day	Time	Fee
12409	Orchard	2	1/23	M	6:00p-8:00p	\$17

### Outdoor Digital Photography

Shoot like a pro! Improve your outdoor photographs by understanding more about camera basics and how to control light. Learn about using flash, reflectors, filters and other outdoor accessories along with low light techniques. Flower photography will also be discussed.

Code	Location	Classes	Begins	Day	Time	Fee
12425	Orchard	2	3/6	M	6:00p-8:00p	\$17

## PRIVATE MUSIC LESSONS

Improve your musical skills quickly with one-on-one private lessons. Each session is tailored to the individual needs of the student and held by appointment only. No online registration, contact the recreation center directly. Fee is \$13 per 30-minute lesson.

### Drums



Feel the beat! Learn proper grip, stroke technique, rhythms, patterns and different drumming styles on snare drums and a drum kit. Contact Lynette Woodard Recreation Center for schedule and to register.

### Guitar



Play like a rock star! Learn basic mechanics, chords, scales, notes, tuning, reading music and tablature. Learn to play all styles of music. Purchase of book is required after the first lesson. Amp and acoustic or electric guitar are available or bring your own. Contact Lynette Woodard Recreation Center for schedule and to register.

### Mandolin



Don't fret! These lessons cover posture, basic techniques, reading music and chord formation. Contact Evergreen Recreation Center for schedule and to register. 45-minute lessons also available for \$20.

### Piano



Let your fingers do the walking! Begin with the foundations of piano including notes, chords, staff, rhythm, phrasing and dynamics. Purchase of selected piano book required after first session. Contact Lynette Woodard Recreation Center for schedule and to register.

## KEEP THAT NEW YEAR'S RESOLUTION

Purchase a monthly fitness membership.

### Evergreen, Linwood and Orchard

\$15/month per person

\$5 for each additional person in same household

### Lynette Woodard

\$10/month per person

\$5 for each additional person in same household

## HOBBIES & CRAFTS

### Aromatherapy

Let fragrance help your mind, body and spirit! Discover the benefits of essential oils, their properties and therapeutic uses. Learn blending techniques and then create your own alternative blends to take home.

Code	Location	Classes	Begins	Day	Time	Fee
12342	Linwood	3	3/4	Sa	5:00p-7:00p	\$55

### Crochet Basics

This class will have you in stitches! Learn tools, techniques, yarn selection and stitches ranging from simple to ornate. Create objects like coasters, dishcloths and flowers. Supplies provided.

Code	Location	Classes	Begins	Day	Time	Fee
12407	Orchard	3	1/28	Sa	9:00a-12:00p	\$36

### Knitting

No skein, no gain! Beginning knitters will learn the basics of yarn and needle selection, casting on and off, knitting, purling and how to fix common mistakes. Practice yarn and needles provided.

Code	Location	Classes	Begins	Day	Time	Fee
12612	Orchard	2	2/18	Sa	9:00a-11:00a	\$16



### Leather Crafting

Each class covers how to lay out, cut and assemble a leather project. Stitching, stamping, staining or hole punching may be taught, depending on the project. Supplies provided. Ages 12+.

### Key Fob & Bookmark **NEW!**

Code	Location	Classes	Begins	Day	Time	Fee
12295	Edgemoor	1	2/27	M	6:15p-7:45p	\$12

### Personal Planner Cover **NEW!**

Code	Location	Classes	Begins	Day	Time	Fee
12296	Edgemoor	4	1/23	M	6:15p-7:45p	\$48

### Pocket Wallet & Money Clip

Code	Location	Classes	Begins	Day	Time	Fee
12294	Edgemoor	2	3/6	M	6:15p-7:45p	\$24

### Hooked on Card Games

Deal me in! A deck of cards can lead to hours of entertainment and can be taken anywhere. Learn terminology, rules, scoring and card etiquette and then practice those skills with fun group play. A great family activity! Ages 12+.

### Pitch, Pinochle & Hearts

Code	Location	Classes	Begins	Day	Time	Fee
12412	Orchard	4	1/19	Th	6:00p-7:30p	\$22

### Rummy, Spades & Shanghai

Code	Location	Classes	Begins	Day	Time	Fee
12413	Orchard	4	2/23	Th	6:00p-7:30p	\$22

### Mah Jongg

The great brain game! Use skill and strategy in this game played with 152 domino-like tiles. Apply American Mah Jongg moves to develop strategies and create a winning hand. Rules and standards of the National Mah Jongg League are used.

Code	Location	Classes	Begins	Day	Time	Fee
<b>Beginning</b>						
12299	Edgemoor	5	1/19	Th	6:00p-8:00p	\$36

### Intermediate

12300	Edgemoor	4	1/21	Sa	9:30a-11:30a	\$29
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### Mah Jongg Strategies

Get ahead of the game! Intermediate players will learn about new strategies for choosing and developing a hand, changing hands and defensive play. Receive additional coaching tips during game play.

Code	Location	Classes	Begins	Day	Time	Fee
12301	Edgemoor	3	1/21	Sa	12:30p-2:30p	\$22

### Natural Soap Making

Healthy soap, healthy hands! Hear about the history of soap making, then craft your own signature soaps using the cold-process method. Personalize the color and scent or add exfoliants from completely natural additives.

Code	Location	Classes	Begins	Day	Time	Fee
12378	Linwood	1	1/25	W	5:00p-8:00p	\$35
12424	Orchard	1	2/18	Sa	1:00p-4:00p	\$35

### Sewing Basics

It's sew simple! Learn to operate basic features on a sewing machine and find out about the essential sewing tools and accessories. Basic troubleshooting is discussed as well as practicing simple machine utility stitches, zipper installation, elastic insertion and button holes. All supplies included. Ages 18+.

Code	Location	Classes	Begins	Day	Time	Fee
12536	McAdams	8	1/20	F	12:30p-2:00p	\$36
12537	McAdams	8	1/21	Sa	12:30p-2:00p	\$36

## SPECIAL INTEREST

### The Buzz About Bees

Come hear the latest buzz about the declining bee population! Learn about the fascinating life of bees, what they do in the hive and how they navigate their specific jobs. Understand more about the long term global effects of the bee decline, the impact on our survival and the dire need for beekeepers. **Presented by American Bee Removal.**

Code	Location	Classes	Begins	Day	Time	Fee
12441	Orchard	1	1/14	Sa	10:00a-11:30a	\$8



### Become a Beekeeper

What's the buzz about? This beginning course teaches beekeeping essentials including equipment, caring for and collecting bees and developing and harvesting honey. Instructor provides continued support once your hive has been established. **Presented by American Bee Removal.**

Code	Location	Classes	Begins	Day	Time	Fee
12403	Orchard	10	1/19	Th	7:00p-8:30p	\$49

### Dog Tricks & Treats

You can teach an old dog new tricks! Teach your dog skills like rolling over, jumping through a hoop, leg weaving, taking a bow and more. Dogs must be six months or older, non-aggressive and have a 6' leash with buckle collar or harness. Proof of rabies, distemper/parvo and bordetella vaccinations must be brought to the first class. We'll provide some take-home tools like the hoop, but don't forget to bring the treats! **Presented by Hands Full Dog Training.**

Code	Location	Classes	Begins	Day	Time	Fee
12632	Hyde Pk	4	2/7	Tu	7:00p-8:00p	\$90

### Genealogy for Beginners

Shake your family tree! Begin researching your family history using genealogy forms, census materials, vital records and internet tips.

**Presented by the Wichita Genealogical Society.**

Code	Location	Classes	Begins	Day	Time	Fee
12278	Edgemoor	4	2/7	Tu	6:00p-7:30p	\$22

### Genealogy: Beyond the Basics

It's all relative! Use advanced resources to aid in your genealogical research. Develop a timeline, track your ancestors' migration and incorporate military records and cemeteries in your research.

**Presented by the Wichita Genealogical Society.**

Code	Location	Classes	Begins	Day	Time	Fee
12277	Edgemoor	4	3/7	Tu	6:00p-7:30p	\$22

### Ghost Academy

Is there something strange, in your neighborhood? Learn the technical aspects of equipment, terminology, techniques, types of paranormal activity and evidence review. Hear actual investigation recordings from the Sedgwick County Historical Museum, Cowtown, Orpheum Theater and others. **Presented by the Wichita Paranormal Research Society.**

Code	Location	Classes	Begins	Day	Time	Fee
12360	Linwood	1	2/25	Sa	1:00p-4:00p	\$15

### Private Tutoring: Math

Understanding math is easy as Pi! Ensure academic success with one-on-one instruction. No level is off limits with an instructor that is a former college professor with knowledge in basic math, Algebra, Calculus, Geometry, Trigonometry and ACT/SAT preparation. No online registration. Contact Lynette Woodard Recreation Center for availability and to register. Fee is \$13 for 30 minutes. Ages 7+.

### Self-Publishing Made Easy

Advances in technology make self-publishing easy! Explore the pros and cons of several publishing options as well as distribution outlets and marketing tools. Also, learn how to find editors and graphic designers.

Code	Location	Classes	Begins	Day	Time	Fee
12382	Linwood	2	1/28	Sa	1:00p-2:30p	\$12

### Spanish

Boost your communication skills by learning a new language! Practice common words, phrases and sentence structures. Edgemoor Recreation Center requires the textbook "Spanish in 10 Minutes a Day."

Code	Location	Classes	Begins	Day	Time	Fee
12310	Edgemoor	8	1/18	W	5:30p-7:00p	\$36
12520	Evergreen	9	1/19	Th	6:30p-8:00p	\$41
12519	Evergreen	9	1/21	Sa	10:00a-11:30a	\$41
12435	Orchard	7	1/23	M	6:30p-8:00p	\$32

## COOKING

### Cooking Matters

Cook healthy, even on a budget! Learn meal planning and budgeting, go on a grocery store tour, prepare dinners in class and take home groceries to practice at home. Space is limited for this free program. Register directly at Lynette Woodard Recreation Center. **This cooking series is made possible by the Greater Wichita YMCA and the Sedgwick County Extension Office.** Ages 18+.

Code	Location	Classes	Begins	Day	Time	Fee
12650	Atwater	6	1/10	Tu	5:30p-7:30p	FREE

## THE ART OF BAKING

Baking from scratch is satisfying and surprisingly easy. The Chef will teach various preparation techniques, mixing methods, essential tools and share recipes for each subject. Registration deadline is the Thursday prior to the day of class. **Presented by BETA@Butler Community College.**

### Breads

There's a lot you 'knead' to know! Learn the science of yeast, flour, liquids and toppings. Prepare a variety of breads such as French, Italian, Focaccia and Sourdough.



Code	Location	Classes	Begins	Day	Time	Fee
12230	Boston	1	1/21	Sa	9:00a-11:00a	\$29
12231	Boston	1	2/18	Sa	9:00a-11:00a	\$29
12232	Boston	1	3/4	Sa	9:00a-11:00a	\$29

### Cookies

Be a smart cookie! Create a variety of mouthwatering classic cookies such as peanut butter, chocolate chip, oatmeal raisin, snickerdoodles and sugar.

Code	Location	Classes	Begins	Day	Time	Fee
12233	Boston	1	2/25	Sa	9:00a-11:00a	\$29

### Pies

It's as easy as pie to prepare the perfect flaky crust! Also discover how to make fruit fillings, custards, meringues and turnovers.

Code	Location	Classes	Begins	Day	Time	Fee
12234	Boston	1	1/28	Sa	9:00a-11:00a	\$29
12235	Boston	1	3/11	Sa	9:00a-11:00a	\$29

## WINTER WARM-UPS

Chase away the winter chill with these delicious eats! Supplies must be purchased in advance for the following cooking classes, so please note the registration deadline is noon, the Tuesday prior to each class. **Presented by BETA@Butler Community College.**

### Asian Street Food

Discover the secrets to making great wontons, stir fries, Korean BBQ, ramen and more great Asian street food.

Code	Location	Classes	Begins	Day	Time	Fee
12253	Boston	1	2/22	W	6:30p-8:30p	\$29

### Bang-up Breakfast **NEW!**

You'll be ready to start your own B&B after learning how to make waffles, omelets, biscuits and gravy, cinnamon rolls and more.

Code	Location	Classes	Begins	Day	Time	Fee
12258	Boston	1	3/1	W	6:30p-8:30p	\$29

### Lebanese Please! **NEW!**

Wichita is a mecca for great Lebanese food. Now you can get in on the fun by learning how to make hummus, tabouleh, stuffed grape leaves, kibbe and other Mediterranean delights.

Code	Location	Classes	Begins	Day	Time	Fee
12254	Boston	1	2/15	W	6:30p-8:30p	\$29

### Soup-er Bowl **NEW!**

It's mmm, mmm good! Nothing is better for winter or a Super Bowl get-together than a good bowl of soup. Learn to make chicken tortilla, sausage gumbo, French onion and more.

Code	Location	Classes	Begins	Day	Time	Fee
12255	Boston	1	2/1	W	6:30p-8:30p	\$29

### Super Party Snacks **NEW!**

Gear up! Learn how to make buffalo wings, sliders, southwestern rolls, dips, sweet treats and more for that upcoming Super Bowl party or special occasion.

Code	Location	Classes	Begins	Day	Time	Fee
12256	Boston	1	1/18	W	6:30p-8:30p	\$29

### Sushi Sampler

Learn to roll your own like a pro and take home a sushi mat. Instruction will cover California rolls, inside rolls, deep-fried rolls, plus accompanying dipping sauces.

Code	Location	Classes	Begins	Day	Time	Fee
12257	Boston	1	3/15	W	6:30p-8:30p	\$29



## DO IT YOURSELF

### Ceramic Tile

You've got it covered! Learn to install ceramic tile on floors, walls and countertops. Get tips on grouting like a pro for stunning results.

**Presented by The Home Depot.**

Code	Location	Classes	Begins	Day	Time	Fee
12633	Linwood	1	2/4	Sa	10:00a-12:00p	\$8

### Drywall Repair

Say goodbye to those holes, cracks and dents! This hands-on workshop will cover wall preparation, drywall compound application along with sanding and finishing techniques. **Presented by The Home Depot.**

Code	Location	Classes	Begins	Day	Time	Fee
12634	Linwood	1	2/18	Sa	10:00a-12:00p	\$8

## Computer Workshops

Don't be intimidated by the computer! This series of workshops breaks down the various aspects of computer use into easy to understand segments. Each class will also discuss the various free software options for that task. A limited number of laptops are available. Bring your own, if you have one.

### E-Mail Basics

You've got mail! Communicate safely with friends and family by learning how to create a personal email account. Find out how to receive, send and forward emails along with downloading attachments and attaching pictures.

Code	Location	Classes	Begins	Day	Time	Fee
12411	Orchard	1	1/25	W	6:00p-7:30p	\$10

### Internet Basics

Navigate the information highway! Learn how to safely use the internet and gain an understanding of hyperlinks, web addresses, saving favorite web pages and managing cookies.

Code	Location	Classes	Begins	Day	Time	Fee
12414	Orchard	1	1/18	W	6:00p-7:30p	\$10

### Photo Editing

Enhance, or restore, your photos with the use of free photo editing software. Discussion will be on image file types, cropping, adjusting brightness and contrast, using layers and correcting poor lighting.

Code	Location	Classes	Begins	Day	Time	Fee
12427	Orchard	1	2/22	W	6:00p-7:30p	\$10

### Spreadsheet Basics

Learn how to use spreadsheets to store and analyze information into columns and rows. Find out how to sort a list of names and numbers, use basic formulas and create a family budget.

Code	Location	Classes	Begins	Day	Time	Fee
12436	Orchard	1	2/8	W	6:00p-7:30p	\$10

## TECHNOLOGY

### Getting an Amateur (Ham) Radio License **NEW!**

This class will provide an overview of how to get licensed, set up a ham radio station and how to connect with the local ham community. Also, learn when and where to test for your license. Participants will go "on the air" with a licensed control operator, conditions permitting.

**Presented by the Wichita Amateur Radio Club.** Ages 10+.

Code	Location	Classes	Begins	Day	Time	Fee
12364	Linwood	1	1/28	Sa	9:00a-12:00p	\$15
12365	Linwood	1	2/25	Sa	9:00a-12:00p	\$15



### Upgrading Windows to Linux

Don't throw that old computer away because it has an outdated version of Windows. Renew the security and software on your old PC by installing the Linux operating system.

Code	Location	Classes	Begins	Day	Time	Fee
12445	Orchard	1	3/1	W	6:00p-7:30p	\$10

### Video Editing

Turn raw home videos into professional masterpieces using non-linear editor software. Learn to import videos, assemble clips, add transitions, export video and master to DVD.

Code	Location	Classes	Begins	Day	Time	Fee
12446	Orchard	1	2/15	W	6:00p-8:00p	\$14

### Word Processing

Typing letters and creating newsletters just got easier! Learn to create, open, edit, save and print a document. Also discover how to move words or blocks of text within the document.

Code	Location	Classes	Begins	Day	Time	Fee
12449	Orchard	1	2/1	W	6:00p-7:30p	\$10

**READ BOOKS & WIN PRIZES  
WITH THE WICHITA PUBLIC LIBRARY'S  
2017 ADULT WINTER READING PROGRAM**



Read about lives you may never live. Expand your understanding of people & cultures through books. Every 3 books will earn you a prize or an entry to the grand prize.



[WWW.WICHITALIBRARY.ORG](http://WWW.WICHITALIBRARY.ORG)

Get started by picking up a reading form at any Wichita Public Library location starting January 3rd or by tracking your books on the Library's website.

*Support for this program made possible by the Leonard & Celia Levand Trust*

**PART-TIME  
INSTRUCTORS  
WANTED**



Wichita Park & Recreation is always seeking talented individuals to assist us with activities and programs. We are currently looking for part-time instructors to teach classes. To inquire about teaching opportunities, contact Barbara McGuire at [BMcGuire@wichita.gov](mailto:BMcGuire@wichita.gov).

The following categories are examples of the type of classes we are seeking instructors to teach or suggest your own.

- DANCE**
- HOBBIES**
- DIY PROGRAMS**
- YOGA & GROUP FITNESS**
- PRESCHOOL PROGRAMS**
- UNIQUE CLASSES**

Wichita Park & Recreation is always open to new ideas! If you have a special skill you would like to share and/or teach we would like to hear from you! Contact Barbara McGuire at **316-268-4192**.



## YOUTH SPORTS LEAGUES

### Miracle League Baseball

The Miracle League of Wichita provides an opportunity for children ages 5-18 with special needs to play baseball. With a special designed rubber surface field, The Miracle League makes dreams come true for children of all abilities.

**Registration Begins:** February 24

**Registration Ends:** March 31

**Fee:** \$40

**Season Starts:** April 22

**Season Duration:** 5 weeks

**Location:** Orchard Park Miracle Field

### Coed Youth Lacrosse

Experience the fastest growing youth sport in the nation! Six weeks of a quality lacrosse program led by coaches with years of experience. See for yourself what lacrosse is all about. Equipment rental is available for \$30. Grades 2nd-8th.

**Registration Begins:** January 2

**Registration Ends:** March 24

**Fee per Person:** \$70

**Season Starts:** April 8

**Season Duration:** 6 weeks

**Location:** Stryker Sports Complex

### Coed Youth Rugby

Join this non-contact "flag" version of rugby that introduces boys and girls to basic skills and game play. Players learn proper passing and catching as well as teamwork for offensive and defensive formations. Grades 3rd-8th.

**Registration Begins:** January 2

**Registration Ends:** March 10

**Fee per Person:** \$50

**Season Starts:** April 2

**Season Duration:** 6 weeks

**Location:** Stryker Sports Complex

## LOCATIONS

- Planeview: 2819 Fees, 67210
- West Douglas Armory: 3201 W. Douglas, 67213
- Stryker Soccer Complex: 2999 N. Greenwich, 67226
- South Lakes Sports Complex: 2211 W. 47th St. South, 67217
- Kansas Sports Hall of Fame Complex (WSAF): 571 N. McLean Blvd, 67203

## ADULT SPORTS LEAGUES

### Men's and Coed Spring League Slow-Pitch Softball

Recreational and competitive leagues available. Double headers are played on the night of your choice. Single player pools are available for those without enough players to fill a team. Season consists of 12 games. Games are played each night of the week.

**Registration Begins:** January 2

**Registration Ends:** February 24

**Fee per Team:** \$450 (\$15 late registration fee after March 4)

**Season Starts:** Week of March 12

**Locations:** Kansas Sports Hall of Fame Complex, South Lakes Sports Complex



### Adult Softball Tournaments

Tournament	Date	Fee	Registration Deadline
March Madness:	March 4	\$190	Feb 27
April Thunder:	April 8	\$190	April 3
Mixed Mayhem:	April 29	\$190	April 24
Riverfest Men's:	June 3	\$190	May 29
Tanner's All Night Bash:	August 12	\$190	Aug 7

### Spring League 7 on 7 Adult Men's Flag Football

Join a fun and competitive game of football without getting padded up! Played with a quarterback and six eligible receivers. Teams play an eight-game regular season on Saturday mornings with a single-elimination postseason tournament. Limited contact allowed.

**Registration Begins:** January 2

**Registration Ends:** March 10

**Fee Per Team:** \$375

**Season Starts:** March 18

**Location:** South Lakes Sports Complex

### Adult Coed Kickball League

Come relive your childhood glory days with this classic recess game! Kickball is a fun and purely recreational game that will get your heart rate up while keeping your stress level down. Season is six weeks with 12 games (double headers). Games will be played on Wednesday evenings.

**Registration Begins:** January 2

**Registration Ends:** March 29

**Fee Per Team:** \$350

**Season Starts:** April 5

**Location:** Kansas Sports Hall of Fame Complex

### City of Wichita Golf League

Two-player teams face off against an opposing twosome for nine holes each Sunday. The team's lowest score on each hole is added to determine their overall score. Teams are handicapped and put into flights after the second week of play. This league takes place over eight Sundays (excluding holidays). Play rotates between all five Wichita Public Golf Courses. Fees must be paid in advance to eliminate forfeits. Green fees are included in your registration fee.

See [Wichita.gov/parkandrec](http://Wichita.gov/parkandrec) for more details. Ages 14+.

**Registration Begins:** January 2

**Registration Ends:** March 24

**Fee:** \$200 per team/\$40 each for weekend pass holders (provide pass number when registering)

**Season Starts:** April 2

**Locations:** Arthur B. Sim, Auburn Hills, L.W. Clapp, Alfred MacDonald, Tex Consolver

## LOCATIONS

Arthur B. Sim Golf Course: 2020 W. Murdock, 67203  
Auburn Hills Golf Course: 443 S. 135th Street West, 67235  
L.W. Clapp Golf Course: 4611 E. Harry, 67218  
Alfred MacDonald Golf Course: 840 N. Yale, 67208  
Tex Consolver Golf Course: 1931 S. Tyler Road, 67209

# TENNIS

## RALPH WULZ RIVERSIDE TENNIS CENTER

551 Nims | 337.9257

Mon-Thur: 8:30am-9:00pm  
Fri: 8:30am-8:00pm  
Sat: 8:00am-3:30pm  
Sun: 11:00am-7:00pm

### COURT RATES

Indoor courts may be reserved in person or by phone by calling RWRTC after 10:00am. Reservations are accepted up to three days in advance using a Visa or MasterCard debit/credit card.

**Cancellations must be made 24 hours in advance.**

Indoor \$18/hour

Outdoor \$4/hour



**CALL 337.9257 TO BOOK COURT TIMES  
OR REGISTER FOR CLASSES,  
LESSONS AND LEAGUES**

### ADULT GROUP LESSONS

#### Beginner Drill

This drill is for new players with little or no experience. The emphasis is on stroke production and includes some point play.

Dates	Day	Time	Daily Fee
1/1 - 3/28	Su	11:30a-1:00p	\$15

#### Intermediate Drill

Perfect for players with some experience who want to gain strategy guidance. The first half is spent refining technique while the second half is spent introducing doubles strategy. Some ability to rally is required to participate.

Dates	Day	Time	Daily Fee
1/4 - 3/29	W	9:30a-11:00a	\$15
1/1 - 3/26	Su	1:00p - 2:30p	\$15

#### Advanced Drill

Designed for players with experience, this drill spends the first half focusing on stroke production and the second half is spent working on doubles strategy and patterns of play. Ability to rally consistently is required.

Dates	Day	Time	Daily Fee
1/4 - 3/29	W	6:30p-8:00p	\$15
1/7 - 3/25	Sa	9:00a-10:30a	\$15

### PRIVATE INSTRUCTION

Contact RWRTC to schedule private instruction.

#### Director of Tennis

Private (1 or 2 people) \$48/hour

Semi-Private (3 or 4 people) \$60/hour

#### Certified Staff Pro

Private (1 or 2 people) \$40/hour

Semi-Private (3 or 4 people) \$54/hour



## JUNIOR GROUP EVENING LESSONS



All participants are grouped by ability and must register by session. Director approval required to move into the next level.

**Tots:** This class helps to develop motor skills and eye-hand coordination while learning the basics of tennis. Ages 4-7.

**Beginner:** Players are grouped by ability to learn basic tennis strokes and rules of the game in a fun atmosphere.

**Intermediate:** Strategy is a bigger aspect of this class, with stroke production emphasized. Students are grouped by ability.

**Advanced:** This class focuses strictly on rallying with emphasis on proper technique.

Level	Dates	Day	Time	Fee
Tots	1/2 - 1/23	M	5:30p-6:30p	\$36
	1/30 - 2/27	M	5:30p-6:30p	\$45
	3/6 - 3/27	M	5:30p-6:30p	\$36
Beginner	1/2 - 1/27	M/F	6:30p-7:30p	\$72
	1/30 - 3/3	M/F	6:30p-7:30p	\$90
	3/6 - 3/31	M/F	6:30p-7:30p	\$72
Intermediate	1/4 - 1/27	W/F	5:30p-6:30p	\$72
	2/1 - 3/3	W/F	5:30p-6:30p	\$90
	3/8 - 3/31	W/F	5:30p-6:30p	\$72
Advanced	1/3 - 1/26	Tu/Th	5:30p-6:30p	\$72
	1/31 - 3/2	Tu/Th	5:30p-6:30p	\$90
	3/7 - 3/30	Tu/Th	5:30p-6:30p	\$72

## Men's and Women's Doubles Indoor Leagues

Men and women play in separate leagues. Run as a flight league where you advance based on your win-loss record from the previous week.

Level	Dates	Day	Time	Fee
Men's 3.0-4.0	1/5 - 2/23	Th	7:30p-9:00p	\$88
Men's 3.0-4.0	3/2 - 3/23	Th	7:30p-9:00p	\$44
Men's 4.0+	1/3 - 2/21	Tu	7:30p-9:00p	\$88
Men's 4.0+	2/28 - 3/21	Tu	7:30p-9:00p	\$44
Women's 3.0	1/7 - 2/25	Sa	10:30a-12:00p	\$88
Women's 3.0	3/4 - 3/25	Sa	10:30a-12:00p	\$44



## Coed Singles Indoor League

For players with NTRP ratings of 4.0 and above. A weekly set matchup schedule is created with winners determined by the best of two out of three games. A super tie-breaker is used in lieu of a third set. Scores are kept during the last two weeks of the session and playoff games are held.

Dates	Day	Time	Fee
1/2 - 2/21	Tu	9:00a-10:30a	\$115
2/28 - 3/21	Tu	9:00a-10:30a	\$60



## LEAGUES

### Coed Drop-in Doubles Outdoor League

Players of all abilities can call or arrive at RWRTC around 6:00pm and get your name on the list. Staff will match players for a night of round robin doubles play.

Begin	Day	Time	Daily Fee
3/27	M	6:30p-8:30p	\$4

### Junior Singles Indoor League

Players eligible for intermediate junior classes or above are encouraged to participate in this league. Players are assigned matches each week and participate in one supervised match on Saturday. Participants are notified every Thursday for their scheduled match times. Ages 10-18.

Dates	Day	Time	Fee
1/7 - 3/4	Sa	12:00p-6:00p	\$99

# RENTALS birthdays | reunions | graduations picnics | wedding & bridal showers

Whatever the occasion, we have a location for your event. Call today to check availability or reserve!

## COMMUNITY FACILITIES

Location	Address	seats	kitchen	phone
Fairmount Park	1647 N. Yale	60	no	303.8015*
Goldenrod Park	1340 S. Pattie	150	yes	337.9191
Hyde Park	201 S. Greenwood	150	yes	688.9392
Kiwanis Park	5101 W. 2nd St. North	150	yes	337.9244
Minisa Park	704 W. 13th St. North	110	yes	303.8036
Park Villa	1029 N. Bitting	50	partial	337.9222
Watson Park	3022 S. McLean Blvd	50	no	529.9940*

Community facility rental fees are \$180 for four hours (minimum) plus a \$100 damage deposit. Each additional hour is \$45.

Visit [Wichita.gov/ParkandRec](http://Wichita.gov/ParkandRec) for complete rules and regulations.

*\*Different rates apply.  
Call for details.*



## REC CENTER RENTALS

Our recreation centers have various sized rooms available for rent including the gymnasium. Some locations also have kitchen facilities. Contact each location for availability and rates.

Seven day advance notice and full payment is required at the time of reservation along with a refundable \$100 damage deposit.

Visit [Wichita.gov/ParkandRec](http://Wichita.gov/ParkandRec) and click the "Rec Centers" tab for rental information. See page 4 for locations.

**Sorry** **WE'RE CLOSED**

*All recreation centers are closed on  
January 1 & 2, 16 and February 20.*

*Contact Ralph Wulz Riverside Tennis Center,  
Great Plains Nature Center and Watson Park for  
specific holiday hours at those locations.*



Janet Miller  
District VI

Pete Meitzner  
District II

James Clendenin  
District III

Mayor Jeff Longwell

Lavonta Williams  
District I

Bryan Frye  
District V

Jeff Blubaugh  
District IV

## BOARD OF PARK COMMISSIONERS

This seven person advisory board consists of one member from each Wichita City Council district and one at-large member. The board makes recommendations to the Wichita City Council on issues related to:

- Parks, land acquisition and disposition of existing park properties and facilities
- Recreation programming and fees
- Department and Capital Improvement Program budgets
- Future park development
- Other issues related to Wichita Park & Recreation



**Top Row:** Ron Allen (District I); Chris Clark (District II); Troy Palmer (District V); Chris Highfill (At-Large)

**Bottom Row:** Hoyt Hillman (District III); Tori Deatherage (District IV); Cindy Claycomb, President (District VI).

Non-Voting staff members are Troy Houtman, Ex-Officio (Director, Wichita Park & Recreation), Penny Garding (Clerk) and Elizabeth Harlenske (Assistant City Attorney)

## OUR MISSION AND VISION

**Mission:** Wichita Park & Recreation provides high-quality life experiences to the Wichita community through the enhancement of world-class amenities and activities.

**Vision:** To excel at what we do for the benefit of our community and generations to come.

## BUILDING A CARING COMMUNITY



Wichita Park & Recreation is committed to programs that serve the needs of youth and adults.

If you need special accommodations to participate in our programs, please notify us when registering.

The City of Wichita does not discriminate on the basis of age, sex, race, color, creed, national origin, or disability. In providing services to the public, the City of Wichita must comply with the Americans with Disabilities Act (ADA), a federal anti-discrimination statute designed to remove barriers that prevent qualified individuals with disabilities from discrimination on the basis of disability in services, programs, or activities of local governments.

## Register Early!

Reserve your spot by registering at least three days prior to the class start date. Payment is due when registering. Decisions affecting classes are made in advance, so register early to prevent an unnecessary class cancellation! Late registrations will be accepted if space and materials are available.

## Registration Reminders

Keep a record of the dates and times of your registered classes, as registration reminders are not sent.

## Classroom Policy

For safety reasons, children are not allowed in adult classes.

## Class Cancellations

Classes cancelled by Wichita Park & Recreation due to low enrollment or unexpected circumstances are entitled to a full refund/credit. If your course is cancelled, we will attempt to notify you by phone or email prior to the first class. You may also apply the class fee to another course.

## Withdrawal Requests

To withdraw from a class, submit a written request to [bm McGuire@wichita.gov](mailto:bm McGuire@wichita.gov), fax to 316-858-7611 or drop off at any recreation center. Include the student's name, contact information, class information and tell us the reason for the request. Withdrawal forms are also available at [Wichita.gov/ParkandRec](http://Wichita.gov/ParkandRec).

## Inclement Weather

Every effort is made to maintain standard operations during inclement weather. However, if a class cancellation is necessary, we will attempt to notify you by phone or email. All efforts are made to reschedule cancelled classes.

## Refund Policies

Once a written withdrawal request is received, the refund/credit amount is determined based on the request date. Refunds may take up to three weeks to process. The \$1 online registration convenience fee is non-refundable. Requests received:

- Three or more business days prior to the start of class receive a full refund/credit.
- One to two business days prior to the start of class incur a \$5 administrative fee. Refunds/credits are not available for one-day workshops or one-day camps.
- After the first class and before the second class incur a \$5 administrative fee and are reviewed on a case-by-case basis. You may receive no refund/credit or a partial refund/credit if the enrollment falls below the minimum number of participants needed to hold a class or if supply costs are incurred on your behalf.
- After the third class a refund/credit will not be issued.

## Account Credits

Credits placed on your recreation account are available until the end of each calendar year, at which time a refund will be issued, minus a \$5 administrative fee.

## Satisfaction Guarantee

Wichita Park & Recreation is committed to excellence and strives to provide the highest quality classes. If you are not completely satisfied with a class or program, submit your concerns in writing and a member of our administrative staff will contact you.

## WICHITA PARK & RECREATION EMBRACES THESE CORE VALUES:

1. **Integrity:** Park & Recreation inspires respect, trust, honesty and accountability through our actions.
2. **Wellness:** Park & Recreation recognizes the importance of enhancing the physical, emotional and cognitive health and development of all residents.
3. **Diversity:** Park & Recreation celebrates community diversity and strives to provide facilities and services that embrace the needs of residents of diverse cultures, ages and income levels.
4. **Stewardship:** Park & Recreation values ethical and responsible stewardship of the City's financial, physical, natural, environmental, historical and cultural resources.
5. **Connectivity:** Park & Recreation recognizes the importance of connections between public open spaces and other community facilities, such as schools, commercial areas and other destinations.
6. **Economic Driver:** Park & Recreation is an economic driver in the Wichita region and has a major impact on the community's quality of life.
7. **Create Fun:** Park & Recreation adds excitement and enjoyment to our community through recreational programs, special events and park amenities that will enhance quality of life for all.

## 4 WAYS TO REGISTER:

**ONLINE:** Visit [Wichita.gov/ParkandRec](http://Wichita.gov/ParkandRec) and then click on the "Registration" tab.

**BY PHONE:** Call the Recreation Center of your choice or call 268.4361.

**IN PERSON:** Bring this completed form into any Recreation Center Monday through Friday (hours vary by location).

**BY MAIL:** Mail this completed form along with your check to 455 N. Main Street, 11th Floor, Wichita, KS 67202.

Please check here if your address has changed in the last 12 months.

Parent/Guardian Name (if enrolling a child) \_\_\_\_\_ Adult Birth Date \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

HomePhone \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

Email Address \_\_\_\_\_

**CODE    LOCATION    CLASS NAME    DAY    TIME    PARTICIPANT NAME    GENDER    BIRTH DATE    FEE**

CODE	LOCATION	CLASS NAME	DAY	TIME	PARTICIPANT NAME	GENDER	BIRTH DATE	FEE
						M    F		
						M    F		
						M    F		
						M    F		
						M    F		
						M    F		

*I agree to release, indemnify, and hold the City of Wichita, its agents, officers and employees (City) harmless from any and all liability claims, actions, judgments, damages or injuries of every kind and nature whatsoever to myself, the participant(s) I am authorizing, and/or his or her property, when that damage or injury arises from participation in activities for which the participant is registered. I further acknowledge that I have familiarized myself with the description of the activities, understand the hazards and the participant's personal limitations and knowingly assume all risks. I acknowledge I have read and understand this Liability Waiver, Release and Indemnity Agreement, and understand that I am waiving any claim that may arise against the City for any harm sustained as a result of any activity for which I am registering or for which I am registering a minor child.*

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Responsible Adult

\_\_\_\_\_  
Date

*By registering for this class, activity or event, I grant permission to the City of Wichita, its agents and employees, to take photographs, video, or other images of me and/or the persons I am registering during such class, activity or event and to use the images in any media at any time and for any public purpose as reasonably determined by the City of Wichita. I hereby waive any right to inspect or approve the finished photographs, video, or other images. I further waive any right to royalties or other compensation arising from or relating to the use of the images. This permission shall be effective until withdrawn by me in writing.*

*The City of Wichita prohibits discrimination on the basis of race, ethnicity, nation origin, sex, religion, age, sexual orientation, or disability in its services, programs, and activities. Anyone who believes he or she has been discriminated against may file a complaint with the City of Wichita Equal Affirmative Action Administrator in the Personnel Division at 268.4351. The City of Wichita does not carry accident insurance to cover participants. Involvement in any activity is done at the participant's own risk.*



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